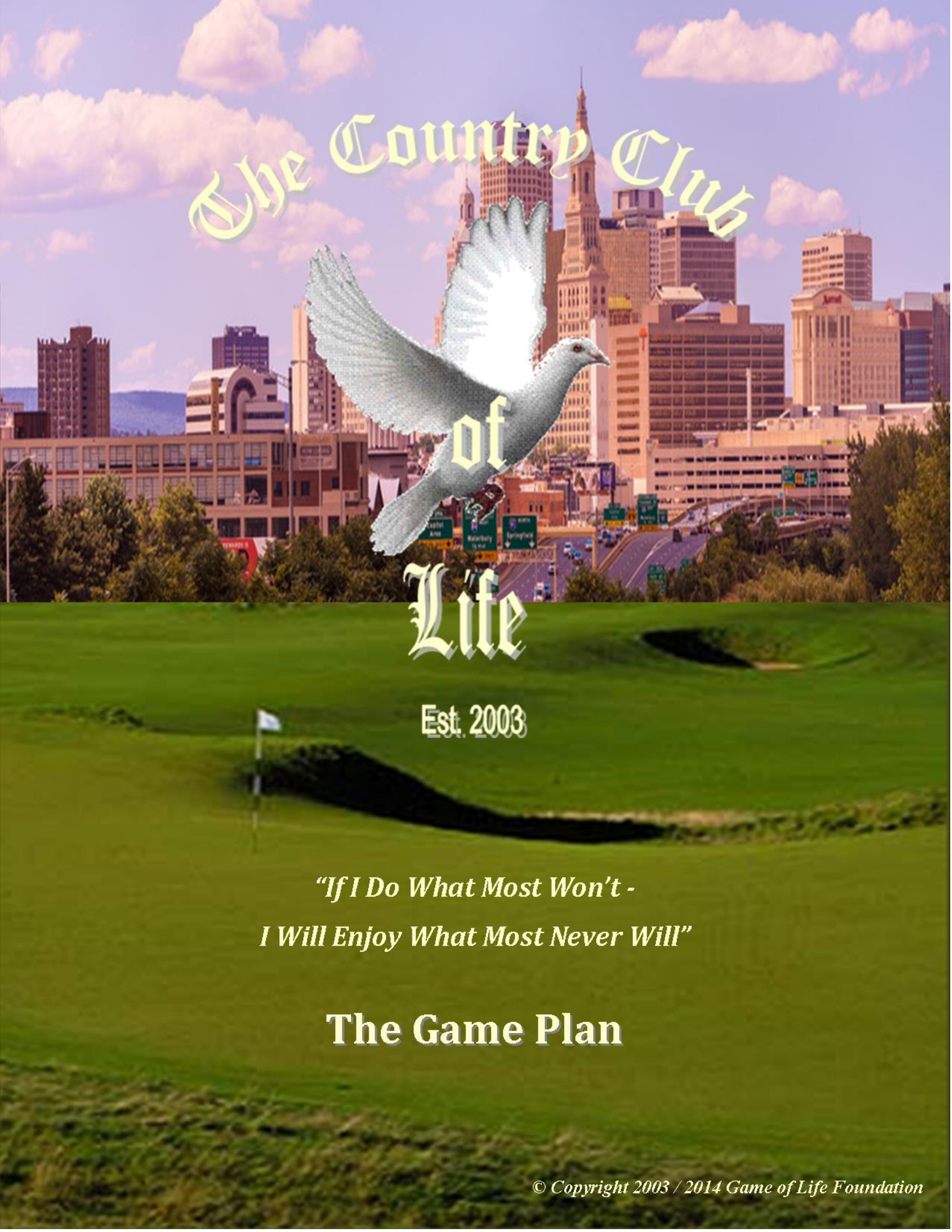


A white dove is shown in flight, wings spread, positioned centrally over a city skyline. The city features several tall buildings, including one with a prominent spire. In the foreground, a green golf course with a sand trap and a flag is visible. The sky is blue with scattered white clouds.

The Country Club

of
Life

Est. 2003

*"If I Do What Most Won't -
I Will Enjoy What Most Never Will"*

The Game Plan



***“The secret to life is one thing...
Just one thing.”***

“You’ll KNOW It When You Find It!”

***“If I Do What Most Won’t -
I Will Enjoy What Most Never Will”***

DISCLAIMER: The Country Club of Life™ (here-in-after referred to as, “The CC of Life™”, was first introduced in 2003 in book form. The CC of Life™ is a virtual life coaching and training environment for golfers and non-golfers alike, whose techniques and methods are rooted in its belief in an Intelligent Design. Through years of clinical observation and research we have seen clearly that determining “*Whose*” we are is primary to discovering “*Who*” we are. It’s through determining where we came from that we can determine where we’re going and can draft a workable game plan for our students. This being stated, The CC of Life does not reject other findings and opinions and does not attempt to change the findings and opinions of contrarians. The CC of Life operates solely from a position of attraction - *not promotion or opposition*. Experience has shown there are many people who want what we offer making it unnecessary to debate the pundits.



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WHAT ARE WE TRYING TO ACCOMPLISH THROUGH LIFE COACHING?

- Make a searching and fearless inventory of ourselves where we identify our “Key-Log” and the character defects and temporal substances¹ that have metastasized from the “Key-Log” and have been holding us back from living a life of abundance, prosperity, hope, and joy.
- Accept that we are powerless over those character defects and temporal substances in order to arrest them.
- Establish an accountability relationship with someone of the same sex who has walked in our shoes and can be trusted beyond reproach.
- Along with our accountability we practice eliminating the more venial² character defects and temporal substances and blocking those that are more mortal that are standing in the way of our usefulness to God, ourselves and others decreasing our margin for error in life.
- We find our game and rhythm to life by determining then accepting what works for us and we play our game under any and all circumstances.
- We maintain our winning rhythm by living a balanced life.
- We reach out to others through our character defects and temporal substances which keeps our lives consistent and in a winning rhythm.
- We practice gratitude daily no matter what our circumstances keeping our spiritual reflexes finely tuned.
- We increase our conscious contact with God living lives of credibility and authenticity – **not fanaticism.**
- **WE ‘KEEP IT SIMPLE!’**

¹ Relating to worldly or secular as opposed to spiritual,

² Having a lesser grip,



PLAYING THE GAME OF LIFE

The thing a person strives for ultimately is self-fulfillment and preservation! There are many ways of putting it but in the final analysis what a person wants most in life is to fulfill themselves: to feel they have accomplished something - and are secure. Most aim to be productive, to make an impact, to leave the world a better place because they've been in it.

Following are some questions to ask yourself.

- How can what I want out of life be managed?
- Is there a way I can be sure I'll find my place?
- If it is to be, is it really up to ME?
- Does this involve extreme risk with the probability that I will go through life fundamentally dissatisfied and/or discouraged?
- Am I destined to be a square peg in a round hole all my life?
- Am I doomed to end up a "might-have-been"?
- Do "The Rich Really Get Richer and The Poor Really Get Poorer"?

The answer is unequivocally NO! It is unnecessary for a person to go through life unfulfilled. **No person is doomed unless they choose to be!** And the secret lies not in blood line, aptitude tests, success, fame and certainly not wealth. **The secret is in a person's "relation" to the God of their understanding.** The key word is "relation". Is the god of their understanding one of "convenience," "an equal," "a fill in," "subservient to them" or "The Shepherd of Their Life"?

Following are some additional questions to ask yourself.

- "Who" or "What" is the god of Your Understanding? Not the catechism's definition - Your Definition.
- What do you believe?
- Why do you believe what you do?
- Have you really thought it through, or is it an inherited belief you adopted?



- Does your life reflect your beliefs and are your beliefs intriguing to others?
- Are your beliefs rooted in anger, frustration, and/or fear that are unconsciously sabotaging your life.

Most everyone agrees there is a "Higher Power" roaming around in the world. If they haven't identified it as the true God of the bible, they may explain some of their encounters as coming in contact with "*Coincidence*," "*Something Told Me*," "*Somebody's Watching Over Me*," "*Strangest Thing Happened*", etc. Unconsciously, the god of our understanding is too often shaped by the environments that shaped us. In those environments there was a person who had: Abandoned Us, Demeaned Us, Abused Us, Betrayed Us, Disliked Us, Blamed Us, etc. Are you getting it? It's unfortunately the anger, frustration, fear and/or arrogance previously mentioned that controls our deception and blocks our success and much needed serenity.

What reinforces the skepticism of the fence-walkers is many of us today live in a chronic state of "Isolation" subscribing to the expression that "*Strong fences make the best neighbors*". However, as the result of the fall of man and "*Trying To Have It All*", our innate nature to "Insulate" our inherited void can only be satisfied by a relationship with the One True God.

Fact is as we have a built in response for fellowship. This is proven every time we experience tragedy. People instinctively gather together. Right? God too wants fellowship and a relationship with us and until we accept this fact we're a fish out of water, we are never our true selves until God rules in our hearts. This is basic. God's order is as important in the heart of a person as it is in the heavens or in the physical world. God has a plan for every person's life. The plan includes all the details, and it promises complete fulfillment of the person no matter how far down the scale they may have fallen - GOD CREATED THEM ANYWAY BECAUSE HE HAS A DISTINCT PLAN FOR EVERY LIFE. There is no Lemon Law in God's world. It's His plan and purpose only that makes the most of a person, draws the best out of them and utilizes their full potential. The person who truly finds themselves - gives themselves to God to be God-possessed, God-directed, God used.

At The CC of Life we alert the fence-walkers to what we have discovered to be the "KNOW SIN ZONE." That place where most live in an unfulfilled state of "*Trying To Have It All*" since they remain unfulfilled by the god of their understanding "Knowing" "Something" isn't right. It's A Hell On Earth! Even those who claim humanism or atheism are filling their lives with



things outside themselves and having faith in various forms of “higher powers” every day of their lives.

So often we get the cart before the horse. A person tries to use God. The Prophet Malachi was quoted as saying, *"Will you use God?"* Christianity becomes a bargaining chip of getting what we want or we end up in frustration and disillusionment. This is ridiculous on the surface, that a person should use God to realize their own ends and make God their servant. Of course such procedure does not pay off!

The paradox of life is that a person finds themselves when they lose themselves; becomes themselves when they give themselves away to God; frees themselves when they commit themselves to God in unconditional obedience, are most powerful when they swing it easy. Have the courage to be used by God rather than using God. *"Whosoever will save his life shall lose it, and whosoever shall lose his life for my sake shall find it"* **-Matthew 16:25**

The following is taken and paraphrased from the movie “The Legend of Bagger Vance” You certainly don’t need to be a golfer to get this message.

“I think it's time for you to see the field. Fix your eyes on Bobby Jones. Look at his practice swing. Almost like he's searching for something. Then he finds it. Feel that focus. He's got a lot of shots to choose from. Duffs and tops and skulls. There's only one shot that's in perfect harmony with the field. One shot that's his - authentic shot. That shot is gonna choose him. There's a perfect shot trying to find every one of us. All we got to do is get ourselves out of its way - and let it choose us.

Look at Jones, he in the field. You can't see your target/goal as some dragon you got to slay. You've got to look with soft eyes. See the place where the tides, and the seasons - the turning of the earth - all come together. Where everything that is – BECOMES ONE. Rhythm of the game like the rhythm of life. See, the trick is to find your swing.

Inside each and every one of us is one true, authentic swing. Something we was born with, that's ours - and ours alone. Something that can't be taught to you or learned. Something that we was given as a gift. Over time, the world can rob us of that swing - and get buried inside us under - all our woulda's and coulda's, and shoulda's.

Ain't a soul on this entire earth ain't got a burden to carry they don't understand, you ain't alone in that – Then we become like the elephant that never forgets and all those woulda's, coulda's, and shoulda's have chained us like the elephant to a post that has absolutely no power over us except the power we have given it. Time to break those chains - time to dig it out of



the dirt (the dirt of our lives) in order that we can be free and gain the wisdom that will benefit others and bring us true success.”

When Jesus met the invalid at the pool in Bethesda, he simply asked the man, “*Do you ‘really’ want to get well?*” Do you?

Write out what you want your life do look like and why. Don't be concerned at this point how you're going to get there.



LET'S START AT THE BEGINNING

What Happened?

Let's take a very practical look at the creation of the human race from the perspective of an Intelligent Design.

In the beginning there was a garden named Paradise which was created by God. In the garden lived a man and a woman. This garden had everything the man and woman would ever need. God told the man, *"You are free to eat from any tree in the garden; but you must not eat from the Tree of the Knowledge of good and evil, for when you eat from it you will certainly die."*

One day while tending to the garden, the woman saw a snake. Now the serpent was more crafty than any of the wild animals the Lord God had made. The snake said to the woman, *"Did God really say, 'You must not eat from any tree in the garden'?"* The woman replied to the serpent, *"We may eat fruit from the trees in the garden, but God did say, we must not eat fruit from the tree that is in the middle of the garden, or we will die."*

"You will not certainly die," the serpent said to the woman. *"For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil."*

When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to the man who was with her, and he ate it. Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings and covered up.

Let's Get Practical

When God created the human race, man was attached to God "at the hip" so to speak. Man was God's perfect creation, made in God's image and likeness. God was man's knowledge and vision.

The imagery of a snake is depicted since the snake is the lowest of the low. Of course it doesn't talk to Eve. Snakes don't talk – But they do bite and the human race was bitten by a slow killing venom called sin.



The obvious question and the one asked most often by seekers is, *"If God knew that Adam and Eve would sin, why did He create them?"*

Why do we REALLY wonder about this? The answer probably lies more in our self-centeredness than in the facts. However, following are some facts:

- God exists outside of sin and time.
- Of course God knew humanity would fall to sin.
- God is omniscient He knows the future. He had our backs.
- Theologians teach of what is called a “meta-narrative”³. Today we see that biblical history can be roughly divided into three main sections: 1) Paradise Created. (Genesis 1—2), 2. Paradise Lost (Genesis 3 - Revelation 20) and 3 Paradise Regained (Revelation 21—22). By far the largest part of the narrative is devoted to the transition from “paradise lost” to “paradise regained”. At the center of this meta-narrative is the cross, which was planned from the very beginning and connects the entire narrative.
- When paradise was lost (Genesis 3:15), God said to the snake, “A woman’s seed will crush your head and you will strike his heel.” The snake was cursed to crawl on the ground and therefore susceptible to man’s heel crushing its head, a direct result of Satan’s deception. This is a foreshadowing of what will really happen. The seed (Jesus Christ) of the woman (Mary) will crush the head of Satan and His heel will be struck (the crucifixion) in the process.

Separation Anxiety Disorder is a disorder in which a human being experiences excessive anxiety when it is separated from its refuge and protection. As we examine the human condition today, are you getting the drift of this story’s relevance? Separation Anxiety will initiate a fight or flight response. In the case of Adam and Eve it was flight.

It's Not The Crime But The Cover Up

Adam and Eve’s nakedness was actually the realization of their vulnerable state of separation anxiety. Innately, they covered up. The answer, fill in the separation. The question with what? The things of the world and the cover up gets deeper, or the things of God and the cover up gets shallower? Fact is the separation will be there until Christ returns.

³ **Meta-Narrative**, an overarching account or interpretation of events and circumstances that provides a pattern or structure for people’s beliefs and gives meaning to their experiences.



DISCOVERY STAGE

Determine “**WHOSE**” You Are, “**WHO**” You Are “**WHAT**” You Believe
and “**WHY**” You Believe What You Do.

- **“WHOSE” Are You?**

Learn About the Rabbi and the Monkey

Determine “**WHAT**” You Believe *and* “**WHY**” You Believe What You Do

- **“WHO” Are You?**

“For As You THINK In Your HEART, So Are You.”

You Will Enter “**The KNOW Sin Zone™**”

Identify Your STRONGHOLDS and How They Make You “Your Own Worst Enemy”

*“Gratitude Will Unlock the **FULLNESS** of Life”*

“You will Seek JOY-FULLNESS – Not Happiness”

- **DISCOVER YOUR GRIP, STANCE and POSTURE IN LIFE**

Apply “**WHOSE**” You Are, “**WHO**” You Are “**WHAT**” You Believe
and “**WHY**” You Believe What You Do

Discover Your Purpose for Living

- **DISCOVER SECRETS TO WINNING BALANCE**

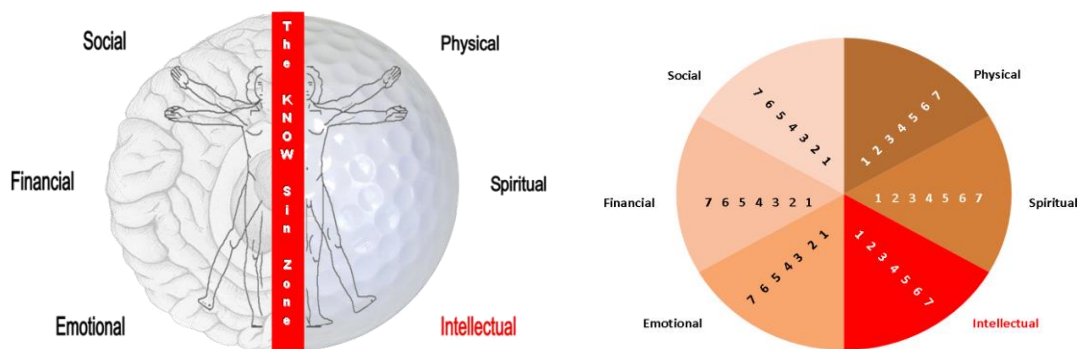
KEEP LIFE “**SIMPLE**” – Live With Flexibility

Putting **DEPTH** into Both Games

*** **HUMILITY** ***

*“Humility Is Not Thinking Less About Yourself,
It’s Thinking About Yourself Less.”*

Learning To Turn Inward for Superior Balance and Consistency



“Find Your Game”



Improvements

Please list any improvements you would like to make in the following areas of your life.

Family/home life –

Financial situation –

Career or Business life –

Personal Character –

Relationships –



Leisure time –

Self-care –

–

Your Life

Who are the key people in your life and what do they provide for?

Is your life one of your choosing? If not, which parts are being chosen for you?

What is your favorite part of your typical day?



What is your least favorite part of your typical day?

Looking at the past six months of your life, do you like the direction your life is moving in?

☐ Yes ☐ No

On a scale of 1 to 10, 10 high, rate the amount of stress in your life right now.

1 2 3 4 5 6 7 8 9 10

What are your primary stressors?

List five things that you are tolerating or putting up with in your life at present.

Family & job responsibilities, schedules, relationships, neglected health, cluttered life, etc.

- 1.
- 2.
- 3.
- 4.
- 5.

Yourself

List five adjectives that describe you at your best.

- 1.
- 2.
- 3.
- 4.
- 5.



List five adjectives that describe you at your worst.

- 1.
- 2.
- 3.
- 4.
- 5.

What are your 3 major concerns/fears about life?

- 1.
- 2.
- 3.

What are your 3 major concerns/fears about yourself?

- 1.
- 2.
- 3.

What motivates you?

What are you learning/accepting about yourself at present?



Coaching You

What would you like me to do if you get behind in your goals?

How will you know when you are receiving value from the coaching process?

What types of approaches discourage you or take away motivation?

Do you enjoy self-assessments and improvement programs?

Here are ways coaching clients work with us. Rank order these in terms of what you want most out of our coaching partnership, with 1 being the highest and 10 being the lowest.

_____ Brainstorming strategies together

_____ Support, encouragement and validation

_____ Insight into who you are and your potential



- _____ Painting a vision of what you can become or accomplish exploring and removing blocks and obstacles to your success accountability; checking up on goals
- _____ Work through self-improvement programs together
- _____ Suggesting or designing action steps
- _____ Strategic planning
- _____ Directness; asking hard questions; challenging you to move

Potential and Possibility

Do you have a personal or professional vision? If so, what is it?

What would you like to contribute to the world?

What do you think is NOT possible to achieve in your lifetime that you wish you could?

What is a dream or goal you have given up on?

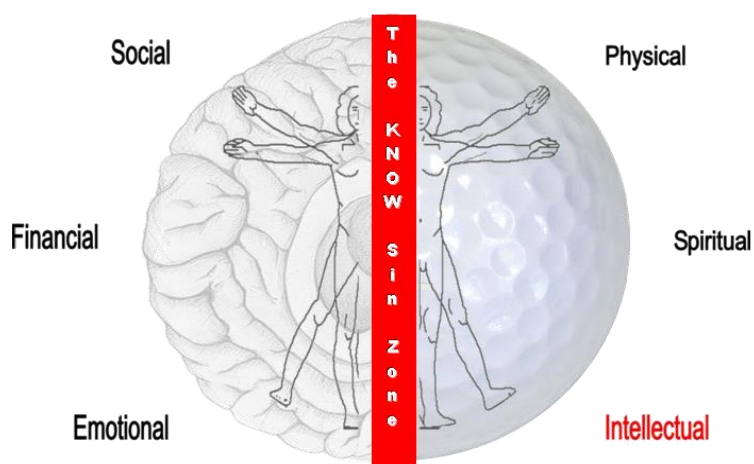


NOTES:

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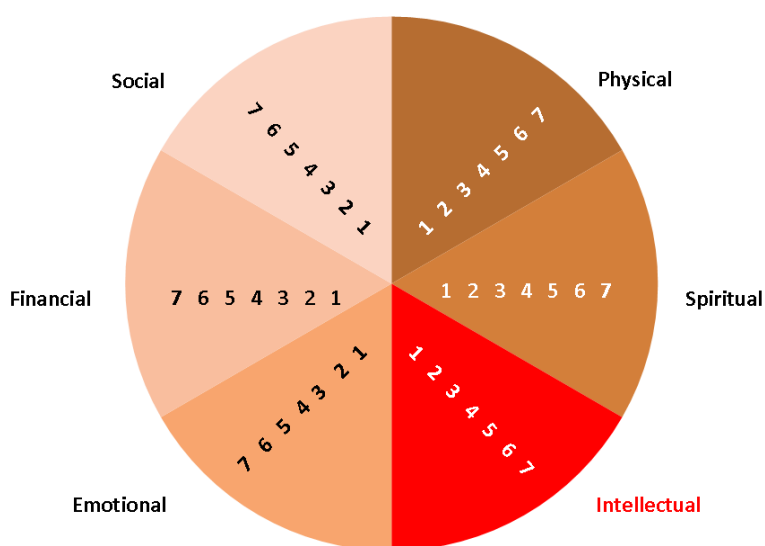


LIFE DEVELOPMENT CHART



LIFE BALANCE WHEEL

Circle the number below that best represents your level of satisfaction in that area of your life. Determine how smoothly you're living.
 ("7" = Very Satisfied; "1" = Very Dissatisfied)



(Check “Yes” or “No” to the following)

1.	☐ Y ☐ N	I need more of the habit, substance, or activity than I used to in order to experience a functional and happy life when under pressure.
2.	☐ Y ☐ N	I turn to the habit, substance, or activity for reward or protection.
3.	☐ Y ☐ N	I sometimes hide the habit, substance, or activity from those around me.
4.	☐ Y ☐ N	Has the habit, substance, or activity affected my productivity on the job, at home, or in other areas of my life?
5.	☐ Y ☐ N	Have I been deceitful or dishonest with the habit, substance, or activity to the detriment of others around me?
6.	☐ Y ☐ N	Could the habit, substance, or activity left un-addressed be destructive to myself or others? <i>(Look at the worst case scenario)</i>
7.	☐ Y ☐ N	Have those around me ever mentioned the habit, substance, or activity?
8.	☐ Y ☐ N	Do I get defensive when the subject of the habit, substance, or activity is brought up?
9.	☐ Y ☐ N	Do I feel any guilt or remorse for indulging in the habit, substance, or activity?
10.	☐ Y ☐ N	Do I promise myself I will stop the habit, substance, or activity?
11.	☐ Y ☐ N	Do I find that regardless of my resolve to stop the habit, substance, or activity only to turn to it again?
12.	☐ Y ☐ N	After attempting to unsuccessfully stop the habit, substance, or activity, do I find that the habit, substance, or activity actually increases?



PERSONALITY TYPE and GIFTEDNESS ASSESSMENT

Directions: Respond to each statement on the following pages which follow, according to the following scale. Read the personality-type description on either side of each scale. Think about how you are most of the time, and try to determine which personality-type best describes you. Most people have some traits from each personality-type on either side of the scale. However, most people tend to prefer or feel most comfortable with one personality-type more than the other.

Place a (✓) in the check box on the scale, which represents how you are most of the time. Remember, this is only a self-evaluation, not an exact measure of your personality.

INTROVERT (I)	EXTRAVERT (E)
☐ Like quiet for concentration.	☐ Like variety and action.
☐ Tend to be careful with details, dislike sweeping statements.	☐ Tend to be faster, dislike complicated procedures.
☐ Have trouble remembering names and faces.	☐ Are often good at greeting people.
☐ Tend not to mind working on one project for a long time uninterrupted.	☐ Are often impatient with long slow jobs.
☐ Are interested in the idea behind their job.	☐ Are interested in the results of their job, in getting it done and in how other people do theirs.
☐ Dislike telephone intrusions and interruptions.	☐ Often don't mind the interruption of answering the telephone.
☐ Like to think a lot before they act, sometimes without acting.	☐ Often act quickly, sometimes without thinking.
☐ Work contentedly alone.	☐ Like to have people around.
☐ Have some problems communicating.	☐ Usually communicate freely.
☐ Total	☐ Total



INTUITIVE (N)	SENSING (S)
☐ Like solving new problems.	☐ Dislike new problems unless there are standard ways to solve them.
☐ Dislike doing the same thing over and over again.	☐ Like an established way of doing things.
☐ Enjoy learning a new skill more than using it.	☐ Enjoy using skills already learned more than learning new ones.
☐ Work in burst of energy powered by enthusiasm with slack periods in between.	☐ Work more steadily, with realistic idea of how long it will take.
☐ Put two and two together quickly.	☐ Usually reach a conclusion step by step.
☐ Are impatient with routine details.	☐ Are patient with routine details.
☐ Are patient with complicated situations.	☐ Are impatient when the details get complicated.
☐ Follow their inspirations, good or bad.	☐ Don't often get inspired, and rarely trust the inspiration when they do.
☐ Often get their facts a bit wrong.	☐ Seldom make errors of fact.
☐ Dislike taking time for precision.	☐ Tend to be good at precise work.
☐ Total	☐ Total



FEELING (F)	THINKING (T)
☐ Tend to be very aware of other people and their feelings.	☐ Are relatively unemotional and uninterested in people's feelings.
☐ Enjoy pleasing people, even in unimportant things.	☐ May hurt people's feelings without knowing it.
☐ Like harmony. Efficiency may be badly disturbed by office feuds.	☐ Like analysis and putting things into logical order. Can get along without harmony.
☐ Often let decisions be influenced by their own or other people's personal likes and wishes.	☐ Tend to decide impersonally, sometimes Ignoring people's wishes.
☐ Need occasional praise.	☐ Need to be treated fairly.
☐ Dislike telling people unpleasant things.	☐ Are able to reprimand people or fire them when necessary.
☐ Relate well to most people.	☐ Tend to relate well only to other thinking types.
☐ Tend to be sympathetic.	☐ May seem hard-hearted.
☐ Total	☐ Total



PERCEPTIVE (P)	JUDGING (J)
☐ Tend to be good at adapting to changing situations.	☐ Best when they can plan their work and follow the plan.
☐ Don't mind leaving things open for alterations.	☐ Like to get things settled and wrapped up.
☐ May have trouble making decisions.	☐ May decide things too quickly.
☐ May start too many projects and have difficulty in finishing them.	☐ May dislike to interrupt the project they are on for a more urgent one.
☐ May postpone unpleasant jobs.	☐ May not notice new things that need to be done.
☐ Want to know all about a new job.	☐ Want only the essentials needed to get on with it.
☐ Tend to be curious and welcome new light on a thing, situation or person.	☐ Tend to be satisfied once they reach a judgment on a thing, situation or person.
☐ Total	☐ Total



Check the items which best describe you under each letter.

A

- ☐ People often say I am impulsive and direct.
- ☐ My financial resources are above average
- ☐ More than 10 percent of my income goes for Christian causes.
- ☐ Material possessions don't mean much to me.

☐ **Total**

B

- ☐ I love directing other people's work.
- ☐ I like to recruit and lead people.
- ☐ I am usually self-confident.
- ☐ I enjoy being responsible for the success of the group.

☐ **Total**

C

- ☐ People learn easily from me.
- ☐ I normally use several books in lesson preparation.
- ☐ Being accurate and truthful are important to me.
- ☐ Criticism doesn't bother me.

☐ **Total**



D

- ☐ I like to counsel people on a short-term basis.
- ☐ People often follow my advice.
- ☐ Discouraged people are encouraged by my words.
- ☐ Other people's spiritual welfare genuinely concerns me.

☐ **Total**

E

- ☐ It's natural for me to show kindness to people.
- ☐ One-on-one relationships are important to me.
- ☐ I look for ways to help the unfortunate and downtrodden.
- ☐ I don't expect repayment for favors I do for others.

☐ **Total**

F

- ☐ I can be very persuasive.
- ☐ I want to measure everything by God's Word.
- ☐ I usually make quick decisions.
- ☐ When a question about truth comes up, I am normally right.

☐ **Total**



G

- ☐ I prefer helping others by myself rather than in a group.
- ☐ I am a task-oriented person.
- ☐ I possess a variety of talents and abilities.
- ☐ I love the challenge of accomplishing an organization goal.
- ☐ I often volunteer my time and talents to worthwhile causes.

☐ **Total**

Place a (√) in the check box on the scale, which represents how you are most of the time. Remember, this is only a self-evaluation, not an exact measure of your personality.

DEBTOR (D)

- ☐ Borrow money for major purchases.
- ☐ Expenditures exceed income.
- ☐ View money as a tool to be “leveraged”.

☐ **Total**
SAVER (S)

- ☐ Save money for major purchases.
- ☐ Income exceeds expenditures.
- ☐ View money as means of exchange to benefit others.

☐ **Total**
IMPULSIVE (I)

- ☐ Make financial decisions in-the-moment.
- ☐ Reactive rather than proactive.
- ☐ Enjoy the fruits of my labor.

☐ **Total**
PLANNER (S)

- ☐ Make financial decisions thinking about the future.
- ☐ Set goals and milestones.
- ☐ Strategic how money is managed.

☐ **Total**


AGGRESSIVE (A)

- ☐ Comfortable with investment risk.
- ☐ Pursues a variety of investment opportunities.
- ☐ Top priority - Growth/ROI.

☐ **Total**

CONSERVATIVE (C)

- ☐ Save money for major purchases.
- ☐ Income exceeds expenditures.
- ☐ View money as means of exchange to benefit others.

☐ **Total**

HOARDER (H)

- ☐ Fear financial loss.
- ☐ Rarely spend or loan money.
- ☐ Enjoy tracking and analyzing finances.

☐ **Total**

GIVER (G)

- ☐ Use money to take care of loved ones.
- ☐ Commitment-oriented.
- ☐ Driven by desire to serve others.

☐ **Total**

POVERTY CONSCIOUS (V)

- ☐ I worry about money.
- ☐ I have difficulty functioning when money is tight.
- ☐ Money gives me security.
- ☐ It matters how I appear to others.

☐ **Total**

PROSPERITY CONSCIOUS (R)

- ☐ I do not worry about money.
- ☐ I function normally when money is tight.
- ☐ I do not need money to feel security.
- ☐ I don't care how I appear to others.

☐ **Total**



ASSESSMENT KEY**Personality,** (Enter the Highest Letter in Each Category)

Introvert (I)	Extrovert (E)	Enter the <u>Letter</u> with the highest total in the box following	
Intuitive (N)	Sensing (S)	Enter the <u>Letter</u> with the highest total in the box following	
Feeling (F)	Thinking (T)	Enter the <u>Letter</u> with the highest total in the box following.	
Perceptive (P)	Judging (J)	Enter the <u>Letter</u> with the highest total in the box following.	
			 TYPE

Gifts: (Enter the Highest Letter in Each Category)

A	Giving	Enter the <u>Letter</u> with the highest total in the box following.	
B	Administration	Enter the <u>Letter</u> with the highest total in the box following.	
C	Teaching	Enter the <u>Letter</u> with the highest total in the box following.	
D	Encouragement	Enter the <u>Letter</u> with the highest total in the box following.	
E	Mercy	Enter the <u>Letter</u> with the highest total in the box following.	
F	Prophecy	Enter the <u>Letter</u> with the highest total in the box following.	
G	Serving	Enter the <u>Letter</u> with the highest total in the box following.	
			 TYPE



RECAPTURE YOUR TIME

“Simplicity is the keynote of a good life. Choose the simple things always. Life will become complicated... only if you let it be so. You can be swamped by difficulties if you let them take up too much of your time. Every difficulty can be either solved or ignored and something better substituted for it. Love the humble things of life. Reverence the simple things. Your standard must never be the world’s standard of wealth and power.”---Hazelden Foundation

It is critically important that we gain control of our time from an early age. We as parents and individuals need to take a truthful look into lessons we have learned and establish the following principles in our own lives if we have any chance of affecting our children positively in the competitive world we are bringing them up in.

Following are “MacDonald’s Laws of Un-seized Time” from the highly acclaimed *Ordering Your Private World*. If you have not read this book, it is strongly suggested that you do.

LAW #1: UNSEIZED TIME FLOWS TOWARD MY WEAKNESSES

Question, have you defined a sense of mission in your life? Are you filling a purpose with your time or a void in your life? Don’t be too quick to answer; you may not even be aware of it.

Is the clock your dictator? Your "Pusher?" Yes, Your "Pusher!" Are you overdosing on a schedule of tasks that can't possibly be met? Are you living with such an ideal that your activities keep you numb? Numb from hearing the cleansing signs of silence that are planted in your brain that if faced would actually get you to stop to smell the roses and discover why you're here to begin with? Don't blame your job or your children. Ask yourself and answer with rigorous honesty why you're doing the job you do? If you say "for your family", think again. If you were to be called to the eternal first tee today, your family wouldn't want your job back - they would want you back. Or would they?

Ask yourself, "What am I modeling to my family that is setting up their priorities? What is the eternal purpose of why I'm here? BUILD YOUR GRATITUDE LIST.



LAW #2: UNSEIZED TIME COMES UNDER THE INFLUENCE OF DOMINANT PEOPLE IN MY LIFE

Spiritual law states that God loves you and has a plan for your life. Men and women who do not have a defined sense of mission in their lives will discover that the same thing can be said about the dominating people, places and things in their lives.

Without a defined sense of mission you will run from task to task but never seeming to get it all done. Dominant people, places and things seem to beckon your call. It's like you're on a treadmill. You're going and not getting anywhere, and when tomorrow comes you get to do it all over again. You may be running more "From" some person/people, places or things than "To" them.

Creating a Personal Mission Statement: *Please take a few minutes to write down your answers to the following :*

- How do you want your life to unfold?

- What is your personal philosophy about life?

- If you could leave only one thing behind after you leave this life, what would it be?



- Name two of your unique contributions.

- What do you want to accomplish before your life is complete?

- What are you known for?

- What do you want others to say about your talents?

Now, write your own Personal Mission Statement using your answers to the preceding questions...

Personal Tag Line Example: *To Live "W-holey and Obedient*

Mission Example: *To live in a way that brings credibility and honor to God.*

Vision Example: *The purpose of my life is to use my determination, love for God and my family, my sense of humor and my desire to serve, by writing, speaking, learning, and serving both God and my fellow man so that those I come in contact with may benefit from my experience, strength, hope, and example as one who claims to be a follower of the Lord Jesus Christ.*



LAW #3: UNSEIZED TIME SURRENDERS TO THE DEMANDS OF ALL EMERGENCIES

Who are you? Have you determined what you need to be joy-filled in life? Have you *really* determined what is important to you? Charles Hummel in a small and classic booklet says it best: “*we are governed by the tyranny of the urgent.*” Those of us with any sort of responsibility will continually find ourselves surrounded by events that cry out for immediate attention.

- What is it in your life that's most important to you?

If you have not come to terms with what's most important, you will run aimlessly from task to task oppressed by the urgent. Of course you have responsibilities and want to do the best for those you love and yourself. In order to do that you don't need a schedule that can't be met. You need regular spiritual cardio training and then model the contagious joy and gratitude you are developing to those you love. That then becomes reality and drives your daily activities.

LAW #4: UNSEIZED TIME GETS INVESTED IN THINGS THAT GAIN PUBLIC AND PERSONAL ACCLAMATION

Today, we give large amounts of time to events and causes that will bring us the most gratification. We achieve these “*feel good*” experiences through our professions, positions on civic and professional boards and a big one today is through our children. We have a generation of children today screaming “*uncle*” as we teach them to push beyond their human limits, and *for what*? As Bagger said, “*Rhythm of the game like the rhythm of life. See, the trick is to find your swing. Inside each and every one of us is one true, authentic swing. Something we was born with, that's ours - and ours alone. Something that can't be taught to you or learned. Something that we was given as a gift. Over time, the world can rob us of that swing - and get buried inside us under - all our woulda's and coulda's, and shoulda's*”



It's time to begin probing yourself again...

- Do you know your *rhythm* of maximum effectiveness? ☐ Yes ☐ No
- How can you work less and make more? This can be a trick question if you haven't established "*Your Price*" in life.
 - Have you established *how much is enough*? How much is it? \$
- Explain what a "*comfortable*" financial future looks like to you?

Are you earning to equal your time commitment, or are you just busy all the time?

☐ Making Money ☐ Busy ☐ Both

Do you think you could be filling a *personal void* with your busyness? ☐ Yes ☐ No

Do your volunteer activities meet a real need that people respond to? In other words, are your efforts bearing fruit? ☐ Yes ☐ No

If you have children, is the time you spend with them more important to...

☐ Children ☐ You ☐ Both ☐ Neither

This next question is going to be very bold and will require deep and honest searching.

Were you an occasional drug user when you were younger? Is there a family history of alcohol, drug, gambling, or anger abuse, etc.? If you are "out of time" today, do you think your busyness has a numbing component to prevent you from feeling? Regular "burn-out" is also a sign of this. ☐ Yes ☐ No



Slowly read the following parody to the 23rd Psalm

*The clock is my dictator, I shall not rest.
It makes me lay down only when exhausted.
It leads me to deep depression and burnout.
It hounds my soul.
It leads me in circles of frenzy for activities sake.
Even though I run from task to task,
I will never get it all done, for my ideal is with me.
Deadlines and my need for approval...they drive me.
They demand performance from me beyond the limits of my schedule.
They anoint my head with migraines.
My in-basket and e-mail overflow.
Surely fatigue and pressure will follow me all the days of my life.
And I will dwell in the bonds of frustration forever.*

Let's Begin Taking A Close Look At Ourselves Starting With How We Use Our Time!

Most of us falter at the prospect of making an honest personal assessment *especially when it comes to taking a look at how we use our time and money*. We know the process will find us out and most of us run or dig in with unmovable rational. Maybe you're doing that right now. Try to hang in!

A man without a plan who is out of touch with God is out of place. A man who is incapable of coming to the truth about himself is a mere caricature. As the fish was made for water, man was made by God - for God and God is Love and Truth.

Man must be ruled by God or he will be enslaved by tyrants! One of the fiercest tyrants that keep us enslaved today is “denial”, but “re-capturing our time” is something we must come to grips with.

Following is a “*Weekly Time Allocation Model*” to be used as an example. You will see the hours allotted to “work” are in red graphing. There have been 60.4 hours per week allowed and this is the **only** flexible time of the week. On the next page is a grid for evaluation of your typical week and the next pages is for your current development and life balance.



WEEKLY TIME BUDGET



	Hourly Allocation		
Meditation	20	Sleep	56
Self	10	Family	20
Exercise	10	Work	50

AM	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
PM							
12:00							
1:00							
2:00							
3:00							
4:00							
5:00							
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							

Notes



APPLICATION STAGE



- **Return To God's Original Design for the Human Race**

What Is A Hard Reset?

*"Do not conform to the pattern of this world; be **'transformed'** by the renewing of your mind."*

Paul on the Road to Damascus

"In the Beginning..." God's Original Intent for the Human Race

- **Another Person Will Be KEY Going Forward**

"Choosing" a Caddie / Confidant for Playing the Game of Life

"Confidence" in Choosing a Caddie / Confidant

"Confession" in the Player Caddie / Confidant Relationship

"Continuance" - The "Ace" In the Hole

- **Admit - Accept – COMMIT - Focus**

"COMMITMENT" Is the Bridge between **"Thought"** and **"Accomplishment"**

Discover a Life-changing Humility through **Fruitful** Outreach and Sharing Your Purpose

- **The Importance of the Gratitude List**

"GRATITUDE" Unlocks the **FULLNESS** of Life

Develop a **"PROSPERITY CONSCIOUSNESS"** Through Philippians 4:12 & 13

- **Uploading the New Data Through Mental and Spiritual Training**

"Seek through prayer and meditation to improve your conscious contact with God..."

Journaling and Identifying Patterns Training

- **PLAYING THE COURSE of LIFE**

Spiritual Reflex Training

Living Present and Living Patient Training

F.O.R.E. Fellowship Offers **R**efuge and **E**ncouragement





Caution!

You Are About To Enter

The KNOW Sin Zone™

*“Elijah came near to all the people and said, ‘How long will you hesitate between two opinions? If the LORD is God, **FOLLOW HIM**’;...” 1 Kings 18:21*



STEP ONE - "WHOSE" ARE YOU?

What Is Your Legacy?

Two men were flying on the same plane. One was a famous humanist, a naturalist, the other a famous rabbi. Both of them were flying with their sons. The humanist's son was very disrespectful toward his father whereas the rabbi's son was kind and attentive, waiting on his father and anticipating his father's every need and request. As his son derided him, at last the humanist could tolerate it no longer and he asked the rabbi, *"What's the difference between us that your son treats you with such respect and mine treats me with such disrespect?"* The rabbi explained, *"I am one generation older than my son. That means that I am one generation closer to Adam, the first man, the original creation made in the image of God. So my son respects me because I am closer to the original model of the image of God than he is. But you say you don't really take God seriously and that it's possible that people could have evolved from apes, therefore, to your son, you are one generation closer to an ape than he is, so why should he respect you?"*

Our legacy's come from our heritage, validity and integrity and when we look at scripture we see that is exactly where Satan tempted Jesus.

- First **"His Heritage"**, when Satan said to Jesus, *"If you are the Son of God, tell these stones to become bread."* Jesus answered, *"It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"*
- Second **"His Validity"**, Satan said, *"If you are the Son of God, throw yourself down. For it is written: He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone."* Jesus answered him, *"It is also written: Do not put the Lord your God to the test."*
- Third **"His Integrity"**, Once again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. *"All this I will give you,"* he said, *"if you will bow down and worship me."* Jesus said to him, *"Away from me, Satan! For it is written: Worship the Lord your God, and serve him only."*

You were created by God and for God. You are His perfect creation with talents and gifts to be used for His glory. No matter where life has taken you or where your life may be, it is critical that you understand God knew this long before you were born, yet he created you anyway because He has a purpose for your life that only you can fulfill.



Meditate on the following questions...

“WHOSE” are you? Who or What is the god of your understanding? GIVE THIS A GREAT DEAL OF TIME AND RIQOROUS HONESTY. Have your accountability review your answer before you go on to the next question. **Your answer is not to be the catechism’s definition.**

Why do you believe what you do? Give much thought to that Powerful parent or the parent who abandoned you or was missing physically or emotionally?

Think back over your life to “Coincidences”, “Something Told Me’s”..., “Somebody’s Watching Over Me”, “Strangest Thing Happened”, *Dreams That Came True* etc. God may speak to you in a special way.



STEP TWO - “WHO” ARE YOU?

Your mind is one of the greatest gifts God has given you and it ought to be devoted entirely to Him. Your mind is the greatest asset you have and by accepting “Who You Are” not as the world sees you – but as God sees you, **you will begin to see that your thoughts are from God,** and your mind will no longer be at the mercy of your self-absorbed thinking, **and will always be used in service to God.** It seems almost too simple to be true, but acceptance -- accepting things exactly as they are -- will be the key that unlocks the door to Joy, Serenity and Success in your life.

*You are who you are for a reason.
You're part of an intricate plan.
You're a precious and perfect unique design,
Called God's special woman or man.*

*You look like you look for a reason.
Our God made no mistake.
He knit you together within the womb.
You're just what He wanted to make.*

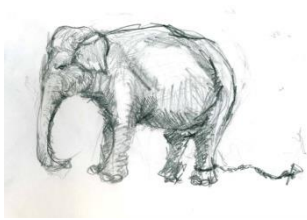
*The parents you had were the ones He chose,
And no matter how you may feel,
They were custom-designed with God's plan in mind,
And they bear the Master's seal.
The problems you face are not easy.
And God weeps that it hurts you so;
But it is allowed to shape your heart
So that into His likeness you will grow.*

*You are who you are for a reason,
You've been formed by the Master's rod.
You are who you are, beloved,
Because there is a God!*

By: Russell Kelfer



Is A Champion Born or Made?



When an elephant is born as part of its training process a chain is wrapped around its hind leg and the chain is then attached to a stake driven into the ground. This maneuver trains the elephant so that when it is fully grown and it is tied to that stake it will not move. The purpose of this training is so “the elephant never forgets”. Fact is the elephant doesn’t realize if it wanted to it could pull that stake out of the ground with a sneeze. The stake has absolutely no power over it.

Many of us have much in common with the elephant. There are things from our past lives that have trained our thinking to grip life in such a way that today causes us to stray off our “Target”, yet these things have absolutely no power over us any longer, but like the elephant we have been trained to never forget.

In golf as it will be in life we will find that when we relax our grip, adjust our stance and realign ourselves by forgetting what is behind us and align our lives to the purpose which God created us for in His image and live by His design, our Power and Control in both games will increase dramatically.

We have all heard of someone who has had a near death experience. Maybe you have actually experienced one. Unfortunately, too many people are going through their lives having had a “*near life*” experience because they continue to prevent digging out of the dirt that which prevents them from feeling the freeing pain God gives them for helping others and truly experiencing life.

Oswald Chambers writes, “*Self-awareness is the first thing that will upset the ‘completeness’ in our lives. Self-awareness will continue to produce a sense of entitlement, struggling and turmoil in our lives. Self-awareness will slowly but surely awaken self-pity and excuse making for our performance leading us to desperation.*” This ends up being the demise of not only many an athlete but people in everyday life.

Champions do not live in their heads; rather they persevere, and allow perseverance to finish its work in them so that they may be mature and complete – lacking in nothing.

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.” -Romans 12:2



Notes

Lined area for notes, consisting of multiple horizontal lines.



Overview – COMBINE WITH INSPIRATION

In that day those being crucified would use their legs to hoist themselves up to ease their suffocation and delay death. ***“But when they came to Jesus and found that he was already dead, they did not break his legs.”***

Today we hear and read a barrage of information and theories about living lives of purpose and this topic is obviously being sought by many. Unfortunately, most people are seeking to find purpose while they continue to hoist up their earthly lives while trying to have it both ways which encapsulates the total purpose of The KNOW Sin Zone™.

Christ was born with one purpose and one purpose only – TO DIE, that’s why his legs did not have to be broken. Many followers of Christ who have been so-called “born again,” quote **2 Corinthians 5:17** which tells us *“we are new creations after being born again.”* So we microwave ourselves “saved” and bluntly go on doing whatever we please. The problem with microwaving is what comes out hot turn’s cold real fast. On the other hand, in the Apostle Paul’s letter to the Galatians he writes, *“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”*

In order to be “crucified in Christ” and truly be “born again,” we must stop hoisting ourselves up by holding on to those Strongholds/Character Defects in our lives that deceives us into believing we can have it both ways.

The KNOW Sin Zone™ - COORDINATE ALL WRITINGS

The KNOW Sin Zone™ is a practical theological approach to understanding the Christian life and understanding how it applies to everyday life. Practical theology, as its name implies is, *“the study of theology in a way that is intended to make it useful or applicable”*. Another way of saying it is, *“it is the study of theology so that it can be relevant to everyday life”*.

The KNOW Sin Zone™ is where those of us who live with a “God-Consciousness” of varying degrees, choose to play life while flirting with the out of bounds markers – attempting to “Have It Both Ways”. Its living “SEPARATED”⁴ from God while we function as the centers of our own created universe. However, since we were created to be totally dependent on God, we instinctively seek to close up that separation from God through “Dependencies” “Character Defects” “Strongholds” and other “Temporal Substances” as the Bible refers to them in a

⁴ Sin is defined in the catechism as *“Separation from God.”*



desperate attempt consciously or unconsciously to “Cover-up” for the shame we consciously or unconsciously live with.

Upon entering The KNOW Sin Zone™, you will determine just:

- "Whose" you are. Are you a creation of an "Intelligent Design", or have you simply evolved as a result of scientific progression?
- “Who” you are
- “What” do you believe
- “Why” do you believe what you believe

Those who live in The KNOW Sin Zone™ claim to be seeking happiness. What they don't realize is happiness is a sort of atmosphere (or high if you will) they can "exist" in for a while. However, happiness requires more and more of itself in order to continue perpetrating their cover-up and defense of their intoxicated on "self". Joy on the other hand is a step beyond happiness. Joy is a "Light" that fills you with hope, faith and love. Happiness is attached to externals and seems to ebb and flow as circumstances and whims come and go. Joy is a constant since it is tethered to our hearts by Spirit and Gratitude. *"The JOY of the Lord is my strength."* -**Nehemiah 8:10**. If your life is producing a whine instead of wine, you must ruthlessly kick it out. It is a crime for a person to be weak in God's strength. Those living in The KNOW Sin Zone™ are on a high when life is good, yet as time goes on the feeling that "Something" is missing gnaws at them and deceives them by getting them deeper into their cover-up by believing they are "entitled" to "more" of the good life they have adopted in order to maintain the level their *separation* needs in order to satisfy their innate need for "Whole-y-ness". Their enslavement to "Knowledge" and "Reason" traps them into a downward spiral of quiet desperation, chronic un-fulfillment, blame and discouragement. Underneath it all is a deep-seeded fear and anxiety deceptively disguised as a self-protective confidence as they desperately try to hide from who they really are. But as the saying goes, *"Mirror, mirror on the wall, the mirror isn't on the wall at all. The reflection I see comes deep from within me."*

"Reason and Rationalization" are secondary tumors that have metastasized from the primary tumor "KNOWLEDGE" described by God as "sure death". Isn't it interesting how many of those who live in The KNOW Sin Zone™ are of the opinion the bible is out of



date, nice story, opium for the masses? Yet, at creation the Lord God forbid us to eat of just one thing..."*The Tree of KNOWLEDGE*", yet today we overdose on it. How ironically accurate this out of date this book is actually proving to be at a time where we are experiencing an opioid epidemic by the masses. It appears "*Reason and Rationalization*" has slowly broke us down and drained the **Life** out of us. The antidote – Jesus Christ. A life rooted in Christ surrenders "*Reason and Rationalization*" daily as we live in a state of humble remission. A life rooted in Jesus Christ doesn't mean one needs to be a fanatic of sorts and it certainly doesn't mean a man needs to surrender his masculinity. A life in Christ looks very similar to the reverence a golfer holds for the game. They play with an uncompromising honesty, commitment and well-founded humility unparalleled by any other sport.

In the book [The Bondage of the Will] an excerpt from Martin Luther's writings speaks to "*Knowledge/Reason*" as follows: "*The Holy Spirit is no Skeptic, and the thing it has written on our hearts are not doubts or opinions – but assertions, surer and more certain than the sense of life itself. Luther's unflagging polemic against the abuse of knowledge/reason is aimed only at the ideal of rational autonomy and self-sufficiency – the ideal of philosophers and scholastic theologians, to find out and know God by the use of their own knowledge and self-convenient unaided reason.*"

It was in her capacity as the prompter and agent of 'natural' theology that Mistresses Knowledge and Reason were in Luther's eyes the Devil's prostitutes; for natural theology is, he held, blasphemous in principle, and bankrupt in practice. It is blasphemous in principle, because it seeks to snatch from God a knowledge of Himself which is not His gift, but man's achievement – a triumph of human brain-power; thus it would feed man's pride, and exalt him above his Creator, as one who could know God at pleasure, whether or not God willed to be known by him. Thus natural theology appears as one more attempt on man's part to implement the program which he espoused in his original sin to deny his creature-hood, and defy himself, and deal with God henceforth on an independent footing. But natural theology is bankrupt in practice; for it never brings its devotees to God; instead it leaves them stranded in a quaking morass of insubstantial speculation."

"Man's part therefore, is to humble his proud mind, to renounce the sinful self-sufficiency which prompts him to treat himself as the measure of all things, to confess the blindness of his corrupt heart, and thankfully to receive the enlightening Word of God. Man



is by nature completely unable to know God as to please God; let him face the fact – and admit it.”ⁱ

As those who seek the full and complete satisfaction of serving God while enjoying all the pleasures of the world find themselves wandering aimlessly in **The KNOW Sin Zone™**, they continue trying one thing after another seeking the “*Something*” that is missing in their lives which they really have never identified. They can be dying inside, yet on the outside they appear to “have it all.” Around the club we call this the, “Fernando Lamas Syndrome - when someone would much rather look marvelous than feel marvelous.”

Man was not made to serve both God and “*Mammon.*”ⁱⁱ It is impossible to serve both God and the world. **IT IS NOT POSSIBLE FOR DARKNESS TO EVER COMPLETELY SHUT OUT THE LIGHT.** We were not created to claim the rewards of both. **Putting God first means we must be prepared to sometimes stand apart from the world.** You cannot always turn to the world and expect all the rewards which life has to offer. If you are trying sincerely to serve God, you will have other and greater rewards than the world has to offer. This does not mean one must turn fanatical, self-righteous or go around trying to convert everyone they meet. Of critical importance it doesn't mean a man has to give up his masculinity. **It means one has found the courage to dig down deep into their being and has faced and now “KNOWS” the glaring character defects that push them into their dependent behaviors which afforded them comfort and dominance in their fraudulent kingdoms.** This “God-knowledge” is the freeing knowledge given to us by Christ on the cross. It leads one to a humble, gracious, credible and authentic life.ⁱⁱⁱ

Upon discovering they are clinging to strongholds that they will not let go, they must sincerely ask God to help them to be willing to let those go. They cannot divide their lives into compartments keeping some for themselves and some for God. They must give it ALL to God saying, *My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to You and others.*”

The laws of nature cannot be changed - they must be obeyed. No exceptions will be made in any case. **We either submit to the laws of nature or they will eventually break us.** When this happens and depending on our current condition, we will either accept our broken condition or we will impose it on others in an attempt to break them by keeping the focus away



from ourselves. Those who are so enslaved in self-will, cleverly yet cowardly impose their brokenness on others.

These are mostly people who are constitutionally incapable of being honest since their fraudulent lifestyles have become their desperate attempt at survival. However, as they continue their cover up and continue to break the laws of honesty, purity, unselfishness, and love, they will eventually spiral down to a point of no return being left abandoned, angry, bitter and alone. The moral and spiritual laws of God, like the laws of nature, are unbreakable without some disaster. If we are dishonest, impure, selfish, and unloving, we will not be living according to the laws of the spirit, eventually we will suffer the consequences and the more intellectually arrogant one is the harder they are doomed to fall. **No one beats the rhythm of this life since the laws of nature respects no one who lives in their breach.**

Their pain eventually becomes so chronic that they find themselves suffering physically, emotionally, spiritually socially and financially. Those who achieved financial success tend to suffer more intensely from those who find themselves in poverty, since financial success typically was a form of their power and usually the way they controlled and manipulated others. The intellectual component of their life now becomes their bankruptcy leaving them insufficiently funded deep in the depths of **The KNOW Sin Zone™**.

Rigorously identifying one's character defects and the various salves used to cover up these defects is the manner in which one can hope to narrow the separation between God's original design for humanity and sin itself. Once this identification is made the best we can hope for is a consciously repentant self which keeps us on noticed to the fact that we are flawed and humbly aware that without the person on Jesus Christ we would be living in eternal abandon.

Unfortunately, at the creation we as humans failed Satan's test and took on a worship of **"self independence,"** separating ourselves from our total dependence on God which was His design for us. Our eyes may have been opened but we were lost, abandoned and petrified. So much that we covered ourselves up and our cover-up goes on to this day. The deception of independence was just that - a deception.

The proof of our blindness and enslavement to earthly treasures lies in the naive certainty that we often display where we can serve God on Sunday and mammon on Monday through Saturday and that God will accept this; as if, we can work out a compromise. However, Jesus said, *"you cannot serve both God and mammon"*. What Jesus is saying is that these are absolutes. There is no means between two opposites. If the material outlook controls us,



then we are really godless, even though we talk about God all the time. I know there are many among us who would decry what we call "*atheistic materialism*," but what Jesus is saying is that there is something even worse. It is the materialism that thinks it is godly! In the letter to the church at Laodicea he reminded them of this, "*They were lukewarm*", he said, "*neither hot nor cold.*" They were saying, "*We are rich and increased with goods and have need of nothing,*" and Jesus said, "*You do not know that you are wretched, pitiable, poor, blind, and naked,*". This is the materialism that thinks that it is godly.

So the consummate question here is not "*What do you confess?*" but, "*Whom do you serve?*" **It is either God or mammon, it cannot be both.** Everyone today -- is either serving God or serving mammon. We are not doing both. We cannot do both, that is the point that Jesus makes.

Let's take a look at where you stand as you identify your strongholds by taking The Mammon Test.

Notes



THE HARD RE-SET

What Does A Hard Re-Set Look Like?

Let's begin by defining a "Hard Re-Set" as it would be defined in today's technology terms.

A hard re-set, also known as a factory re-set or master reset, is the restoration of a device to the state it was in when it left the factory. All settings, applications and data added by the user are removed.

Now let's define a hard re-set and how it is defined here at the club.

A hard re-set, also known as a creation or "Re-Set by the Master," is the restoration of a person to the "Image of the Master Creator." "The old has gone, the new is here!"

Let's look at two passages of scripture very practically and see if you can identify a pattern.

Genesis 3:1-24	The KNOW Sin Zone™ (As you read thru these two passages, carry over the "Strongholds" that were identified.)	Acts 9:43
3 Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?" ²The woman said to the serpent, "We may eat fruit from the trees in the garden, ³but God did say, 'You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.'" ⁴"You will not certainly die," the serpent said to the woman. ⁵"For God knows that when you eat from it <u>your eyes will be opened</u>, and you will be like God, knowing good and evil."	↓	9 Meanwhile, Saul was still breathing out murderous threats against the Lord's disciples. He went to the high priest ²and asked him for letters to the synagogues in Damascus, so that if he found any there who belonged to the Way, whether men or women, he might take them as prisoners to Jerusalem. ³As he neared Damascus on his journey, suddenly a light from heaven flashed around him. ⁴He fell to the ground and heard a voice say to him, "<i>Saul, Saul, why do you persecute me?</i>" ⁵"Who are you, Lord?" Saul asked. "<i>I am Jesus, whom you are persecuting,</i>" he replied. ⁶"<i>Now get up and go into the city, and you will be told what you must do.</i>" ⁷The men traveling with Saul stood there speechless; they heard the sound but did not see anyone. ⁸Saul got up from the ground, <u>but when he opened his eyes he could see nothing.</u>



What Are We Trying To Accomplish Through A Hard Re-Set

1. Help you discover, establish and/or rekindle a conscious relationship with a Power “*GREATER*” than YOU.
2. To provide a design for living - that can help you be joyful, comfortable, and at ease, living an enjoyable life of purpose.
3. You will be going on fact-finding mission searching for “*causes and conditions.*”
4. You will uncover the truth about yourself.
5. Your goal is to discover the attitudes, thoughts, beliefs, fears, actions, behaviors, and the behavior patterns - that have been blocking your capacity to receive and live the abundant life God has designed specifically for you.
6. You will come to “KNOW” the exact nature your “*character defects*” and what causes us to do the unacceptable things you do and seem to be powerless over, so that once they are removed you can acquire and live with new attitudes, thoughts, beliefs, actions and behaviors for your highest good, and for the highest good of those with whom you come in contact. This process will prepare you to live a life of purpose where you will be in maximum fit condition to be of service to others.
7. By going through this inventory process and “KNOWING” the exact nature of your wrongs. You will be able to recognize when you might be slipping into your old ways that can be heading you to new and more intense problems.
8. If you doubt that you have any character defects that are blocking the full flow of God’s grace -- just think back to the last time that you felt restless, irritable and discontented. Remember when you got angry - with yourself or with another person. Remember the last time you were disturbed. Remember the last time you had a problem or troubles. The last time you felt uncomfortable and not *at-ease* in a situation. What was it? Who was it with? What happened?

Instructions:

1. There are four parts to the following inventory. They are to be taken in the precise order as numbered below:
 - Resentments
 - Fears



- Sex Conduct
 - Harms To Others
2. Complete the four different Inventory sheets that have been provided to you. Follow the instructions on each of the sheets. Use additional sheets of paper when necessary. DO NOT complete the columns left to right -- they should be completed from TOP to BOTTOM in each column, before going to the next column. In this inventory you are searching for your most glaring defects.
 3. Naturally, there will come to mind additional things that you will feel that you should have included that were left out. Don't worry about it, you will the rest of your life to revisit the inventory.

Notes, Definitions and Instructions -- continued.

- **Self Esteem** - How I think of myself.
- **Pride** - How I think others view me.
- **Pocketbook** - Basic desire for money, property, possessions, etc.
- **Personal Relations** - Our relations with other people.
- **Emotional Security** - General sense of emotional wellbeing.
- **Sex Relations** - Basic drive for sexual intimacy.
- **Selfish, self-centered, egotistical** - *"It's about me!"*
- **Ambitions** - Your goals, plans and designs for the future. Ambition deals with the things that *you want – but do not necessarily need*. In examining your ambitions notice that you have the following types:
 - **Emotional ambitions**. Our ambitions for Emotional Security. Our "feelings".
 - **Material ambitions** - Our ambitions for "Our pocketbook." Our ambitions towards physical and financial well-being.
 - **Social ambitions** - Our "place or position in the herd." Our ambitions of how others view us. Our ambitions towards what people think about us.
 - **Sexual ambitions** - Refers to ambitions for sex relations. Does this really need a definition?

Time To Enter The KNOW Sin Zone™



RESENTMENTS

When dealing with resentments putting pencil to paper has proven to be most effective.

1. Ask yourself why you are holding on to the anger you have? Complete column 1 then 2 from top to bottom.
2. On our grudge list we set opposite each name our injuries. Was it our self-esteem, our security, our ambitions, our personal, or sex relations, which had been interfered with? Place an (x) in the appropriate boxes in column 3.
3. Complete each column within column 3 from top to bottom. Starting with Self-Esteem and finishing with Sex Relations.
4. Column 4 is without question the key column to clearing the resentments that block the flow of God's grace in your life. In order for you to put out of your mind the wrongs others had done, you must come to KNOW those character defects within you that contributed to the wrongs, where you may have been selfish, dishonest, self-seeking, fearful and manipulative. Mature wisdom will show while the situation had not been entirely our fault, if you're rigorously honest with yourself, you will admit the signs or risks were evident. This inventory is for you and for your peace and freedom - not the other person, place or thing.



Handwriting practice lines consisting of 30 horizontal yellow lines.



FEARS

1. We now take a searching and fearless look into our fears. As with our resentments we must put pencil to paper even if no resentment may be connected with them. Complete column 1 from top to bottom. Do nothing with column 2, 3, 4, 5, until column 1 has been completed.
2. Its now time to begin coming to “KNOW” why we are a fearful person and why we have the fears we do. Sure our mother or father may have been nervous and fearful and you have adopted the same habit. But it’s just that - A Habit. You can break it and re-shape your thinking if you choose to. However, in order to do this, you **must** be fearless as you search yourself. REMEMBER, this is YOUR inventory. Not your mother or father’s, not some incident or experience. Complete column 2 from top to bottom. Do nothing with column 3, 4, & 5, until column 2 has been completed.
3. Which part of “Self” have I been relying on that is failing me. *“God helps those who help themselves.”* Who the heck came up with that one? Certainly not God and it cannot be found in the bible. Self-reliance may be helpful to a degree. Some of us once had great self-confidence, but it didn’t fully solve the fear problem. Complete each column within column 3 from top to bottom. Do nothing with column 4 until column 3 has been completed.
4. Column 4: What part of self does our fear affect?
5. Column 5: It’s now time to turn to God and ask Him to remove our fear and direct our attention to what He would have us be. Fear has been referred to as False Evidence Appearing Real. Look back from the outcome to the beginning of some of your fears and see how different they look from the outside looking in. The evil in life sets up illusions False Evidence which Appears Real. Fear is a form of terror looking to isolate us and take us off our games. The antidote for “isolation” is “insulation” with the word of God.



NOTES:

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SEX CONDUCT

You may be wondering what this topic would have to do with the inventory. Our research has revealed that as spiritual beings, sexual conduct outside of marriage either pre-marriage or extra-marital depletes ones spirit. Then as the storms of life hit our fragmented condition finds less than a whole person who is able to deal with what life may send our way. Taking a searching *and THOROUGH* look at this part of our lives is critical to bringing us back to wholeness or *Wholey-ness* as we like to refer to it.

1. We reviewed our own conduct over the years past. Complete column 1 from top to bottom. Do nothing with column 2, 3, 4, 5, 6, until column 1 has been completed.
2. What did we do? This doesn't necessarily mean physical contact with another person. *BE THOROUGH* – ask the Spirit to guide you and you will come to terms. Complete column 2 from top to bottom. Do nothing with column 3, 4, 5, 6, until column 2 has been completed.
3. We list the exact nature of our shortcomings. Complete column 3 from top to bottom. Do nothing with column 4, 5, 6, until column 3 has been completed. Remember, we're looking for the **“EXACT”** nature of our shortcomings. Oh, we all know them, they're those things we drown out with the noise and busyness of life.
4. Who did I harm? (Complete column 5 from top to bottom. Do nothing with column 6, until column 5 has been completed).



NOTES:

Lined area for notes, consisting of multiple horizontal lines.



PEOPLE WE HAVE HARMED

Who Did I Harm? What did I do - or fail to do? Which part of "self" caused the harm? What is the EXACT nature of my wrongs, faults, mistakes, defects? You must fearlessly search. The answers are there - You Know Them, you've been drowning them out with today's epidemic - BUSYNESS.

We all have our secrets we try to keep to ourselves. Trying to avoid the humbling experience of this inventory, we may try to take a softer, easier way. THIS INVENTORY IS ABOUT YOUR FREEDOM - not to get those you have harmed to like you. If you decide to hang on to some of your biggest secrets and continue the cover up, you will live AND DIE in a terminal state of bondage.

May you receive a Spirit of courage!



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NOTES:

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Yellow rectangular box for additional notes or a signature.

Yellow horizontal line for additional notes or a signature.



THE AMENDS PROCESS

Let's begin taking a look at the Amends Process. There are distinct differences between giving someone an apology and making amends with them. An apology is like putting a band aid on a wound; it covers the source of the pain until it eventually disappears. Making an amends on the other hand is the best way to reconnect with the people who have been deeply hurt as a result of your actions. People who have made reckless decisions cannot magically undo the pain and often irreversible heartache that they have caused by issuing a simple apology. In most cases, your victim will need a much more prolific and profound interaction with you before any attempt at reconciliation can be made. However, making an honest and humble amends is an important step toward rectifying a broken relationship. This is why The Daily Wrap Up is so important for keeping you aware and and you KNOW when you are acting in a way that has be harmful to another person and you can get yourself back to proper focus and make an amends before things get too out of hand.

The Importance of making an amends is it helps to flush your system spiritually. Making amends is an integral part of personal growth and healing. It is imperative to make amends with those people whom you have wronged. Making amends with somebody you have wronged is not intended to make them like or forgive you. Making an amends is for your benefit. You should only make an amends when you truly understand the situation and when you feel a sincere call for atonement. For, it is with this momentous step that you alone are able to bring closure to shattered relationships. They key word is "closure". Making an amends may not bring you forgiveness but it will bring closure leading you to a new found freedom in your life.

Let's take a look at the various types of amends.

Direct Amends: When making a Direct Amends we deal directly with the person we have harmed by taking personal responsibility for our actions. Be careful however. Be sure to discuss this with your accountability first. Be careful as to how you take responsibility and own your actions. Never make promises with an amends. Remember the amends is to clean your slate not to get the other person to like you again. Chances are if a person you've harmed is going to forgive you they will do so without an amends. Then there are those with such pent-up resentment that there is nothing you can ever do to get their forgiveness. A Direct Amends



might sound something like the following.

"At the time my judgment was clouded and I hurt you (and others if applicable). The truth is I was trying to help people because I wanted to be somebody and instead I hurt the exact people I was trying to help. I sincerely apology more than I can express."

Indirect Amends: is the process of showing humility to amend something that cannot be undone. For instance, if a crime in the past or some other error(s) in judgment prohibits you from being able to directly approach the harmed party(s) you have offended, the amends can be made indirectly. This is done by making a lifelong commitment to an outreach that reaches out to others who may be struggling with the same character defects and strongholds that you now recover from. The perfect example of this was St. Paul who went from persecuting Christians to becoming one of the greatest ambassadors for Christ in history. If you've made a fearless and searching journey to The KNOW Sin Zone you know where your life's focus needs to be.

Living Amends: Forgiving yourself is critical for keeping you from guilt and shame. Finally, a Living Amends is an assurance to yourself that you have come to KNOW your strongholds and defects and have made a genuine lifestyle change. Your assurance comes from the accountability you now keep along with the balanced life you now live which includes service to others stemming from those strongholds and defects. Making a living amends to yourself is critical to your assurance from self-sabotage during times of living in life's valleys.



Meditation Exercises

Exercise 1: Take a book, any book, and count the words in any one paragraph. Then, count them again, to be sure that you have counted them correctly. After a few times, do so with two paragraphs. When this becomes easy, count the words of a whole page. Do the counting mentally and only with your eyes, without pointing your finger at each word.

Exercise 2: Count backwards in your mind, from one hundred to one.

Exercise 3: Count in your mind from one hundred to one, skipping each three numbers, that is 100, 97, 94, etc.

Exercise 4: Choose an inspiring word, or just a simple sound, and repeat it silently in your mind for five minutes. When your mind can concentrate more easily, try to reach ten minutes of uninterrupted concentration.

Exercise 5: Take a fruit, an apple, orange, banana or any other fruit, and hold it in your hands. Examine the fruit from all its sides, while keeping your whole attention focused on it. Do not let yourself be carried away by irrelevant thoughts that might arise, or thoughts about the grocery where you bought the fruit, how and where it was grown, its nutritive value, etc. Stay calm, ignoring, and showing no interest in these thoughts. Just look at the fruit, focus your attention on it without thinking about anything else, and examine its shape, smell, taste and the sensation it gives you when you touch it.

Exercise 6: This is the same as exercise number 5, only that this time you visualize the fruit, instead of looking at it. Start, by looking at the fruit and examining it for about 2 minutes, just as you did in exercise number 5. Then close your eyes, and try to see, smell, taste and touch the fruit in your imagination. Try to see a clear and well defined image. If the image becomes blurred, open your eyes, look at the fruit for a short while, and then close your eyes and continue the exercise. You may imagine holding the fruit in your hands, as in the previous exercise, or imagine it standing on a table.



Exercise 7: Take a small simple object such as a spoon, a fork, or a glass. Concentrate on one of these objects. Watch the object from all sides without any verbalization, that is, with no words in your mind. Just watch the object without thinking with words about it.

Exercise 8: After becoming proficient with the above exercises, you may try this exercise. Draw on a piece of paper a small triangle, square or a circle, about three inches in size, and paint it with any color you wish. Put the paper with the drawing in front of you, and concentrate your whole attention on the shape you have drawn. For now, only the drawing exists for you, with no unrelated thoughts or distractions. Keep your attention on the drawing, and avoid thinking about anything else. Be careful not to strain your eyes.

Exercise 9: The same as number 8, only this time visualize the figure with the eyes closed. As before, if you forget how the figure looks like, open your eyes for a few seconds and watch the figure and then close your eyes and continue with the exercise.

Exercise 10: The same as above in number 9 but the eyes open.

Exercise 11: Try for at least five minutes, to stay without thoughts. Do this exercise, only after you have practiced all the previous ones successfully. If you practiced the preceding exercises correctly, you will be able to impose silence on your thoughts, even if this is at first, just for a short while.

Uploading The New Data

Choose or compose a positive affirmation or scripture verse. (Following are some affirmations. These should be combined with a daily devotional and praise and worship music.) Sit in a chair with your feet on the floor. Pick an object out in front of you and focus on it. For the first 5 minutes breathe in through your nose and out your mouth letting your mind quiet. Recite the affirmation or scripture verse 3 to 5 times then breathe. Continue this for 20 minutes. Wrap up the last 5 minutes just breathing. This exercise can also be made up of just prayer or a combination of both and can be done in mini versions as many times during the day as needed. Let the Spirit lead you. During times of extreme anxiety you may need to recline in order to fully relax.



STEP THREE - ANOTHER PERSON IS YOUR KEY TO SUCCESS

“Plans fail for lack of counsel, but with many advisers they succeed”.

-Proverbs 15:22

In the game of life as in all games we must overcome an opponent in order to win. In life, that opponent is Satan. Satan is a very formidable opponent and his game plan focuses on your weakness. Remember, he convinced us we can be like God. Before he can bring you down he must isolate you. His cards are on the table. After all, when he defeated Adam and Eve, didn't they go and hide?

We're told from our young teens and maybe even earlier to stand on our own two feet and become independent, aren't we? But let me ask you. Wouldn't you be able to go through life more focused on winning the game and more peaceful if you had someone helping you carry your life's baggage that clubs you over the head right at the times when you need it least? It's proven that a person is more successful at dieting, exercising, giving up smoking or other substances, if they are accountable to someone else. While there are exceptions to the rule, it's a hard one to argue. The Recovery Movement which began in this country in the mid 1930's and has gone on to be the most successful program in the world at bringing people back to life and helping them win the game is only successful with at least one other person.

If you know anything about selecting a caddie, a golfer will select a caddie the same way a relationship begins in everyday life. How many of us married the first person we had a crush on or still have that first best friend we had as a child? Environments changed and we met new friends as time went by. As we matured, we had to get out of our comfort zones before we met new people.

I will guarantee you that Tiger Woods, Jack Nicklaus, Lee Trevino, Sam Snead, Arnold Palmer or any of the greats in the game who played in intense competition day-in and day-out would not have been nearly as successful and could never have held up under the pressure alone. Yet, how many of us play the game of life in this competitive environment day-in and day-out by grinding our teeth and letting things churn in our guts? The only things we really accomplish are that our relationships suffer more, or we choose to work harder numbing our feelings even more, or we just do it the old fashioned way and drink excessively or use hard drugs socially.



The same strategy holds true in beginning an accountability relationship. It begins by getting out of your comfort zone. Go to that men's or women's group in your church, go on a retreat weekend, or get out into the Christian community and meet new friends. Observe the fruits in the people's lives you meet and see if you get wisdom from them that maybe you didn't have before. Or maybe they're just the opposite, and it will be great to get another point of view when sorting through things as you play the game.

Most people who are truly winning at the game of life and are enjoying a serene lifestyle, owe that serenity to the fact that someone took a special interest in them and was willing to share the gift of themselves with them. Accountability with another should be welcomed and accepted as an opportunity to bridge personal experiences and deepen the satisfaction that comes from working with others. There is no better way to experience God's amazing grace than through helping others...unconditionally.

When Jesus came, He promised; *"For where two or three gather in my name, there am I with them."* Keeping that person you are accountable to close to you will allow you to be "insulated" rather than being "isolated" when Ole Slick mounts his charge.

Choosing a Caddie for Playing the Game of Life

First, we will look at the need of an accountability relationship. Second, we will look at the dilemma of why most of us don't have such a relationship. Third, we will cover how to choose an accountability partner. We will cover the five "C's" which are the five ingredients of a healthy and prosperous accountability relationship. They are: **Confidence, Confession, Conviction, Conversion, and Continuance.**

We're told from our young teens and maybe even earlier to stand on our own two feet and become independent, aren't we? But let me ask you. Wouldn't you be able to go through life more focused on winning the game and more peaceful if you had someone helping you carry your life's baggage that clubs you over the head right at the times when you need it least? It's proven that a person is more successful at dieting, exercising, giving up smoking or other substances, if they are accountable to someone else. While there are exceptions to the rule, it's a hard one to argue. The Recovery Movement which began in this country in the mid 1930's and has gone on to be the most successful program in the world at bringing people back to life and helping them win the game is only successful with at least one other person.



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“Confidence” in Choosing a Caddie

I remember back to my caddying days when the first few times I caddied for a new person, about the only thing I got to do was carry their clubs. They rarely asked for yardage and they never asked my opinion on reading a putt. I had not earned their confidence.

In any relationship, confidence is critical to its success. Probably the best way to build confidence in any accountability relationship is to share with the other person our experience, strength and hope in life. This is not a counseling relationship. Be genuine! We are all sinners saved by grace and it's easier to build confidence with someone by letting them know they're not alone. And forget that you're “mature” in your walk (if you are), and remember that we're all a day away from a back-slide. Satan is far craftier than any “one” of us. This is without a doubt the primary reason for this relationship. This relationship is not about maturity...but honesty.



“Confession” in the Player Caddie Relationship

I'm now recalling caddie/player relationships I began with many new golfers. It wasn't until they had the chance to size me up and I had seen everything about their games over numerous rounds that I gained their confidence and they would begin asking my opinion on the course. They took their time in sizing me up to see what made me tick and if I was compatible with them.

As an accountability relationship proceeds by us honestly sharing our experiences, new found strength, and hope in life, we will begin to get our new friend to begin sharing a bit about themselves as they become more comfortable with us because they've had the opportunity to size us up. Whether it's in life or golf, patience is the key. Our new friend may begin by only trusting us with bits here and there. We need to hang in there “a-day-at-a-time”, patiently allowing them the time they need to develop confidence in the relationship.

The confession step is not about deep seeded sins, but about opening up with someone and allowing that baggage which we all accumulate over time to stop clubbing us with guilt, shame, fear, worry, success, failure, etc. and to begin lightening the load by sharing it with our caddie in life, which will begin the process of becoming free and the person God created us to be for His glory. For us men especially, this is a frightening step but, if medical statistics are correct, it could be a life-saving step with our longevity. A recent study I read suggested that having a best friend could be a major reason why women continue to outlive men.

I'm going to share with you some real dialogue between a caddie and “their man” which will demonstrate confidence and trust in their relationship.

Golfer: "I've played so poorly all day; I think I'm going to go drown myself in that lake."

Caddie: "Sir, I don't think you could keep your head down that long."

Golfer: "You've got to be the worst caddie in the world!"

Caddie: "I doubt it, Sir that would be too much of a coincidence"

Golfer: "I'd move heaven and earth to be able to break 100 on this course."

Caddie: "Try heaven, Sir. You've already moved most of the earth."



“Conviction” in the ACCOUNTABILITY RELATIONSHIP

The third ingredient of an accountability relationship is conviction. As the confidence levels continue to build and we begin to open up with each other more, we must get honest and begin coming to the end of ourselves in order to experience true growth and have our lives bear fruit. We must get out of the driver’s seat of our life and accept our limitations and admit we are powerless to produce the outcomes in our lives.

This especially holds true for young tour players fresh out of college. When they hit the tour, it’s a new ball game. It’s a good idea that a new tour player’s first caddy is older. Knowing and accepting their limitations can be the difference between keeping their card and going back to Q-School. As young kids we go after the power, as John Daly says, “we let the big dog eat” almost always. We don’t play out from trees; we try to go through them. We’re indestructible...so we think. However, one round with a top player and it doesn’t take long for us to become humbled.

Isn’t this the same way in life? Many of us have had to have our ears trimmed in order to gain the wisdom we enjoy today. A healthy accountable relationship will help us to see and face who we really are and just how unsuccessful we will be at playing life alone.

If we’re honest about ourselves and the other person, there’s no limit to what we can become, and the instrument we can be in helping another achieve their eternal potential. We must remember that Satan is an equal opportunity employer and doesn’t discriminate between any denomination or religion. So, if a situation seems to be beyond our power, we have the assurance of the word of God that He will equip the called.

A good piece of advice with this phase of the relationship is to keep in mind that honesty without compassion is no more than subtle hostility. Let’s return to our friends from last week and eavesdrop on more of the dialogue between them. I think we will see they didn’t take this advice.

Golfer: "Do you think I can get there with a 5-iron?"

Caddie: "Eventually."

Golfer: "This is the worst golf course I've ever played on!"

Caddie: "This isn't the golf course, sir! We left that an hour ago!"



Golfer: "Well, I have never played this badly before!

Caddie: "I didn't realize you had played before, sir."

“Conversion” THE SUCCESS of the RELATIONSHIP

Conversion in the relationship means “transformation.” God has clearly told us that we did not choose Him...but that He has chosen us. Why is it then that many of us live our lives admiring a cross of luxury, worshipping a God of convenience rather than worshipping a God who is the life-line of our lives? What is it that should motivate us to have our relationship with Him deepened rather than taken for granted? His name should be used for more than a curse word on the golf course or a figure of speech in life when someone sneezes (and if you’ve noticed, His name has even been dropped there most times). Or why do we use Him as a “911” God that we call on out of fear after a wakeup call like happened on 9/11/01?

It’s through a solid accountability relationship that we are held intact. Here we can remind and be reminded of our limitations and strengths both on and off the course. We need to be reminded constantly of the life-saving need for humility in our lives so that we may play the game in winning form from within that person we were created to be for “His” glory. What can we do each day to keep our hearts a Bethlehem for the Son of God? Here are some thoughts...

- Admit our powerlessness as humans to control outcomes.
- Begin each day on the practice tee of life in prayer and reflection. Reflect especially on our sinful nature and what we are capable of doing on our own.
- Take seriously our accountability relationships.
- Look to church with a worship-filled heart rather than with an anxious clock.
- Become an active player in the Christian community.
- Reach out especially when you are forced to take over control in your own life. Get out of the way and watch God work as you show His grace to someone.

Let’s conclude our visit with our friends as we continue to observe their relationship.

Golfer: “Caddy, Do you think my game is improving?”

Caddie: "Oh yes, Sir! You miss the ball much closer than you used to."



Golfer: "Caddy, do you think it is a sin to play golf on Sunday?"

Caddie: "The way you play, Sir, it's a crime any day of the week!"

Golfer: "This golf is a funny game."

Caddie: "It's not supposed to be Sir."

Golfer: "That can't be my ball, caddie. It looks far too old."

Caddie: "It's a long time since we started, Sir."

"Continuance" - The "Ace" In the Hole

Over the Christmas holiday, it seems that whenever I turned on a news broadcast, one of the questions asked of people interviewed was, "Does Christmas feel different this year as a result of 9/11?" The answer was a resounding "Yes" across the board. Let's explore why this is and we will then understand why the "continuance" ingredient is so critical to the accountability relationship.

I am as guilty as anyone of contributing staleness to a relationship by taking another person for granted, assuming they will always be there for me. However, I have shown myself time and time again that when I stay out of my own head and reach out to others, I seem to be able to play every day as if it were my U.S. Open in life.

Whether it's on the course or in life, let's join with that person we are accountable to and keep each other mindful of the following...

"Every strong and beautiful flower must have a strong root in the ground.

*It must send a root down so that it may be rooted and grounded while at the same time it sends
a shoot up to be a flower that shall gladden the world.*

Both growths are necessary.

Without a strong root, it would wither.

The higher the growth upward, the deeper must be the rooting."

Our lives cannot flower into success and helpfulness unless they are rooted in a strong faith, (for our purposes at G.O.L.F., that is a faith in Jesus Christ the Son of God), and we feel deeply secure in the goodness and purpose of God's loving and amazing grace.



The goal for future Christmas seasons should be a different feeling from past seasons not because of some disaster, but because we have entered into an accountability relationship where we abide in Christ daily, thus making our hearts a Bethlehem for the Son of God and

experiencing that promised peace that passes all understanding with a feeling of Christmas every day of the year through good times and bad. Through a solid accountability relationship as we grow in our purpose for God, hopefully our future Christmas days will not need a commercial hype (and snow) to prepare our hearts for a feeling of “peace on earth and goodwill to men.”

Ask yourself the question...

Do I really care enough about others to get out of my own head and be willing to be that strong root in another budding flower?

Golfer: "Do you think I can get there with a 5-iron?"

Caddie: "Eventually."

Golfer: "This is the worst golf course I've ever played on!"

Caddie: "This isn't the golf course, sir! We left that an hour ago!"

Golfer: "Well, I have never played this badly before!"

Caddie: "I didn't realize you had played before, sir."

Ask yourself the question...

Have I become honest enough with myself and have I accepted my limitations in order to help others become honest through my experiences, strength, and hope in life?

Here's the plan:

- Make contact via text, e-mail or phone call with your [mentor, sponsor, accountability partner] daily if for nothing more than to say “hello.”
- Establish a code with them in case they are needed in an emergency. **Do not ever feel**



[illegible]

Thank you for taking the courageous step of identifying your “Temporal Substances” or “Dependencies”. It’s critical for your future success and true joy as you begin giving those “Temporal Substances” or “Dependencies” back to God.

Earlier in this report mention was made to the conversion of the apostle Paul. We said that in order to get Paul's attention to the degree He did, God blinded Paul for three days putting Paul in the position of desperate total dependence before God which was God's original intention for the human race.

Time To Bring Your Gam!



STEP FOUR – “ACCEPT”, “ADMIT”, “COMMIT”, “FOCUS”**Accept:**

- It seems almost too simple to be true, but acceptance -- accepting things exactly as they are -- will be the key that unlocks the door to happiness and success in my life. Acceptance is the answer to all my problems today.
- Trusting in “Whose” I am and Accepting “Who” I am will be key to consistency as I play the game of life. When I am disturbed, it will be because I find some person, place, thing or situation -- some fact of my life -- unacceptable to me, and I will find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment.
- Nothing, absolutely nothing happens in God's world by mistake. Until I can accept my imperfections, mistakes made and bad breaks, and accept life completely on life's terms, I will never be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

Admit:

- Many times we see someone who is blind being guided by another person. From this point on you must become dependent on your [mentor, sponsor, accountability partner] for direction in your life.
- Every day you must admit your strongholds to your [mentor, sponsor, accountability partner].
- When you do something wrong, make no excuses. Instead promptly admit the wrong to your [mentor, sponsor, accountability partner]. Let them lead you as to any amends that may need to be made.
- Repeat the following affirmation continuously during the day.

EXAMPLE: *“I will trust in God and acknowledge Him with all my heart and seek my [mentor, sponsor, accountability partner] in all I do.”*

The outcome I seek is to become mentally tough as I cease conforming to the patterns of this world and become transformed by the renewing of my mind.



- My [mentor, sponsor, accountability partner] and I will reach out monthly to someone or organization that is having difficulty with similar strongholds as mine. Lasting transformation will occur not only by you doing good but, but by the humility of continually seeing others as you once were. Only grace can transform.

Commit:

- **“Commitment”** is the bridge between “Thought” and “Accomplishment.” That’s worth repeating. **“Commitment”** is the bridge between “Thought” and **“Accomplishment.”**
- Winners in life stick to the task at hand. The harder and challenging it is, the more they stare it down.
- Winners in life subscribe to the belief that **“In the Burn-in – Comes the learn-in.”**

Focus:

- Focus owns your opponent. / Focus owns your opponent.
- When you find yourself loosing focus say, “Help me focus Lord.”
- Practice Drill: The Gratitude List

Notes:

This image shows a single sheet of yellow paper with horizontal blue lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

Handwriting practice lines consisting of 30 horizontal yellow lines.



STEP FIVE - THE GAME PLAN

It's time to go into the desert so to speak. In the bible we read about Jesus going into the desert during a time of reflection and being tempted by Satan, (your competitor). You've got the most powerful weapon ever created in order to win at the game of life – "God's Word". Jesus mapped out our life game plan and demonstrated when tempted the power of God's Word.

During your training you will find yourself being tempted. Satan's most powerful tactic will be to discourage you.

When you feel yourself getting discouraged:

- Step Back and Thank God. You're Becoming Successful - Satan Hates That! **Your Success Will Be In Direct Proportion To The Depth Of Your Gratitude.**
- Call a Timeout. Get with your [mentor, sponsor, or accountability partner].
- **"ADMIT"** you're powerless one-on-one when being tempted, and turnover your WILL, (that part of your mind over which you have control) to God and your [mentor, sponsor, or accountability partner]. Close your eyes and let them direct your path.

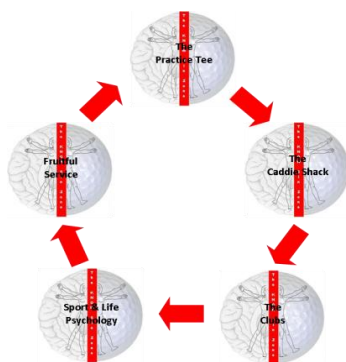
Everyone's training is different. Some training periods are quick and some not so quick, especially if you are anxious and continue to take your "Will" back. Jesus spoke to us through the bible at different times about being anxious. He told us when anxious talk to Him and you will experience His peace. He also said not to be anxious about the future, that sufficient for the day is its own challenges.

When Moses led his people out of Egypt, they spent forty years in the dessert. During that time God provided for them with a special food called Manna. While in the desert the people were told to take just enough manna for that day. However, some were anxious and took back their wills taking more of the manna then they needed for the day not trusting God would provide tomorrow. The next day they discovered the manna they were storing up was spoiled and could not be eaten.

Much is the same as we train to play the game of life. Each day we should have just enough on our plate to get through the day. **Taking from tomorrow NEVER works.**



MAINTENANCE STAGE



- **Daily Warm-up and Wrap-up**

- GRATITUDE and PRAYER LISTS**

- The Value of the Journal

- Tips for Taking Life and Golf to the Next Level

- **Regular Contact with Your Caddie / Confidant**

- Another Person Is Key to Success and Consistency

- F.O.R.E.** Fellowship **O**ffers **R**efuge and **E**ncouragement

- Refer to Assessments

- **Using The Playbook and Scorecards**

- Every Day Must Be Played With a Plan

- Track Journal for Patterns

- **Ongoing Spiritual Reflex Conditioning**

- ACT** Don't **REACT**

- Master **H.A.L.T.**

- D.I.V.O.T.** Discipline **I**lluminates **V**aliant **O**bedient and **T**rust

- **Ongoing Basics and Balance Conditioning**

- "If You Do What Most Won't - You Will Enjoy What Most Never Will"*

- Grip – Stance – Posture on Life

- Do the Right Thing at the Right Time - NOW**

- **Applying the Psychology**

- "Ability is what you're capable of doing. Motivation determines what you do.*

- Attitude determines how well you do it."*

- **Fruitful Service and Genuine Caring Keeps Life Green**

- "Seek FIRST the Kingdom of God..."*

- E.A.G.L.E.** Evangelism **A**ssures **G**od's **L**oving **E**mbrace//



LIFE IS A GAME THAT CANNOT BE WON – JUST PLAYED!

“From everyone who has been given much, much will be demanded; and from the one who has been entrusted with much, much more will be asked.” -Luke 12:48

“When you have eaten and are satisfied, praise the LORD your God for the good land He has given you. Be careful that you do not forget the LORD your God, failing to observe His commands, his laws and his decrees that I am giving you this day. Otherwise, when you eat and are satisfied, when you build fine houses and settle down, and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, then your heart will become proud and you will forget the LORD your God, who brought you out of Egypt, out of the land of slavery. He led you through the vast and dreadful wilderness, that thirsty and waterless land, with its venomous snakes and scorpions. He brought you water out of hard rock. He gave you manna to eat in the wilderness, something your ancestors had never known, to humble and test you so that in the end it might go well with you. You may say to yourself, “My power and the strength of my hands have produced this wealth for me.” But remember the LORD your God, for it is He who gives you the ability to produce wealth, and so confirms his covenant, which He swore to your ancestors, as it is today.” -Deuteronomy 8:10-18

- Always be careful *and* accountable. No one owns life. Just when you think you have it beat; it will creep up and knock you for a loop. **Setbacks can be devastating and even more painful then where you were when you first began your training.**
- **EVERYTHING** you have has been given to you as a gift, and you can only keep it by giving it away. **TRUST** in the Lord – **NOT** in yourself.

Rule 1: You Can't Keep What You Now Have If You Don't Continually Give It Away.

“But seek first his kingdom and his righteousness, and all these things will be given to you as well.” -Matthew 6:33

- Get involved with others who struggle with similar strongholds to yours. This will keep you mindful of where you came from and humble for where you are now.



Rule 2: Develop a Realistic & Sound Maintenance Regimen

You must put distance between where you are now and where you came from. The following are some things that can be incorporated into your schedule:

- Attend Worship Out of Obedience
- Participate in Bible Studies
- Participate in Support Groups
- Participate in hobbies and other enjoyments
- Communicate with Mentor or Accountability Partner Regularly

Rule 3: Apply the Psychology

- **Maintain Perspective:** Maintaining Perspective whether in sport or life is critical to handling the stress and pressure God promises us we will have in John 16:33 where He tells us, *“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”* Counting your blessings daily is how a winning perspective is formed.
 - » **Just for today I will have a quiet half hour by myself and relax.** In this half hour sometimes I will think of God, so as to get a little more perspective into my life. **Schedule this time.**
 - » **Stop and Meditate:** Choose or compose a **positive** affirmation or scripture verse. (Some affirmations can be found on the following page.) Sit in a chair with your feet on the floor. Pick an object out in front of you and focus on it. For the first 5 minutes breathe in through your nose and out your mouth letting your mind quiet. Recite the affirmation or scripture verse 3 to 5 times then breathe. Continue this for 20 minutes. Wrap up the last 5 minutes just breathing. This exercise can also be made up of just prayer or a combination of both and can be done in mini versions as many times during the day as needed. Let the Spirit lead you. During times of extreme anxiety you may need to recline in order to fully relax.
- **Stay In The Present:** CS Lewis said, *“The ‘Present’ is the point at which time touches eternity”*. Both the Present and Eternity cannot be timed. Taking this into consideration – God can only be found outside of time. Jesus told us, *“Not to worry about tomorrow – Tomorrow will take care of itself”*. Staying in the Present means we are living life not just existing.



- » **Just for today I will try to live through this day only**, not tackle my whole life problem at once. I can do things for twelve hours that would appall me if I had to keep them up for a lifetime.
- » **Stop and Meditate:** There are two days in which we need not worry, “*yesterday*” and “*tomorrow*”. It’s only when we take on those two awful eternities that we break down. Anyone can take on the battle of just one day! **Anxiety therefore is a false god / a higher power and a challenge to God's integrity and fidelity. ANXIETY MEANS THAT WE BELIEVE IN OUR CIRCUMSTANCES MORE THAN WE BELIEVE IN GOD!** Things may look dark at times, but God is always bigger than things.
- **Inner Coaching:** Lee Trevino is known in golf as “the incurable optimist.” During a rain delay at a tournament Trevino was leading, there was a group of golfers gathered in the locker room and another golfer was overheard saying, “I can’t believe how ugly Trevino’s swing is?” Story has it that Jack Nicklaus said, “*Why bother telling him? He’ll never believe you.*” Who or What has your number in life? Is it a person, a job, or something else? Defeated Inner Coaching comes as a result of our Perspective on life becoming skewed as our focus becomes acutely self-absorbing and we move out of God’s Presence and care.
- » **Just for today I will be Joy-Filled.** Most folks are about as joy-filled as they are grateful. Joy comes from within; it is not a matter of externals.
- » **Stop and Meditate** (See *Gratitude List*): Gratitude is the “Practice” of being Grateful. When I get in my “*Moan and Groan*” mood I practice negatively without even thinking. **Gratitude is the basis for establishing and maintaining a spiritual perspective on life.** Joy seems to be a step beyond happiness. Happiness is an atmosphere (or high if you will) you can “*exist*” in for a while. Happiness however requires more and more of itself in order to maintain levels of existence. Joy on the other hand is a “*Light*” that fills you with hope and faith and love. Happiness is attached to externals and seems to ebb and flow as circumstances and whims come and go. Joy is a constant since it is tethered to our hearts by Spirit and Gratitude.
- **Mental Toughness:** Whether in life or golf, our battle is not against people or circumstances, or from another competitor for that matter. The battle we all face at times goes on between our two ears. Mental toughness comes from perseverance. It is endurance combined with an incurable assurance and certainty that what we need to accomplish is going to happen.



Perseverance produces a mental toughness - a grit based in gratitude and the belief that no matter what we might be facing, God promises He will always make a way.

» **Just for today I will try to strengthen my mind.** I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought, and concentration.

» **Stop and Meditate: Our fiercest competitor in both games lives between our two ears.** Mental conditioning and toughness whether we realize it or not is as critical or perhaps more critical than the physical. **A sharp keen mind along with an incurable optimism in God's protection will make champions out of the most unsuspecting prospects.**

• **Believe In Your Method:** Do you really know what works for you? Is your method of living so solid that when faced with the hazards of life spiritual reflexes automatically kick in? Have you “dug it out of the dirt” of those secret places in your life that we all have and for some us are so painful that they are keeping us from reaching our full potential?

» **Just for today I will have a program.** I will write down what I expect to do every hour. I may not follow it exactly, but I will have it. It will eliminate two pests: “*hurrying*” and “*indecision*”.

» **Stop and Meditate: I fail not so much when tragedy happens as I did before the happening, by all the little things I might have done, but did not do.** I must prepare for the future by doing the right thing at the right time **NOW**. If a thing should be done, I should deal with that thing today and get it righted with God before I allow myself to undertake any new duty. **I should look upon myself as performing God's errands and then coming back to Him to tell Him in quiet communion that the message has been delivered or the task done.**

• **Keep It Simple:** Mastering the basics in both games produces both physical and mental reflexes. When the competitor in either game mounts its charge it's because it sees an opening, and it will charge without warning. Winners keep it simple and play both games simply and with finely tuned reflexes.

» **Just for today I will adjust myself to what is;** not try to adjust everything to my own desires. I will take my family, my business, and my luck as they come and fit myself to them.

» **Stop and Meditate: Acceptance is the answer to ALL of my problems today.** When I am disturbed, it is because I find some person, place, thing or situation - some fact of my life



- unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, **absolutely nothing, happens in God's world by mistake. Unless I accept my life completely on life's terms, I cannot be joy-filled.** I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

SPIRITUAL REFLEX CONDITIONING

Rule 4: Practice Your Clubs Constantly

S U R R E N D E R	Driver	I admit that in the vastness of the universe I am a powerless person and of my own power, my life will be unmanageable.
	3 Wood Metal	I must come to believe that there is a <i>Power</i> outside myself that can restore the order in my life.
	5 Wood Metal	I must make a decision to turn my Life <i>and my Will</i> over to the care of God, <i>as I understand Him</i> .
R E F L E C T I O N	1 / 2 Hybrid Iron	I will quiet myself with God and make a <i>searching</i> and <i>fearless</i> moral inventory of myself.
	3 Hybrid Iron	I will admit to <i>God</i> , to <i>myself</i> , and to <i>another person who is trustworthy and TOTALLY committed to confidentiality</i> , the findings of the inventory and become free from all my secrets.
	4 Hybrid Iron	I will begin talking to the God of my understanding regularly asking for removal of the defects of my character discovered through the inventory.
	5 Hybrid Iron	I will humbly asked God to remove the flaws standing in the way of my <i>wholeness and usefulness</i> .
R E C O N C I L I A T I O N	6 Iron	I will make a list of all persons I have harmed, and become willing to make amends to them all.
	7 Iron	I will make direct amends to such people whenever possible, except when to do so would injure them or others.
	8 Iron	I will continue to take daily personal inventory and when I am wrong, I will promptly admit it.
	9 Iron	Seek through prayer and meditation to improve my conscious contact with God, praying for knowledge of His will for me, and the power to carry it out.
G O I N & O U T	Pitching Wedge	Having had a spiritual awakening as the result of these steps, I will carry this message to others <i>and practice these principles in all my affairs</i> .



SPIRITUAL WARFARE - THE ARMOR OF GOD TRAINING

-Ephesians 6:10-18 New International Version (NIV)

"10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people."

Let's begin mapping out a maintenance plan for your life by understanding the battle you are fighting. St. Paul said, *"For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."* St. Peter wrote, *"Be sober-minded; be watchful. Your adversary Satan prowls around like a roaring lion, seeking someone to devour."*

The Strategy

Step 1: Know Your Enemy / Competitor

Satan is the founder of terrorism as we have come to know it today. Satan occupies the mind with weapons of deceit, distortion, disunity, discouragement and isolation. St. Paul wrote to the Colossians, *"Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking/ knowledge and from the spiritual powers of this world, rather than from Christ."*



Step 2: Know Your Commander / Leader

The depth of a relationship is measured by the extent you are willing to work at it. In warfare you must know that you have leadership you can trust. In order to have this trust you need to learn about your leadership, in this case knowing the nature of God. Jesus gives you his word that not only is he with you in battle but he goes before you. Jesus also gives you his word that there is nothing you can face that he has not already faced, and he will never give you more than you can handle. Jesus has given you his assurance that he will never leave you nor forsake you.

Step3: KNOW Yourself

Knowing yourself and determining what works for you is crucial in spiritual warfare. It takes ongoing selfless and rigorously honest sessions with the Holy Spirit in The KNOW Sin Zone. Your mind is trained just like the elephant's. A strong will can never break this training. In fact, it was a strong will that trained your mind in the first place. You need to hear the sounds of the silence that are planted deep in your unconsciousness. This training is what's known as sanctification. Sanctification is the act or process of acquiring sanctity, of being made or becoming whole and complete. James 1:4 tells us "Perseverance must finish its work so that you may be mature and complete, not lacking anything. "Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

Step 4: The Battlefield of the Mind

In sport or life the battlefield is your mind. Mental Toughness requires intense training in The KNOW Sin Zone's Spiritual Strength Training area. Mental Toughness must become a spiritual reflex if you are to be victorious. If your opponent can get into your head and get you to focus on self - your in trouble. You begin to experience doubt and conflicting thoughts. Fear then sets in and you move your focus from your game plan to your self. Your focus must never leave your Target. Teamwork with your accountability is a must. DON'T ISOLATE. That's the plan to bring you down. You must insulate through strength training and accountability not isolate by giving into panic. Step back and Keep It Simple - Very Simple.



Step 5: Take the Fight to the Enemy

Unity is the winning strategy in warfare. Unfortunately today rather than taking the fight to the real enemy "Evil Satan", we fight each other. As long as Satan can fragment us - he can destroy us. Euclid's geometry of common notions states, "Things which equal the same thing also equal one another." Anyone who has pledged to follow God with their lives are loved equally by God making them unified to each other. Doctrinal issues are mute points since God is Love and that Love unifies us. At the height of Christ's passion he prayed, "Father, may they come to complete unity so the world may know You and I are ONE.

The Armor

"Stand firm then, with the belt of truth buckled around your waist." Truth like a belt holds you up. Unfortunately we are living in a time of moral relativism. *"Who's to say what's right and what's wrong?"* What we are witnessing today is the death of truth. Worldly "Knowledge" is the terrorist and if believed *"you will surely die."* Why? Power in the hands of the wrong people is deadly. As humans worldly knowledge is our kryptonite. Before hitting a golf shot, Arnold Palmer was famously known to grab his belt and hitch up his pants. In everyday life you too need to grab your belt and hitch up your pants by playing life smack down the middle hitting it with pure old fashioned truth and "Godly" not worldly knowledge. If you do you are sure to have a leg up on the competition.

"With the breastplate of righteousness in place." A typical breastplate was made of bronze or chain mail and was made to cover the vital organs, in this case the heart. Righteousness is defined, *"the quality of being morally right or justifiable."* Morality is defined, *"principle concerning the distinction between right and wrong or good and bad behavior."* If you haven't trained hard in The KNOW Sin Zone™ and developed sound moral reflexes between good and evil, you may fall when ambushed by evil. The enemy will NEVER give you a chance to think. Morality makes honesty a reflex. KNOWING both *"What you believe"* and *"Why you believe what you do"* will be lifesaving.

"Your feet fitted with the readiness that comes from the gospel of peace." You've put on the Belt of Truth. You've put on the Breastplate of Righteousness. A warrior fears nothing and stands on a solid foundation. A warrior walks in the confidence of readiness KNOWING



that no matter what comes against them; God is for them and in fact goes before them. Their eyes are laser focused on their Leader. If their focus shifts to self they can be in very serious trouble. They have an unshakable confidence due to their training and a blind trust in God giving them a peace that passes all worldly understanding. In the words of Brother Lawrence, *"That we ought to give ourselves up to God, with regard to things temporal and spiritual, and seek our satisfaction only in the fulfilling of his will, whether He lead us by suffering or by consolation, for both would be equal to a soul truly resigned."*

"In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one." A shield was used to deflect or block if you will. It was used as extra protection for the warrior. In coming to KNOW your weaknesses and strongholds a champion learns how to block out these areas when under heavy competition. The Evil One is a hustler and KNOWS your weak spots and is bound to ambush you there. In warfare or in any sport competition, don't you identify your opponent's weak spots? Your shield of faith is made up of several components:

- Strong Accountability
- Increasingly put distance between you and your weaknesses through outreach, study of God's Word, fellowship with other Christ followers, disciplined prayer and meditation and playing life smack down the middle with a morality that is beyond reproach yet with the eye of a serpent.
- Service to others that battle the same strongholds that you painfully were redeemed from in order to keep truly humble.
- BUILD, BUILD, BUILD your Gratitude List throughout each and every day.
- An unshakable and child-like faith in the Power of God.

"Take the helmet of salvation and the sword of the Spirit, which is the word of God."

Without the helmet of salvation, you will be unprotected from life and its many hazards. You will live in constant anxiety anticipating what the future ultimately holds. Just as the helmet protects the head from otherwise fatal blows, the hope of salvation will protect our thoughts from the enemy's deceptions. The all-powerful sword of the living God is able to cut through every defense your enemy can throw at you. When wielded by a servant of God, nothing can withstand its ability to cut straight to the core of a matter and uncover the truth. As soldiers



in God's army, it is our responsibility and duty to use His Word to discern the truth and then follow it. When God's Word shows us something wrong in ourselves, we can use this spiritual weapon to come to KNOW how to block the enemy's deception. Unlike all other pieces of the armor of God, which are solely defensive, the sword is uniquely suited for both defensive and offensive roles. A solid defense is invaluable, but the sword is the only way we can complete the work we have been given to do.

In Closing

It has recently been made public that President Ronald Reagan and Pope John Paul II met secretly on a number of occasions to discuss how communism was vulnerable. It is said during one of those meetings the pope was said to have told the president the following. *“Communism is like an elephant with legs of clay, more apt to fall due to spiritual rather than tactical reasons.”* The warfare we have been going through is in fact most powerful because we have identified life's battles are in fact spiritual. Tactical warfare will eventually fall due to human error. Spiritual warfare on the other hand is tethered to the heart and is there in reserve for eternity.



MORNING WARM UP

Note: The following does not have to be completed in its entirety each day. The main purpose of the Morning Warm Up is to prepare you for the day. It's a good practice to either cut and paste applicable phrases, affirmations and/or scripture verses for the day to your schedule, or write them down if you are using the paper edition. However you do it, you need a game plan to have a focused and winning day.

MEDITATION

"Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind; and Love your neighbor as a yourself."

Luke 10:27

"Behold, I send you out as sheep in the midst of wolves. Therefore be wise as serpents and harmless as doves."

Matthew 10:16

Keep your eyes on Me and follow Me one step at a time. That is all I require of you. In fact, **that is the only way to move through this space/time world.** You see huge mountains looming, and you start wondering how you're going to scale those heights. **Your circumstances are consuming more and more of your attention causing you to lose sight of Me because You are actually being more faithful to your circumstances than you are to Me.** As the waves of adversity are washing over you, you may feel tempted to give up. Meanwhile, **because you're not looking where you're going, you stumble on the easy path of self absorption and sufficiency.** Then as I help you get back on your feet, you tell Me how worried you are about the challenges ahead. Remember, **I am fully aware of your situation, and I will NEVER allow you to be challenged beyond what you are able to bare. You don't know what will happen today, much less tomorrow.** Our path may take an abrupt turn, leading you away from those mountains. There may be an easier way than is visible from this distance and you will miss it if you lose focus and are too consumed in yourself and your circumstances. As I lead you up the cliffs, I will equip you thoroughly for that strenuous climb. I will even give My angels charge over you, to preserve you in all your ways.

If you love darkness, and are satisfied to dwell in gloom, misery, fear and anxiety, then be content in being consumed with yourself and your circumstances; but if you love



the sunshine, and would like to sing songs of rejoicing, covet earnestly this "*great faith*". Keep your mind on the present journey, enjoying My Presence. Walk by faith, not by sight, trusting Me to open up the way before you.

Your gravest danger is worrying about tomorrow. If you try to carry tomorrow's burden today, you will stagger under the load and eventually fall flat. You must discipline yourself to function within the boundaries of today. You will fail not so much when tragedy happens as you will before the happening, by procrastinating on all the little things you should be doing today, but avoid. YOU PREPARE FOR THE FUTURE BY DOING THE RIGHT THING AT THE RIGHT TIME — NOW. It is in the present moment that I walk the closest to you, helping you carry your burdens. IT IS IN THE PRESENT I WILL GIVE YOU THE WISDOM YOU NEED. Keep your focus on My Presence in the present.

JUST FOR TODAY

Just for today I will be Joy-Filled. Most folks are about as joy-filled as they are grateful. Joy comes from within; it is not a matter of externals.

Stop and Meditate (See *Gratitude List*): Gratitude is the "Practice" of being Grateful. When I get in my "*Moan and Groan*" mood I practice negatively without even thinking. **Gratitude is the basis for establishing and maintaining a spiritual perspective on life.** Joy seems to be a step beyond happiness. Happiness is an atmosphere (or high if you will) you can "*exist*" in for a while. Happiness however requires more and more of itself in order to maintain levels of existence. Joy on the other hand is a "*Light*" that fills you with hope and faith and love. Happiness is attached to externals and seems to ebb and flow as circumstances and whims come and go. Joy is a constant since it is tethered to our hearts by Spirit and Gratitude.

Just for today I will adjust myself to what is; not try to adjust everything to my own desires. I will take my family, my business, and my luck as they come and fit myself to them.

Stop and Meditate: Acceptance is the answer to ALL of my problems today. When I am disturbed, it is because I find some person, place, thing or situation - some fact of my life - unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, **absolutely**



nothing, happens in God's world by mistake. Unless I accept my life completely on life's terms, I cannot be joy-filled. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

Just for today I will take care of my body. I will exercise it, care for it, nourish it, not abuse or neglect it, so that it will be a perfect machine for my bidding.

Stop and Meditate: It's been said that **health is the single most commodity we have been given as a gift, one we won't recognize or appreciate until we have it no longer.** Playing the game of life in championship form requires top physical endurance. Proper conditioning is paramount for playing both games.

Just for today I will try to strengthen my mind. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought, and concentration.

Stop and Meditate: **Our fiercest competitor in no matter what we are doing lives between our two ears.** Mental conditioning and toughness whether we realize it or not is as critical or perhaps more critical than the physical. **A sharp keen mind along with an incurable optimism in God's protection will make champions out of the most unsuspecting prospects.**

Just for today I will exercise my soul: I will inconvenience myself and do someone a good turn and not get found out, even at a cost to me if need be. **I must overcome myself daily by doing something I view as inconvenient.**

Stop and Meditate (See Prayer List): Grace, some sing about how amazing it is, some refer to it more as a figure of speech. *"There but for the grace of God go I."* **The presence of authentic grace in a life comes from the overflow of blessings we received and know we were undeserving of after we got honest about ourselves and our secrets.** Grace is not a service we give away to a cause we deem need help. Grace pours out of us the more we become free from the bondage of self.

Just for today I will be agreeable. I will look as well as I can, speak softly, act courteously, be liberal with praise, criticize not at all, nor find fault with anything, and not try to regulate or improve anyone.



Stop and Meditate: Be careful with this one. **“Look as well as you can ”BUT DON’T DO IT TO COVER UP A CHARACTER DEFECT.** Remember, while human nature is to look at the outside, God looks at the inside. Following the rest of this statement verbatim is the way to go.

Just for today I will try to live through this day only, not tackle my whole life problem at once. I can do things for twelve hours that would appall me if I had to keep them up for a lifetime.

Stop and Meditate: There are two days in which we need not worry, *“yesterday”* and *“tomorrow”*. It’s only when we take on those two awful eternities that we break down. Anyone can take on the battle of just one day! **Anxiety therefore is a false god / a higher power and a challenge to God's integrity and fidelity. ANXIETY MEANS THAT WE BELIEVE IN OUR CIRCUMSTANCES MORE THAN WE BELIEVE IN GOD!** Things may look dark at times, but God is always bigger than things.

Just for today I will have a program. I will write down what I expect to do every hour. I may not follow it exactly, but I will have it. It will eliminate three pests: *“Hurrying”* *“Procrastination”* and *“Anxiousness”*.

Stop and Meditate: I fail not so much when tragedy happens as I did before the happening, by all the little things I might have done, but did not do. I must prepare for the future by doing the right thing at the right time **NOW**. If a thing should be done, I should deal with that thing today and get it righted with God before I allow myself to undertake any new duty. **I should look upon myself as performing God's errands and then coming back to Him to tell Him in quiet communion that the message has been delivered or the task done.**

Just for today I will have a quiet half hour by myself and relax. In this half hour sometimes I will think of God, so as to get a little more perspective into my life. **Schedule this time.**

Stop and Meditate: Choose or compose a **positive** affirmation or scripture verse. (Some affirmations can be found on the following pages.) Sit in a chair with your feet on the floor. Pick an object out in front of you and focus on it. For the first 5 minutes breathe in through your nose and out your mouth letting your mind quiet. Recite the affirmation or scripture verse 3 to 5 times then breathe. Continue this for 20 minutes. Wrap up the last 5 minutes just breathing.



This exercise can also be made up of just prayer or a combination of both and can be done in mini versions as many times during the day as needed. Let the Spirit lead you. During times of extreme anxiety you may need to recline in order to fully relax.

Just for today I will be unafraid, especially I will not be afraid to be joy-filled, to enjoy what is beautiful, to love, **and to believe that those I love - love me.**

Stop and Meditate:

NO ONE can stand in the midst of True Love and not Yield. Ponder this!

TRUE LOVE does not keep score or as the bible puts it, *“Keep records of wrongs.”*

Why is Love so important in life? Because God is love and perfect love casts out all fear.

• **Give the BEST of yourself today.**

“Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him. Whatever you do, work at it with all your heart, as working for the Lord, not for men.” - Colossians 3:17&23

• **Who WILL I reach out to today? (See Prayer List)**

“Seek first his kingdom and his righteousness, and all these things will be given to you as well.”

-Matthew 6:33

“Therefore encourage one another and build each other up.” -1 Thessalonians 5:11

PRAYER / PERSPECTIVE

Dear Lord, Thank you for this day. Thank you for my being able to see, to hear, to speak, to move about this morning. Forgive me for taking these incredible gifts for granted and worrying about what I do not have. Lord, I want to lift up to you, those whose senses have been impaired or taken away, those who may have limited use of or may have to put on their limbs, those who are prisoners of mental torture, and in particular those who may not see the day through **and do not know you. Scripture tells us that if we are having our basic needs met “our daily bread” for shelter, food and clothing, we are considered to have riches.** Fill me with the



Wisdom I will need for decisions that will need to be made today, and that I may have just an inkling of the wisdom to comprehend how I'm blessed because You are a forgiving and understanding God. You have done so much for me, all of which I am undeserving of. **You knew my defects before I was born, and the many ways I would fall short with the life you have given me, yet you chose to create me anyway, because you have a specific purpose for my life.** Lord, make that purpose clear to me. Protect me today from self pity. I have witnessed your hand of blessing, your miraculous power in my life and the lives of those I love, and you just keep on blessing us. Lord, forgive me for looking for security and guarantees from this world rather than just being still and letting you be God since every time I try to be you and run my life I fail.

Forgive me this day for everything I have done, said or thought that was not pleasing to you. I ask now for Your forgiveness. Please keep me, my family and all your children safe from all danger and harm. Help me to start this day with a positive and Christ-focused attitude and plenty of gratitude. Please clear my mind from obsessing about myself and of other distractions confident that You are **COMPLETELY** in control, so that I can hear from You and You can direct my steps today.

Spirit of the living God, touch my heart this morning Oh Lord, and place within it the desire to make the most of this day's potential and opportunities. Release me from the bondage of self in order that I may focus and see and fulfill your plan for this day. **My main business is not to see what lies dimly at a distance, but to do what is clearly at hand.**

WISDOM / AFFIRMATIONS, (Verses Paraphrased)

"With God's help I can advance against a troop; with my God I can scale a wall." -**Psalm 18:29**

"For He will command his angels concerning me to guard me in all my ways; they will lift me up in their hands, so that I will not strike my foot against a stone." -**Psalm 91:11-12**

"I will walk by faith, not by sight." -**2 Corinthians 5:7**

"God is always with me; He holds me by my right hand." -**Psalm 73:23**



"No challenge can seize me except what is common to man. And God is faithful; He will not let me be challenged beyond what I can bare. But when I am challenged, he will also provide a way out so that I can stand up under it." **-1 Corinthians 10:13**

AFFIRMATION, (God Talking To You)

"Be still and know that I am God". DO NOT FEAR TOMORROW! You should know from experience that tomorrow has a way of taking care of itself providing you do the right thing at the right time NOW. I promise that I will NEVER leave you nor forsake you by giving you more than you can handle and I will always provide a way out."

CLOSING

"My Lord, since You are with me and I have turned my will and life over to you, I must now in obedience to Your commands, remove my focus from myself and apply it to the tasks you have set before me this day. I humbly beseech You to grant me the grace to live in Thy presence and to this end prosper me with your assistance. Receive all my works and possess all my affections.

"For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." **-Jeremiah 29:11**

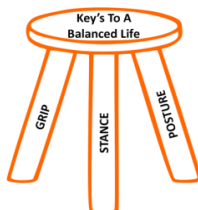
"Today well-lived, makes every yesterday a dream of happiness, and tomorrow a vision of hope." Look well therefore to this day."

Today is Here - Empty The Tank!



EVENING WRAP UP

*"Today well-lived,
makes every yesterday a dream of happiness,
and tomorrow a vision of hope."*



Note: As with the Morning Warm Up, the Evening Wrap Up does not need to be done in its entirety daily, but does need to be done thoroughly. As you review your day, pick out specific areas of weakness and work out the kinks, through prayer, meditation, affirmations, scripture verses or the many other coaching aids available in this system.

OVERVIEW

This is where the rubber really meets the road. **A true champion must subscribe to a method of living which includes a sustainable training regimen in both their sport and life. A champion knows that in order for them to function at peak performance be it in sport or life, things around them need to be in balance.** Apart from injury, NOTHING brings down an athlete more than a life that has become unmanageable.

Following is a daily training regimen that will keep life in balance and provide for the much needed serenity a champion needs in order to achieve excellence and live a life of purpose. Pay close attention to the three-legged stool above realizing, should one of the legs break off, the stool CANNOT balance. The same holds true for life.

1. Master the Basics

GRIP: *"A man's grip on his club just like a man's grip on his world..." - Bagger Vance.*

Ironically, our *"Grip"* on life develops in direct relation to our condition. If we're on the easy going side of things we will probably grip life on the soft side. However, if we play life with intensity and possess the compulsion to control people and things around us or we are living with unsettled issues, we will grip life tightly which causes loss of feeling - usually to those we are closest to and mean the most to us.

In life as in golf we must give up control to have control and we must develop a feel in both games, however in both games, lightening up feels like anything but control and feel. Those



who stick with it discover they begin playing both games with a power, control and feel they never thought possible.

The proper grip in both games is the foundation. When asked how important Sam Snead thought the grip was, he answered, *"It's Everything"*.

Since the proper grip in both games produces power, control and feel, the proper grip in life expresses itself in wisdom and can have a powerful effect on influencing others. On the other hand, a tight grip in life usually expresses itself through unresolved flaws from life's errant choices which if not dug out of the dirt form opinions and have an effect on few.

STANCE: "WHOSE" Are You? What Do You Believe? Why Do You Believe It?

Our *"Stance"* in life is going to form out of the three questions above. Our *"Stance"* develops from these *"core"* beliefs.

Champions in both games are extremely meticulous with their stance. Our stance in both games shapes our direction and prevents us from straying.

A champion in both games develops a stance that forms a solid base making them immovable to potential flaws that find their competitors struggling in life as we seem to always be landing in life's hazards. This solid base is developed out of immovably knowing *"Whose"* we are, having precisely examined *"What"* we believe and *"Why"* we believe what we do. Our stance in life begins shaping our *"Purpose"* in life and usefulness to others.

POSTURE: "WHO" Are You?

"Posture" in golf is critical in allowing for proper shoulder turn along with providing freedom through impact leading to a finish which produces maximum distance.

Posture in life is achieved by learning from our experience which produces a freedom that motivates us to get the most out of life - and go the distance no matter what elements we may face.

Posture in life is defined as a particular way of dealing with or considering something; an approach or attitude. Our posture in life comes out of knowing both *"Whose"* and *"Who"* we are - and accepting it.

Posture in life produces the freedom *"To Be"* since we have examined why we believe what we do which is critical in gaining the wisdom that produces the depth in spreading that wisdom



for the benefit of others. Posture without knowing both "Whose" and "Who" we are is nothing more than opinion which will have an effect on few.

2. Keeping Life in Balance

F.O.R.E. – "Fellowship Offers Refuge & Encouragement"

The word "Fore" means "to go ahead." A "Fore Caddie" goes out ahead of their player to watch their ball usually on a blind shot or when there's trouble ahead. When "Fore!" echoes throughout a golf course and we are standing next to someone, instinctively we will shield that other person. So, that rests the case made by Rick Warren in [The Purpose Driven Life] that we were made for fellowship.

To play well on this demanding course of life, we **must** be in fellowship where we will find the valuable local knowledge only the seasoned members have gained. The bible tells us that as the Master Caddie, "God" goes ahead of us in life and watches those blind and trouble spots for us as we put our faith in Him through the refuge and encouragement we get from fellowship. With Him our path in life will be made straight.

D.I.V.O.T. – "Discipleship Illuminates Valiant Obedience & Trust"

"Disciple" comes from the word "Discipline". Whether in life or golf a disciple is a "learner" and they possess two champion qualities; they are teachable and they are disciplined and these two qualities lead to wisdom which a disciple uses to benefit others both in their sport and life. A disciple is not afraid to dig into the depth of their being where they will hear God reveal His purpose for them so they can deepen their obedience and trust in Him in order that they can earn the obedience and trust of others.

In both life and golf we must dig it out of the dirt to play both games with accuracy and credibility. It's a result of being disciplined and learning more about God and ourselves that enhance our faith and confidence that will empower us to bear fruit in both games leading us on the mission of the Great Commission.

E.A.G.L.E. – "Evangelism Assures God's Loving Embrace"

Once again let's go to Bagger.

"Ain't a soul on this entire earth ain't got a burden to carry he don't understand, you ain't



alone in that... But you been carryin' this one long enough... Time to go on... lay it down"...

What Bagger is telling Rannulph Junuh is that it's time he digs the dirt out of his life in order that he can be free and his life can gain the wisdom that will benefit others. What Jesus asked "The Invalid" at the pool in Bethesda was, "Do you 'really' want to get well?" (See John 5:1-15) Then he simply said to the invalid, "Pick up your mat and walk."

For our evangelism to be real and effective, we had to "choose to come out of the shadows." Only until we walk through the shadows of our lives which were once our hiding places will we be effective evangelizing and "assuring" God's loving embrace which shapes us through Fellowship and Discipleship.

3. Daily Check Up

This is where the rubber really meets the road. **A true champion must subscribe to a method of living which includes a sustainable training regimen in both their sport and life. A champion knows that in order for them to function at peak performance be it in sport or life, things around them need to be in balance.** Apart from injury, NOTHING brings down an athlete more than a life that has become unmanageable.

Following is a daily training regimen that will keep life in balance and provide for the much needed serenity a champion needs in order to achieve greatness and live a life of purpose. Pay close attention to the three-legged stool above realizing, should one of the legs break off, the stool CANNOT balance. The same holds true for life.

1. Was Today Well-Lived?

Did I do the right thing at the right time today?

☐ Yes ☐ No ☐ Somewhat

Did I do what had to be done so I will be righted with God?

☐ Yes ☐ No ☐ Somewhat

Did I look upon myself as performing God's errands and then come back to Him to tell Him in quiet communion that the message has been delivered or the task done?

☐ Yes ☐ No ☐ Somewhat

Was I "Busy" or "Productive"?

☐ Busy ☐ Productive ☐ Some of Both



Was I "Efficient" or "Effective"?

☐ **Efficient** ☐ **Effective** ☐ **Some of Both**

Did I "Procrastinate" or was I "Decisive"?

☐ **Procrastinate** ☐ **Decisive** ☐ **Some of Both**

Did I move "Backward", "Forward" or was I "Stagnant"?

☐ **Backward** ☐ **Forward** ☐ **Stagnant**

Was I "Joy-Filled" and "Hopeful"?

☐ **Yes** ☐ **No** ☐ **Some of Both**

Was I "Accepting" of my current circumstances?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Did I exercise Physically and Mentally and eat properly?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Did I strengthen my Mind today?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Was I Pleasant to be around today?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Was I able to stay Present and Focused today?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Will I be "Righted" by God for handling my schedule today?

☐ **Yes** ☐ **No** ☐ **Somewhat**

Did I spend time with God today?

☐ **Yes** ☐ **No** ☐ **Not Enough**

Was I "Unafraid", "Joy-Filled" and filled with "Love" today?

☐ **Yes** ☐ **No** ☐ **Not Enough**

• Who was I accountable to today? _____

• How much time did I spend outside myself today?

• Who did I reach out to today? _____



- Who did I encourage today? _____

- What kind of compliments did I spread today?

- Did I give my best?

- What did I do for those I came in contact with?

HOW WAS I SELFISH (i.e., thinking only of myself, or not putting myself in someone else's position)?

HOW WAS I RESENTFUL (and what was the basis of this resentment)?

HOW WAS I AFRAID (How does this demonstrate a lack of faith, misplaced faith, or faith in a negative outcome)?



HOW WAS I DISHONEST (by commission or omission)?

HOW DID I DEMAND TO CONTROL ("Do it my way")?

HOW DID I DEMAND TO BE RIGHT ("I told you so!")?

HOW DID I DEMAND TO BE A VICTIM ("Poor me!")?

HOW WAS I DEFIANT ("Don't confuse me with the facts; I've made up my mind!")?

HOW WAS I IN DENIAL ("I don't care, I want it my way!")



WHO DID I HURT AND HOW DID I HURT THEM (i.e., who was affected as a result of my action or inaction)?

HOW CAN I REPAIR THE DAMAGE (i.e., how can I put right what I've put wrong)?

WHAT COULD I HAVE DONE BETTER (i.e., what actions could I have taken to improve the situation)?

ⁱ The Bondage of the Will

ⁱⁱ **Mammon:** While not money itself, “*Mammon*” is an evil / spiritual power which grips and enslaves one through the medium of money.

ⁱⁱⁱ Twenty-Four Hours a Day, Hazelden-Betty Ford Foundation

