

THE CLUBS FOR PLAYING THE GAME OF LIFE

Driver	<u>I admit</u> that I am a powerless person in the vastness of the universe, and living in my power will render my life unmanageable.
3 Wood Metal	<u>I must come to believe</u> that there is a <i>Power</i> outside myself that can restore the order in my life.
5 Wood Metal	<u>I must make a decision</u> to turn my Life <i>and my Will</i> over to the care of the <u>Good Orderly Direction</u> that directs a joy-filled and fruit-filled life.
1 / 2 Hybrid Iron	<u>I will quiet myself</u> before God and make a <i>searching and fearless</i> moral inventory of myself and confront the cover-up I have been living.
3 Hybrid Iron	<u>I will admit</u> to God, myself, and another person trustworthy and <i>TOTALLY committed to the confidentiality of</i> the inventory's findings and become free from the cover-up.
4 Hybrid Iron	As a result of the inventory, <u>I will begin</u> talking to the God of my understanding regularly, asking for awareness of the strongholds that have me in their grip.
5 Hybrid Iron	<u>I will humbly ask</u> God to remove the strongholds standing in the way of my <i>completeness and usefulness</i> . Those that cannot be removed, I will block through strict accountability and other controls.
6 Iron	<u>I will make a list</u> of all persons I have harmed and become willing to make amends to them all.
7 Iron	<u>I will make direct amends</u> to such people wherever possible, except when doing so would injure them or others. However, I must NEVER make amends that will transfer my burden to another to rest my conscience.
8 Iron	<u>I will continue to take daily personal inventory</u> , and when I am wrong, I will promptly admit it.
9 Iron	<u>Seek through prayer and meditation</u> to improve my conscious contact with God, praying for the knowledge of God's will for me and the power to carry it out.
Pitching Wedge	Having had a spiritual awakening due to these steps, I will <u>carry this message</u> to others <i>and practice these principles in all my affairs</i> .
Sand Wedge	<u>I will have a new and gracious perspective</u> on life to provide a pathway to newfound joy and completeness. I will comprehend the word serenity and realize that no matter how far down the scale I may have gone, I will see that my experience, strength, and hope can benefit others.
Putter	<u>My whole attitude and outlook on life will change</u> when I realize that God is now doing what I was trying to do for myself

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INNER COACHING

Inner Coaching: Golfer Lee Trevino has been referred to as "an incurable optimist." During a rain delay at a tournament Trevino was leading, a group of golfers gathered in the locker room were overheard saying, *"They couldn't believe how ugly Trevino's swing was?"* The story has it that Jack Nicklaus responded, *"Why bother telling him? He'll never believe you."* Who or What has your number in life? Is it a person, a job, or something else? Negative Inner Coaching is shaped by a perspective on life that sabotages us. We become defeated, and life is one big pity party.

Just for today, I will be Joy-Filled – No Matter What My Situation: Most folks are about as joy-filled as they are grateful. Joy comes from within; it is not a matter of externals.

Stop and Meditate (*See Gratitude List*): Gratitude is the "**PRACTICE**" of being Grateful. When I bathe in self-pity, I practice negatively without even thinking. **Gratitude is the basis for establishing and maintaining a spiritual perspective on life.** Seek "Joy" – not "Happiness." Why? Happiness is an atmosphere (or high if you will) you can "*exist*" in for a while. Happiness, however, requires more and more of itself to maintain a high on life. Happiness is attached to externals and seems to ebb and flow as circumstances and whims come and go. Joy, on the other hand, is a step beyond happiness. Joy is a "*Light*" that fills you with hope and faith and love. **Joy is a constant since it is tethered to our hearts by Spirit and Gratitude.** It is the "Joy" of the Lord that gives us our strength.