



The Caddie - Player Accountability Relationship

Accountability - What Should It Really Look Like?

Recently I've worked with several men where I felt with the proper accountability the situations they were now faced with would never have happened. It's important however that I point something out that I discovered which stood out in each of these situations.

During the recent "plandemic," each of these men fell into the isolation trap that was set. This being the case, here at The CC of Life we own our situations. Due to the fact these men did not have effective controls in place which a comprehensive accountability plan would include, the "plandemic" brought existing situations to the surface.

As the fear of COVID began immobilizing the world, I noticed something in myself. Under pressure my inner world needed work. I was taking the bait of the hustle that was being inflicted on us. One day a dear friend of Game of Life texted me that I should write coaching tips daily through the plandemic. I sat with The Spirit every day and just listened to the sound of silence and wrote. After all, at The CC of Life we take full responsibility for ourselves - no blaming here.

Let's take a look at what "Proper" accountability would look like.

For our purposes, accountability is a "partnership" between two people that are of the same sex - biologically. Let's make that clear! We equate this to the relationship the professional golfer has with a professional caddie. In a proper accountability partnership, you will find two allies of one mind. Golf and Life are the only games where a caddie, ally, partner, mentor, therapist, and friend all wrapped up in one is allowed on the field of play.

The Caddie: That person who heads up and sets the rules for the accountable relationship.

The Player: That person who listens and follows the rules in the accountable relationship.

In the Book of Deuteronomy, we read, *"The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."* In the Book of Isaiah we read, *"I will go before you and will level the mountains; I will break down gates of bronze and cut through bars of iron."* The caddie in your life must go before you to *"make your path straight."* The caddie in your life does not go before you physically - but spiritually. Seek out someone who displays wisdom - not knowledge - life experience. You might want to even choose someone who doesn't measure up to you in class or intellect.

The history at Augusta National is chock-full of the most incredible stories of experience. The following are just a few.

Willie "Pappy" Stokes, was the Founder of Augusta National Caddy Corps. Pappy watched Augusta being built and discovered an invaluable secret as he would watch the water drain when it rained. Watching that water he realized no matter what, ALL putts tended to break

toward Rae's Creek¹, the lowest point of Augusta. Bobby Jones launched the Masters in 1934. In 1938, Pappy would bring home his first winner harboring the secret of Rae's Creek, golfer Henry Picard. Pappy would eventually win five different Masters with four different champions. One of those is Ben Hogan. Pappy would become known as the godfather of Augusta caddies. Pappy not only taught some very unruly guys how to caddie, but he also taught them life.

In 1960 Nathaniel "Iron Man" Avery was assigned a young Arnold Palmer's bag. He would go on to caddie for all four of Palmer's Masters wins.

Willie Peterson a boisterous very animated" young guy gets a young stoic Jack Nicklaus' bag. Their personalities were stellar opposites which quickly played off each other. Willie would loop for Jack in five of his six Masters wins.

In 1979 a young Frank Urban "Fuzzy" Zoeller steps onto the grounds of Augusta clueless. Jariah "Jerry" Beard gets his bag and asks, *"What is a Fuzzy Zoeller?"* Another caddie told him, *"Don't worry man. I seen this guy hit it and he can play."* Beard would take Fuzzy into the history books being the first golfer to win the Masters first time he played Augusta.

Undoubtedly, the most special of these partnerships was Carl Jackson and Ben Crenshaw who teamed up for their first Masters in 1976 then every April for the next thirty-nine years. They would win two Masters together and nearly several more. They would even retire together on the same day in 2015. Watch this and tell me it's not wonderful! Unfortunately, Jimmy Roberts who goes around disguised as a sports commentator carrying the water for NBC would probably find some racism in this.

Finally, there is golf outside the Masters. Alfie Files would take Tom Watson to 5 British Open wins over 5 different courses over a span of 9 years. WOW! Experience comes at a real premium in Scotland.

Why Rules Are A MUST With Accountability.

Many years back I had an accountability relationship with an older - grumbly type of guy. At the time I was really in a rough place. A man from the church I attended offered to help me which I felt incredibly grateful for. When I shared this with my accountability and how I felt about taking the help, his response was not at all what I expected. He said in no uncertain terms, *"Get over yourself. What's being done is called God's Grace. It's being done to honor God - not you. It is written in the scriptures, 'We love because He first loved us.' So get over yourself."*

¹ ***Rae's Creek:** Rae's Creek winds through the National at Amen Corner, the famous stretch of holes that is often instrumental in deciding the Masters winner. The creek flows in front of the 12th green and behind the 11th green. A tributary runs up the left side of the 13th fairway and in front of the greens. Named for an Irishman who prospered as a Colonial trader, Rae's Creek has wielded much influence on Augusta's history, commerce, and culture. Today, after countless changes, it remains a map of the area's past.

In coaching a student typically contacts me at the spur of the moment when they need to discuss a shot in life they face and need my input with. At the beginning of the relationship, almost inevitably the student will begin by saying, *"Sorry to bother you."* NEVER say that - just feel God's grace.

Rule 1: 1 John 4:19 *"We love because He first loved us."* My accountability with you comes out of the overflow of God's Grace in my life which I immovably believe I cannot keep if I don't give it away. You must get over yourself.

As a young twenty-one-year-old working to earn a P.G.A. card, I was blessed to work at a club where another professional on staff had the reputation and history of training and developing competitive players. Now that I think of it, he was a grumbly guy too. The fact is, underneath it all, these first two guys I speak of were really nice guys. One day I worked up the courage to go to him and ask if he would work with me. His response (again in no uncertain terms) was, *"I'm a busy guy, so if you're willing to shut your mouth and open your ears, I'll give you everything I've got. Argue with me once - and I'm done with you."*

Rule 2: Matthew 10:14 *"If anyone will not welcome you or listen to your words, leave that home or town and shake the dust off your feet."* Pastor and coach J. Keith Miller said, *"When I have someone who will not listen and continually drains me, I cease working with them because they take away from those who sincerely want the help."*

As I was told, *"I'm a busy guy, so if you're willing to shut your mouth and open your ears, I'll give you everything I've got. Argue with me once - and I'm done with you."* In The Country Club of Life Disclaimer, it states, *"Experience has shown us many want what we offer, making it unnecessary to debate the pundits."*

Rule 3: "If I Do What Most Won't - I Will Enjoy What Most Never Will." That's The CC of Life Motto. As coaches we subscribe to another motto given to us by the Apostle Paul, *"Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting (the holes behind me that I cannot do anything about), what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."* -**Philippians 3:12 - 14**

The Game Plan

1. "Whose" are you.?
2. "Who" are you?
3. "What" do you believe?
4. "Why" do you believe it?

The Goal - Attitude Meets Ability

In February 1991, I left a treatment facility where I was for thirty days with a small spiral pad with a quarter taped to the inside front cover with the words, "You're Always A Phone Call Away." I was told to keep this pad in my pocket and fill it with names as I went to AA meetings. The next eight years would be hard - very hard. If I couldn't reach my Sponsor/Accountability Partner, I would start dialing the names on my pad. Yes, even in the middle of the night.

That was 1991 when the phone was still our main mode of communication. Today with the various communications options there's no excuse - including a pandemic. Following is the game plan I use.

- Make contact via text, e-mail, or phone call with your accountability first thing daily if for nothing more than to say "Hello!"
- Establish a code with them in case they are needed in an emergency. **Do not EVER feel as though you are bothering them. Satan wants you to feel like that so you don't make contact and your accountability partner isn't blessed by serving God as they serve you.**
- Meet with your accountability at least weekly. **Always deal with them in complete honesty.** Think about it this way. Truth is to Satan as Kryptonite was to Superman. **You win every time!**
- Continually remind yourself of your Powerlessness and thank God for this relationship.

Golf is still a great game despite the current upheaval of the P.G.A. / LIV "Partnership". During the pandemic as the world was isolated, the great game of golf offered insulation for those flooding courses. Courses were packed seven days a week. Just before 2020 hit, golf was in crisis mode. Today, you will find waiting lists wherever you go.

History of the Caddie

In golf, the definition of a **caddie** – "is a person who goes before the golfer whose bag they are carrying". The caddie is aware of the challenges and obstacles of the golf course being played, along with the best strategy for playing it. They also may give insightful advice and moral support which includes knowing overall yardage, pin placements, pace and read of greens, and club selection. The caddie's job is to think while the job of the player is execution. This assessment explores the "Accountability" factor in the Caddie–Player Relationship.

The records are not certain, but historians believe that Mary, Queen of Scots, came up with the term "**caddie**" in the late 16th century. Mary grew up in France where military cadets carried golf clubs for royalty. It is possible that Mary brought the custom to Scotland, where the term evolved into the word "caddie."

Alternatively, the word "**caddie**" may have originated from the Malay word 'Kati'. Kati is a measure for tea leaves and is printed on boxes used to carry and collect the tea leaves, hence its use in terms reflecting carrying and collecting.

Also, the word may have originated from the Welsh term "cad", which is a "battle", "contest", or "test", such as the Cad Goddeau.

Types of Caddies

Traditional caddying involves both the *golfer* and the *caddie* walking the course. The caddie is in charge of carrying the player's bag and both the caddie and the golfer walk at the same pace. This is the most common method used at golf courses and is the only method allowed in the PGA (Professional Golf Association) and LPGA (Ladies Professional Golf Association).

Fore-caddying is a type of caddying where the caddie goes ahead of the golfer, marking their *shots* where they land and at times giving the golfer a line of flight. The caddie will start a *hole* by running to the landing spot of their golfer's tee shot. The job of the caddie is to *mark* the *ball* with a *towel*, *stick*, *etc.* so that the golfer does not have to waste time searching for it. If the hole is long and requires multiple shots before the golfer can reach the "green" (the putting surface at the end of each hole), then the forecaddie will go ahead to the next landing area and mark his/her golfer's ball until the ball reaches the green. Once the golfer is on the green, the *forecaddie* maintains regular caddie duties like raking sand traps and taking the pin out of the cup. After the golfer is finished putting on the green, the *forecaddie* returns to his/her duties and heads out to the next hole's landing spot. This routine continues for the remainder of the course. The main purpose of this type of caddying is to let the golfers ride in *carts* if they are unable to walk the course with a caddie.

Cart-caddying a type of *fore-caddying* consists of a caddie driving a cart for the entire round of golf. The main job of the caddie is to drive ahead of the walking golfer and *mark* their ball before they get there. Getting to the ball first, the caddie can determine what type of shot the golfer should play.

Duties of Caddies

The main duty of a caddie is to carry the player's bag. Other duties include:

- raking bunkers and sand traps
- cleaning clubs and golf balls
- obtaining yardages
- replacing "divots" (chunks of grass)
- tending and removing the pin/flag

Other duties which caddies are obligated to do if experienced enough are:

- reading greens
- helping with club selection
- knowing the conditions of the course

Caddies must be alert at all times. Any penalty caused by the caddie is added to his/her golfer's *score*. The caddie should be aware of his surroundings at all times, especially when players are hitting. Standing in other golfers' *lines of putting* or *lines of sight* while they are hitting a ball is discouraged. Also, the caddie is expected to know the rules and point out any rule-breaking on the part of the golfer, such as knowing the maximum number of clubs a player is allowed to carry. A caddie on the PGA Tour, Miles Byrne, became famous when he forgot to count the clubs in Ian Woosnam's bag (only 14 allowed) before the final round of the British Open. His mistake cost Woosnam two strokes and possibly the championship

Notes

A large, empty yellow rectangular area with a black border, occupying the majority of the page below the header. It is intended for taking notes.

Choosing a Caddie for Playing the Game of Life

We begin by looking at how to choose our accountability and the need for it. Then we will look at the dilemma of why most of us don't have such a relationship. Finally, we will cover the five "C's" which are the five ingredients of a healthy and prosperous accountability relationship taken from the phenomenal Twelve Steps movement, *Confidence, Confession, Conviction, Conversion, and Continuance*.

I will guarantee you that Tiger Woods, Jack Nicklaus, Lee Trevino, Sam Snead, Arnold Palmer or any of the greats in the game who played in intense competition day-in and day-out would not have been nearly as successful and could never have held up under the pressure alone. Yet how many of us play the game of life in this competitive environment day-in and day-out by grinding our teeth and letting things churn in our guts? The only things we really accomplish are that our relationships suffer more, or we choose to work harder numbing our feelings even more, or we just do it the old-fashioned way and drink excessively or use hard drugs socially.

We're told from when we are young to stand on our own two feet and become independent, aren't we? But let me ask you, wouldn't you be able to go through life more focused on winning the game and more peaceful if you had someone helping you carry your life's baggage that clubs you over the head right at the times when you need it least? It's proven that a person is more successful at dieting, exercising, giving up smoking or other substances, if they are accountable to someone else. While there are exceptions to the rule, it's a hard one to argue. The Twelve Step Movement which began in this country in the mid 1930's and has gone on to be the most successful program in the world at bringing people back to life and helping them win the game is only successful with at least one other person.

The same strategy holds true in beginning an accountability relationship. It begins by getting out of your comfort zone. Go to that men's or women's group in your church, go on a retreat weekend, or get out into the Christian community and meet new friends. Observe the fruits in the people's lives you meet and see if you get wisdom from them that maybe you didn't have before. Or maybe they're just the opposite, and it will be great to get another point of view when sorting through things as you play the game.

Most people who are truly winning at the game of life and are enjoying a serene lifestyle, owe that serenity to the fact that someone took a special interest in them and was willing to share the gift of themselves with them. Accountability with another should be welcomed and accepted as an opportunity to bridge personal experiences and to deepen the satisfaction that comes from working with others. There is no better way to experience God's Amazing Grace than through helping others...unconditionally.

“Confidence” in Choosing a Caddie

I remember back to my caddying days when the first few times I caddied for a new person, about the only thing I got to do was carry their clubs. In the caddie shack you will be referred to by the more experienced caddies as a “bag carrier.” They rarely asked for yardage, and they never asked my opinion on reading a putt. Even though I was a tremendous caddie (ha ha!), I had not earned their confidence.

In any relationship, confidence is critical to its success. Probably the best way to build confidence in any accountability relationship is to share with the other person our experience, strength and hope in life. This is not a counseling relationship. Be genuine! We are all sinners saved by grace and it's easier to build confidence with someone by letting them know they're not alone. And forget that you're “mature” in your walk (if you are) and remember that we're all a day away from a back-slide. El Diablo is far craftier than any “one” of us. This is without a doubt the primary reason for this relationship. This relationship is not about maturity...but honesty.

“Confession” in the Player / Caddie Relationship

I must admit that I’m enjoying this opportunity to revisit my caddie days. I’m now recalling caddie/player relationships I began with many new golfers. It wasn’t until they had the chance to size me up and I had seen everything about their games over numerous rounds that I gained their confidence, and they would begin asking my opinion on the course. They took their time in sizing me up to see what made me tick and if I was compatible with them.

As an accountability relationship proceeds by us honestly sharing our experiences, newfound strength, and hope in life, we will begin to get our new friend to begin sharing a bit about themselves as they become more comfortable with us because they’ve had the opportunity to size us up. Whether it’s in life or golf, patience is the key. Our new friend may begin by only trusting us with bits here and there. We need to hang in there “a-day-at-a-time”, patiently allowing them the time they need to develop confidence in the relationship.

The confession step is not about deep seeded sins, but about opening up with someone and allowing that baggage which we all accumulate over time to stop clubbing us with guilt, shame, fear, worry, success, failure, etc. and to begin lightening the load by sharing it with our caddie in life, which will begin the process of becoming free and the person God created us to be for His glory. For us men especially, this is a frightening step but, if medical statistics are correct, it could be a life-saving step with our longevity. A recent study I read suggested that having a best friend could be a major reason why women continue to outlive men.

Over the next three weeks, I’m going to share with you some real dialogue between a caddie and “their man” which will demonstrate confidence and trust in their relationship.

Golfer: "I've played so poorly all day; I think I'm going to go drown myself in that lake."

Caddie: "Sir, I don't think you could keep your head down that long."

Golfer: "You've got to be the worst caddie in the world!"

Caddie: "I doubt it, Sir. That would be too much of a coincidence"

Golfer: "I'd move heaven and earth to be able to break 100 on this course,"

Caddie: "Try heaven, Sir. You've already moved most of the earth."

“Conviction” in the Player / Caddie Relationship

The third ingredient of an accountability relationship is conviction. As the confidence levels continue to build and we begin to open up with each other more, we must get honest and begin coming to the end of ourselves in order to experience true growth and have our lives bear fruit. We must get out of the driver’s seat of our life and accept our limitations and admit we are powerless to produce the outcomes in our lives.

This especially holds true for young tour players fresh out of college. When they hit the tour, it’s a new ball game. It’s a good idea that a new tour player’s first caddie is older. Knowing and accepting their limitations can be the difference between keeping their card and going back to Q-School. As young kids we go after the power, as John Daly says, “we let the big dog eat” almost always. We don’t play out from trees; we try to go through them. We’re indestructible...so we think. However, one round with a top player and it doesn’t take long for us to become humbled.

Isn’t this the same way in life? Many of us have had to have our ears trimmed in order to gain the wisdom we enjoy today. A healthy accountable relationship will help us to see and face who we really are and just how unsuccessful we will be at playing life alone.

If we’re honest about ourselves and the other person, there’s no limit to what we can become, and the instrument we can be in helping another achieve their eternal potential. We must remember that El Diablo is an equal opportunity employer and doesn’t discriminate between any denomination or religion. So, if a situation seems to be beyond our power, we have the assurance of the word of God that He will equip the called.

A good piece of advice with this phase of the relationship is to keep in mind that honesty without compassion is no more than subtle hostility. Let’s return to our friends from last week and eavesdrop on more of the dialogue between them. I think we will see they didn’t take this advice.

Golfer: "Do you think I can get there with a 5-iron?"

Caddie: "Eventually."

Golfer: "This is the worst golf course I've ever played on!"

Caddie: "This isn't the golf course, sir! We left that an hour ago!"

Golfer: "Well, I have never played this badly before!"

Caddie: "I didn't realize you had played before, sir."

“Conversion” the Success of the Relationship

Conversion in the relationship means “transformation.” God has clearly told us that we did not choose Him...but that He has chosen us. Why is it then that many of us live our lives admiring a cross of luxury, worshipping a God of convenience rather than worshipping a God who is the lifeline of our lives? What is it that should motivate us to have our relationship with Him deepened rather than taken for granted? His name should be used for more than a curse word on the golf course or a figure of speech in life when someone sneezes (and if you’ve noticed, His name has even been dropped there most times). Or why do we use Him as a “911” God that we call on out of fear after a wake-up call like happened on 9/11/2001?

It’s through a solid accountability relationship that we are held intact. Here we can remind and be reminded of our limitations and strengths both on and off the course. We need to be reminded constantly of the lifesaving need for humility in our lives so that we may play the game in winning form from within that person we were created to be for “His” glory. What can we do each day to keep our hearts a Bethlehem for the Son of God? Following are some thoughts...

Admit our powerlessness as humans to control outcomes.
Begin each day on the practice tee of life in prayer and reflection.
Reflect especially on our sinful nature and “KNOW” we are capable of doing on our own.
Take seriously our accountability relationships.
Look to church with a worship-filled heart rather than with an anxious clock.
Become an active player in the Christian and local communities.
Reach out especially when you are forced to take over control in your own life.
Get out of the way and watch God work as you show His grace to someone.

Let’s conclude our visit with our friends as we continue to observe their relationship.

Golfer: “Caddie, do you think my game is improving?”

Caddie: “Oh yes, Sir! You miss the ball much closer than you used to.”

Golfer: “Caddie, do you think it is a sin to play golf on Sunday?”

Caddie: “The way you play, Sir, it’s a crime any day of the week!”

Golfer: “This golf is a funny game.”

Caddie: “It’s not supposed to be Sir.”

Golfer: “That can’t be my ball, caddie. It looks far too old.”

Caddie: “It’s a long time since we started, Sir.”

“Continuance” The “ACE” in the Hole

Over the Christmas holiday, it seems that whenever I turned on a news broadcast, one of the questions asked of people being interviewed is, “does Christmas feel different this year as a result of 9/11?” The answer is a resounding “Yes” across the board. Let’s explore why this is and we will then understand why the “continuance” ingredient is so critical to the accountability relationship.

I am as guilty as anyone of contributing staleness to a relationship by taking another person for granted, assuming they will always be there for me. However, I have shown myself time and time again that when I stay out of my own head and reach out to others, I seem to be able to play every day as if it were my U.S. Open in life.

Whether it’s on the course or in life, let’s join with that person we are accountable to and keep each other mindful of the following...

“Every strong and beautiful flower must have a strong root in the ground. It must send a root down so that it may be rooted and grounded while at the same time it sends a shoot up to be a flower that shall gladden the world. Both growths are necessary. Without a strong root, it would wither. The higher the growth upward, the deeper must be the rooting.” *(Taken from the Hazelden 24 hr. devotional.)*

Our lives cannot flower into success and helpfulness unless they are rooted in a strong faith, (for our purposes at G.O.L.F., that is a faith in Jesus Christ the Son of God), and we feel deeply secure in the goodness and purpose of God’s loving and amazing grace.

The goal for future Christmas seasons should be a different feeling from past seasons not because of some disaster, but because we have entered into an accountability relationship where we abide in Christ daily, thus making our hearts a Bethlehem for the Son of God and experiencing that promised peace that passes all understanding with a feeling of Christmas every day of the year through good times and bad. Through a solid accountability relationship as we grow in our purpose for God, hopefully our future Christmas days will not need a commercial hype (and snow) to prepare our hearts for a feeling of “peace on earth and goodwill to men.”

Identifying Strongholds and Temporal Substances

What habit, substance, or activity do you tend to turn to when under pressure or stress?
(Check those that apply)

☐	Excessive Work
☐	Sex / Pornography
☐	Over-Achievement
☐	Binge Eating
☐	Taking Control
☐	Uncontrolled Anger
☐	Money Dysfunction
☐	Hoarding
☐	Exaggerate Success
☐	Shopping When Stressed
☐	Spending on Toys
☐	Gambling
☐	Approval Seeking
☐	Toxic Relationships
☐	Rescuing Other People
☐	Physical Illness (Hypochondria)
☐	Excessive Exercise Conditioning
☐	Cosmetics & Surgery
☐	Excessive Clothes Buying
☐	Academic Achievement
☐	Religiosity

[illegible]

☐	Excessive Intellectualizing
☐	Perfectionism
☐	Obsessive Cleanliness
☐	Compulsive Organizing
☐	Excessive Worry
☐	Low Self Esteem

☐	Other: _____
☐	Other: _____
☐	Other: _____
☐	Other: _____
☐	Other: _____
☐	Other: _____

Y N (Check “Yes” or “No” to the following)

☐	☐	1.	I need more habit, substance, or activity than I used to experience a useful life under pressure.
☐	☐	2.	I turn to the habit, substance, or activity for reward or protection.
☐	☐	3.	I sometimes hide the habit, substance, or activity from those around me.
☐	☐	4.	Has the habit, substance, or activity affected my productivity on the job, at home, or in other areas of my life?
☐	☐	5.	Have I been deceitful with the habit, substance, or activity to the detriment of others around me?
☐	☐	6.	Could the habit, substance, or activity left unaddressed be destructive to me or others? <i>(Look at the worst-case scenario)</i>
☐	☐	7.	Have those around me ever mentioned the habit, substance, or activity?
☐	☐	8.	Do I get defensive when the subject of the habit, substance, or activity is brought up?
☐	☐	9.	Do I feel guilt or remorse for indulging in the habit, substance, or activity?
☐	☐	10.	Do I promise myself I will stop the habit, substance, or activity without doing so?
☐	☐	11.	Do I find that regardless of my resolve to stop the habit, substance, or activity only to turn to it again?
☐	☐	12.	After attempting to stop the habit, substance, or activity unsuccessfully, do I find that they increase?

You've now identified the habits, substances, and/or activities you tend to turn to when under pressure or stress. Now draft your game plan on how you plan to eliminate or block them from causing future errant situations in your life.

Notes

The Plan

The Rules:

- Make contact via text, e-mail, or phone call with your [mentor, sponsor, accountability partner] daily if for nothing more than to say “hello.”
- Establish a code with them in case they are needed in an emergency. **Do not ever feel as though you are bothering them. Satan wants you to do that so your** [mentor, sponsor, accountability partner] **isn’t blessed by serving God as they serve you.**
- Meet with your [mentor, sponsor, accountability partner] weekly. **Always deal with them in complete honesty.** Think about it this way. Truth is to Satan as Kryptonite is to Superman. **You win every time!**

Accept:

- It seems almost too simple to be true, but acceptance -- accepting things exactly as they are -- will be the key that unlocks the door to joyfulness and success in my life. Acceptance is the answer to all my problems today.
- Trusting in “Whose” I am and Accepting “Who” I am will be key to consistency as I play the game of life. When I am disturbed, it will be because I find some person, place, thing, or situation -- some fact of my life -- unacceptable to me, and I will find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment.
- Nothing, absolutely nothing happens in God's world by mistake. Until I can accept my imperfections, mistakes made, and bad breaks, and accept life completely on life's terms, I will never be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes.

Admit:

- Many times, we see someone who is blind being guided by another person. From this point on you must become dependent on your [mentor, sponsor, accountability partner] for direction in your life.
- Every day you must admit your strongholds to your [mentor, sponsor, accountability partner].
- When you do something wrong, make no excuses. Instead, promptly admit the wrong to your [mentor, sponsor, accountability partner]. Let them lead you as to any amends that may need to be made.
- Repeat the following affirmation continuously during the day.
EXAMPLE: *“I will trust in God and acknowledge Him with all my heart and seek my [mentor, sponsor, accountability partner] in all I do.”*
The outcome I seek is to become mentally tough as I cease conforming to the patterns of this world and become transformed by the renewing of my mind.

- My [mentor, sponsor, accountability partner] and I will reach out monthly to someone or an organization that is having difficulty with similar strongholds as mine. The lasting transformation will occur not only by you doing good but, but by the humility of continually seeing others as you once were. Only grace can transform.

Commit:

- **“Commitment” is the bridge between “Thought” and “Accomplishment.”** That’s worth repeating. **“Commitment” is the bridge between “Thought” and “Accomplishment.”**
- Winners in life stick to the task at hand. The harder and challenging it is, the more they stare it down.
- Winners in life subscribe to the belief that **“In the Burn-in – Comes the learn-in.”**

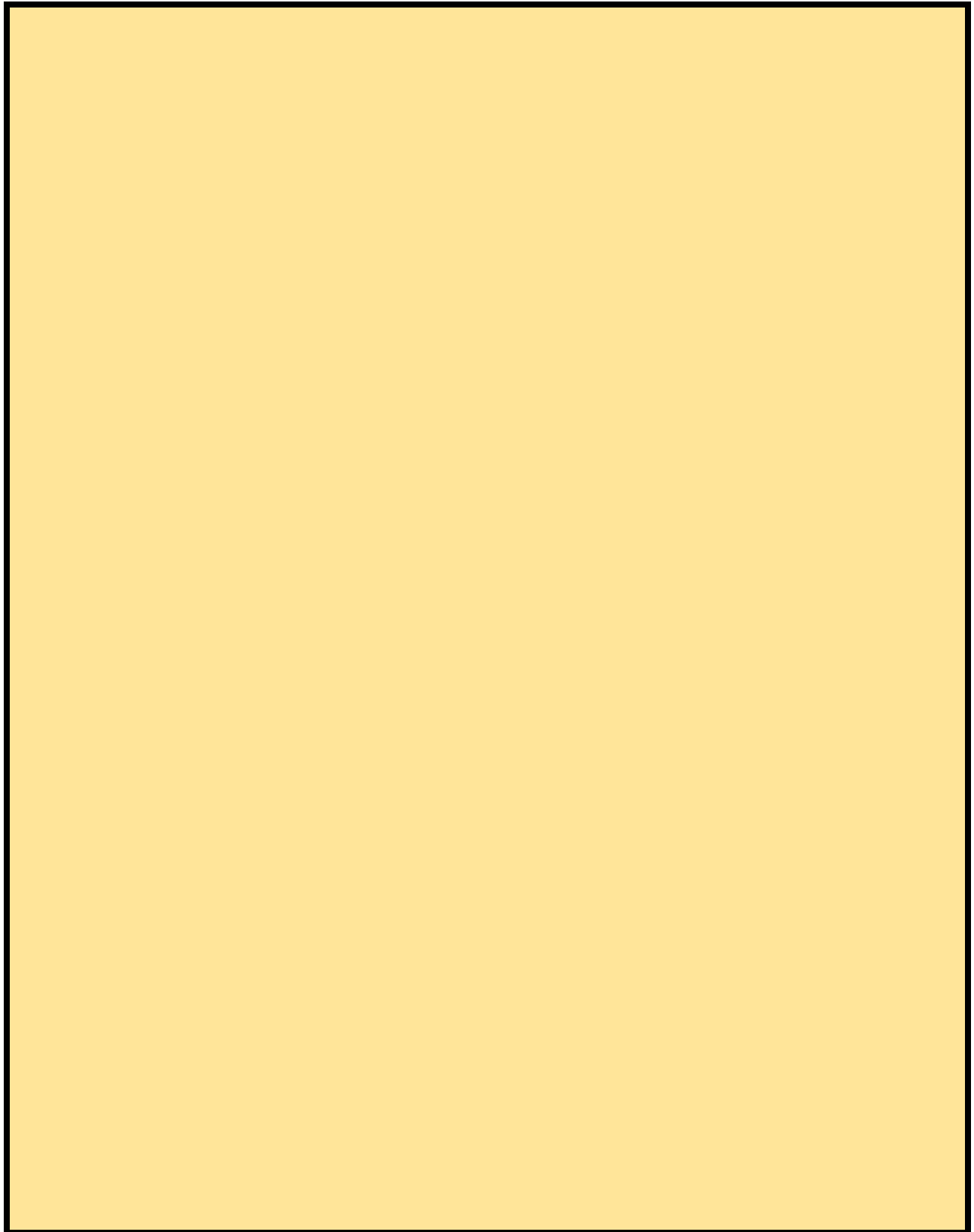
Focus:

- Focus owns your opponent. / Focus owns your opponent.
- When you find yourself loosing focus say, “Help me focus Lord.”
- Practice Drill: The Gratitude List

Following Is Your Accountability Plan:

- Make contact via text, e-mail or phone call with your accountability first thing daily if for nothing more than to say “Hello!”
- Establish a code with them in case they are needed in an emergency. **Do not EVER feel as though you are bothering them. Satan wants you to feel like that so you don’t make contact and your accountability partner isn’t blessed by serving God as they serve you.**
- Meet with your accountability at least weekly. **Always deal with them in complete honesty.** Think about it this way. Truth is to Satan as Kryptonite was to Superman. **You win every time!**
- Continually remind yourself of your Powerlessness and thank God for this relationship.

Notes

A large, empty yellow rectangular area with a black border, occupying the majority of the page below the header. It is intended for taking notes.

Notes