

THE CLUBS FOR PLAYING THE GAME OF LIFE

Driver	<u>I admit</u> that I am a powerless person in the vastness of the universe, and living in my power will render my life unmanageable.
3 Wood Metal	<u>I must come to believe</u> that there is a <i>Power</i> outside myself that can restore the order in my life.
5 Wood Metal	<u>I must make a decision</u> to turn my Life <i>and my Will</i> over to the care of the Good <u>Orderly Direction</u> that directs a joy-filled and fruit-filled life.
1 / 2 Hybrid Iron	<u>I will quiet myself</u> before God and make a <i>searching and fearless</i> moral inventory of myself and confront the cover-up I have been living.
3 Hybrid Iron	<u>I will admit</u> to God, myself, and another person trustworthy and <i>TOTALLY committed to the confidentiality of</i> the inventory's findings and become free from the cover-up.
4 Hybrid Iron	As a result of the inventory, <u>I will begin</u> talking to the God of my understanding regularly, asking for awareness of the strongholds that have me in their grip.
5 Hybrid Iron	<u>I will humbly ask</u> God to remove the strongholds standing in the way of my <i>completeness and usefulness</i> . Those that cannot be removed, I will block through strict accountability and other controls.
6 Iron	<u>I will make a list</u> of all persons I have harmed and become willing to make amends to them all.
7 Iron	<u>I will make direct amends</u> to such people wherever possible, except when doing so would injure them or others. However, I must NEVER make amends that will transfer my burden to another to rest my conscience.
8 Iron	<u>I will continue to take daily personal inventory</u> , and when I am wrong, I will promptly admit it.
9 Iron	<u>Seek through prayer and meditation</u> to improve my conscious contact with God, praying for the knowledge of God's will for me and the power to carry it out.
Pitching Wedge	Having had a spiritual awakening due to these steps, I will <u>carry this message</u> to others <i>and practice these principles in all my affairs</i> .
Sand Wedge	<u>I will have a new and gracious perspective</u> on life to provide a pathway to newfound joy and completeness. I will comprehend the word serenity and realize that no matter how far down the scale I may have gone, I will see that my experience, strength, and hope can benefit others.
Putter	<u>My whole attitude and outlook on life will change</u> when I realize that God is now doing what I was trying to do for myself

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MENTAL TOUGHNESS

Mental Toughness: Whether in life or golf, the battle is not against people or circumstances or from another competitor, for that matter. The struggle we all face at times goes on between our two ears. **Mental toughness is a byproduct of a gracious perspective and incurable perseverance. It is endurance combined with an incurable assurance and certainty that what we need to accomplish will happen, and controls have been put in place to ensure it happens.** Perseverance produces a mental toughness - a G.R.I.T. (Gratitude Responds Intensely to Testing) based on gratitude and the belief that God goes before us and promises no matter what we might be facing, He will always make a way.

Just for today, I will try to strengthen my mind. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought, and concentration.

Stop and Meditate: Our fiercest competitor in both games lives between our two ears. Whether we realize it or not, mental conditioning and toughness are critical or perhaps more critical than the physical. **A sharp, keen mind, along with an incurable optimism in God's protection, will make champions out of the most unsuspecting prospects.**