

# Beginners' Zentangle® For Kids and Parents

*Easy & Fun Creative Abstract Drawing Workshop*



**Class Series:** 4 Weeks

**Dates:** June 9, 16, 23, 30

**Class Time:** 2:00 - 4:00 pm

**Instructor:** Yehudit Steinberg M.Ed. CZT (Certified Zentangle Instructor)

**Fee:** \$150 includes materials

## The Beginners' Zentangle Apprentice Workshop

*Easy & Fun Drawing Activities for Kids and Parents*

The Zentangle Apprentice workshop is perfect for the budding artist in your life! Parents are invited to come and participate with their children in this summer workshop. Great methods and ideas to get your little ones opening to their creative selves and having family creative time. Easy and fun ways to inspire creative thinking and drawing. This method is known to help with focus, concentration and imagination.

Zentangle is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Zentangle is a journey of self-discovery with a focus on the process of drawing. The Zentangle method provides a structured path for creating art from patterns by breaking them down into elemental strokes. It requires no recognized artistic ability. Zentangle can open a door to art and creativity for people of all ages and abilities.

- Week 1: My First Zentangle® Drawing
- Week 2: Organic and Geometric Patterns
- Week 3: Zentangle Handprints
- Week 4: Zendala Sun Art

## What is the Zentangle® Drawing Method?

The Zentangle drawing method is a non-verbal way to communicate ideas, thoughts, and feelings. There is no right or wrong in Zentangle (just beauty). Students are encouraged to discover, explore, and embrace their individual styles. Although each student will follow the same basic Zentangle instructions, the resulting artworks will be unique. The individual artist in each student (and teacher) is encouraged and given an opportunity for expression. This is only an introduction to Zentangle. We invite you to use this lesson to begin a new journey with a practice of the Zentangle method.

# Beginners' Zentangle® For Kids and Parents

*Easy & Fun Creative Abstract Drawing Workshop*



## **Week 1: My First Zentangle Drawing**

Students learn to draw seemingly complex patterns by breaking them down into simple isolated steps. This class introduces the students to the basics steps of the Zentangle method and exposes them to associated vocabulary and tools used. You'll be immersed in creating actual Zentangle tiles and leave with a clear understanding that "Anything is possible one stroke at a time".

## **Week 2: Organic vs. Geometric Patterns**

After looking at examples of organic and geometric shapes and patterns, students learn new easy tangles (patterns), two organic in nature and the other geometric.

## **Week 3: Zentangle Handprints**

This lesson begins by tightly tracing your hand with a pencil on white paper. From there we draw simple beginner patterns to complete our drawing. Hands are the instrument of creation: the spirit becomes material through the action of hands. Hands have been used most often in the various art forms to express human feeling.

## **Week 4: Introduction to Zendala**

The geometric flow and circular structure of mandalas seemed to invite the use of the Zentangle Method. It's so natural that the two meet to create a beautiful hybrid. In this class, we'll work with a round tile and create a design incorporating patterns we've learned, incorporated within a Sun design.

## **If you can sign your name, you can draw!**

Learn the step by step meditative drawing method. We'll create beautiful drawings by assembling simple line elements, one stroke at a time into simple structures of great beauty



## Y Steinberg Designs

Artist's Statement:

*CONNECT WITH YOUR INNER MUSE*

I take my pen and my paper, a few quiet moments add a little bit of appreciation for the work that's about to come forth and I'm on my way to creating a new zentangle® inspired art tile.

The mystery of the creative process allows me to untangle limiting beliefs and call on my inner self, I call my soul muse, inner artist or architect... the co-creator of the present moment.

My art practice is a daily exploration of this inner world - one line at a time for me it's about this connection. My hope is to share the peace and joy I get from exploring all the different patterns, called tangles in new and interesting ways, as well as to bring some comfort and joy to the viewer.

My motivation to begin and continue is to create a visual representation of my inner thoughts in the present moment day by day... like an artist's journal !

### **Instructor: Yehudit Steinberg M.Ed. CZT**

Yehudit has a long history teaching art and meditation. She also designs ebooks, multimedia online course content in the Art Culture, & Spirituality genres. In addition to her M.Ed. degree, Yehudit is a certified Zentangle instructor who understands how to guide and coach you as you learn, explore and practice the Zentangle Method and Artform.



#### **CONTACT INFO:**

Yehudit Steinberg CZT

Certified Zentangle Teacher

Email: [yehudit@yehuditsteinberg.com](mailto:yehudit@yehuditsteinberg.com)