

The Country Club



of
Life™

Est. 2003



*"If I Do What Most Won't -
I Will Enjoy What Most Never Will"*

Scoring System

The Clubs for Playing the Game of Life

Developing Spiritual Reflexes

SURRENDER

Driver	<u>I admit</u> that in the vastness of the universe I am a powerless person and living in my own power will eventually render my life unmanageable.
3 Wood Metal	<u>I must come to believe</u> that there is a <i>Power</i> outside myself that can restore the order/sanity in my life.
5 Wood Metal	<u>I must make a commitment</u> to turn my <i>Life and my Will</i> over to the care of the <u>Good Orderly Direction</u> that directs a winning life.

REFLECTION

1 / 2 Hybrid Iron	<u>I will quiet myself</u> before God and make a <i>searching and fearless</i> moral inventory of myself and confront the cover-up I've been living under.
3 Hybrid Iron	<u>I will admit</u> to God, to myself, and to another person who is trustworthy and <i>TOTALLY committed to confidentiality</i> , the findings of my inventory, and break free from the cover-up I've been living.
4 Hybrid Iron	<u>I will begin</u> talking to the God of my understanding regularly, asking for awareness of the strongholds that have me in their grip as a result of the inventory.
5 Hybrid Iron	<u>I will humbly</u> ask God to remove the strongholds standing in the way of my <i>completeness and usefulness</i> . Those that cannot be removed I will block through strict accountability.

RECONCILIATION

6 Iron	<u>I will make a list</u> of all persons I have harmed, and become willing to make amends to them all.
7 Iron	<u>I will make direct amends</u> to such people whenever possible, except when to do so would injure them or others. I must NEVER make an amends that will transfer my burden to another just to rest my own conscience.
8 Iron	<u>I will continue to take daily personal inventory</u> and when I am wrong, I will promptly admit it.

REACHING IN – THEN OUT

9 Iron	Seek through <u>prayer and meditation</u> to improve my conscious contact with God, praying for the knowledge of God's will for me, and the power to carry it out.
Pitching Wedge	Having had a spiritual awakening as the result of these steps, I will <u>carry this message</u> to others and practice these principles in all my affairs.

AMAZING GRACE

Sand Wedge	I will have a new and <u>gracious perspective on life</u> that will be the pathway to a new-found joy and completeness. I will comprehend the word serenity and realize that no matter how far down the scale I may have gone; I will see that my experience, strength, and hope can benefit others.
Putter	My whole <i>attitude and outlook on life</i> will change when I come to realize that God is now doing for me what I was trying to do for myself.



Beginner/Refresher Course

IS YOUR LIFE UP TO PAR?

Hole	Name	Par	Score	Notes
1	Humble in Spirit	4		
2	Those Who Morn	4		
3	Blessed Are the Meek	3		
4	Hungry for Honesty	4		
5	Experience, Strength, Hope	3		
6	Pure In Heart	4		
7	Children of God	3		
8	The Kingdom of Heaven	4		
9	Heavenly Reward	5		
OUT		34		

MONITOR YOUR STRONGHOLDS

☐ Excessive Work / Over-Achievement	☐ Materialism / Excessive Clothes Buying
☐ Sex / Pornography	☐ Compulsive Organizing
☐ Excessive Exercise / Surgeries	☐ Overindulging in Alcohol
☐ Binge Eating	☐ Abusing Drugs, (Legal and/or Illegal)
☐ Taking Control / Half-Truths	☐ Headaches / Migraines
☐ Uncontrolled Anger / Blaming	☐ Excessive Worry / Anxiety
☐ Money Dysfunction, (Spend / Hoard)	☐ Obsessive Cleanliness
☐ Debt / Gambling	☐ Make Others Feel Sorry For Us
☐ Exaggerate Success / Boasting	☐ Character Assassinating / Enjoy Hurting Others
☐ Stress Shopping / Toy Shopping	☐ Physical Illness / Frequent Burnout
☐ Low Self Esteem / Self Pity	☐ Excessive Intellectualizing / Religiosity
☐ Approval Seeking / Manipulation	☐ Rebellious & Resentful
☐ Toxic Relationships	☐ Other:
☐ Under-Earning	☐ Other:



Championship Course

IS YOUR LIFE UP TO PAR?

Hole	Name	Par	Score	Notes
<i>The Seven Deadliest</i>				
1	Lust	4		
2	Gluttony	4		
3	Greed	5		
4	The Way of the Sluggard	4		
5	Justified Resentment	3		
6	Envy	5		
7	Pride	3		
<i>Fruits of the Spirit</i>				
8	Love	4		
9	Joy	4		
OUT		36		

Hole	Name	Par	Score	Notes
10	Peace	5		
11	Forbearance	3		
12	Kindness	3		
13	Goodness	4		
14	Faithfulness	4		
15	Gratefulness	3		
16	Self Control	5		
<i>Victory Corner</i>				
17	The Breathe of God	4		
18	Victorious Truth	4		
OUT		35		
TOTAL		71		

Time Management & Life Balance

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM							
12:00							
1:00							
2:00							
3:00							
4:30							
5:00							
6:00							
7:30							
8:00							
9:00							
10:00							
11:00							
PM							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							

Weekly Balance

Sleep 58 Hrs	Exercise 10 Hrs	Business 50 Hrs	Self 20 Hrs	Family 10 Hrs	Family/Self 20 Hrs
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LAW #1: UNSEIZED TIME FLOWS TOWARD MY WEAKNESSES.

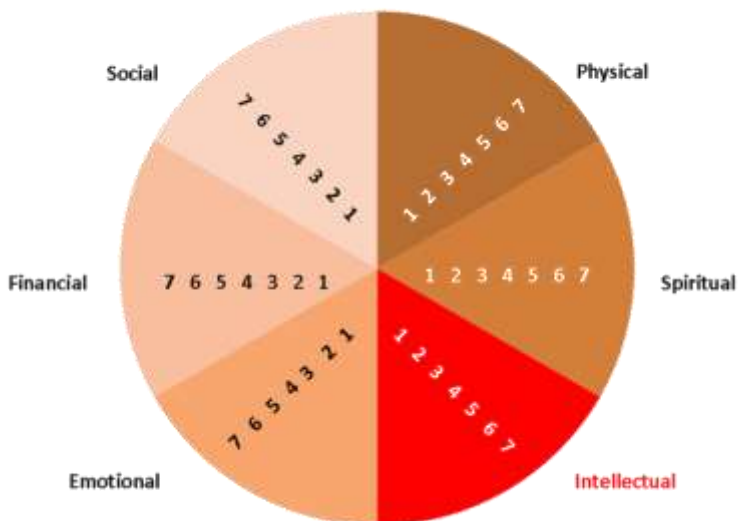
LAW #2: UNSEIZED TIME COMES UNDER THE INLUENCE OF DOMINANT PEOPLE IN MY WORLD.

LAW #3: UNSEIZED TIME SURRENDERS TO THE DEMANDS OF ALL EMERGENCIES.

LAW #4: UNSEIZED TIME GETS INVESTED IN THINGS THAT GAIN PUBLIC AND PERSONAL ACCLAMATION.

“The Rhythm of the Game like the Rhythm of Life.” -Bagger Vance

Circle the number that best represents your level of satisfaction in that area of your life then connect the dots.
 ("7" = Very satisfied; "1" = Very dissatisfied)



Check Off Your Daily Rhythm

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Warm Up							
Reach Out							
Gratitude List							
Meditation							
Wrap Up							
DAILY TOTALS							
Weekly Total							

Observation / Game Plan

TASK	ACTION

Seizing Back Our Time

You may recognize the following words:

*"Hello darkness, my old friend,
I've come to talk with you again,
Because a vision softly creeping,
Left its seeds while I was sleeping,
And the vision that was planted in my brain
Still remains,
Within the sound of silence."*

We are living in a day where we seem to be running breathlessly from task-to-task never seeming to NEVER get it all done. In our highly competitive society there seems to be a *"high"* of sorts resulting from our busyness. It seems we need more and more busyness today to maintain the *'high'* we have become powerless over and in what we have come to believe to be *"The New Normal"*. Why can't we ever get it all done, or at least get caught up? We seem to be existing today in a state of morbid preoccupation with self accomplishment, fearing consciously or unconsciously – the sounds of silence. See, the visions that have been planted in our brain still remain so we run from them covering up through busyness avoiding at all cost the silence that threatens to expose *"Who"* we really are.

MACDONALD'S LAWS OF UNSEIZED TIME

- **LAW #1:** UNSEIZED TIME FLOWS TOWARDS MY WEAKNESSES.
- **LAW #2:** UNSEIZED TIME COMES UNDER THE INFLUENCE OF DOMINANT PEOPLE IN MY WORLD.
- **LAW #3:** UNSEIZED TIME SURRENDERS TO THE DEMANDS OF ALL EMERGENCIES.
- **LAW #4:** UNSEIZED TIME GETS INVESTED IN THINGS THAT GAIN PUBLIC AND PERSONAL ACCLAMATION.

**Laws Taken From
Ordering Your Private World
Gordon MacDonald, Author
Thomas Nelson Publishing**