

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>Women's Recovery</u> @12:00-1:00p <u>SMART Recovery for Friends & Family's</u> @2:30-3:30p <u>SMART Recovery</u> 4:00-5:00pm	2 <u>Gratitude Meeting</u> @10:30a-11:00 <u>Men's Meeting</u> @11:00-12:00pm <u>Health Education Class</u> @1:30-2:30p <i>Topic: Emotions & Stress Management</i> <u>Rainbow Recovery</u> -@2:30-3:30pm	3 <u>Small Steps</u> 11:00-12:00p	4 <i>Appointment Only</i>
7 	8 <u>Women's Recovery</u> @12:00-1:00p <u>SMART Recovery for Friends & Family's</u> @2:30-3:30p <u>SMART Recovery</u> 4:00-5:00pm	9 <u>Gratitude Meeting</u> @10:30a-11:00 <u>Men's Meeting</u> -11:00-12:00pm	10 <u>Small Steps</u> 11:00-12:00p	11 <i>Appointment Only</i>
14 <u>SMART Recovery</u> 11:00-12pm <u>Art Therapy For Recovery</u> @12:00-1:15p	15 <u>Women's Recovery</u> @12:00-1:00p <u>SMART Recovery for Friends & Family's</u> @2:30-3:30p <u>SMART Recovery</u> 4:00-5:00pm	16 <u>Gratitude Meeting</u> @10:30a-11:00 <u>Men's Meeting</u> -11:00-12:00pm	17 <u>Small Steps</u> 11:00-12:00p	18 <i>Appointment Only</i>
21 <u>SMART Recovery</u> 11:00-12pm <u>Art Therapy For Recovery</u> @12:00-1:15p	22 <u>Women's Recovery</u> @12:00-1:00p <u>SMART Recovery for Friends & Family's</u> @2:30-3:30p <u>SMART Recovery</u> 4:00-5:00pm	23 <u>Gratitude Meeting</u> @10:30a-11:00 <u>Mens Meeting</u> -11:00-12:00pm <u>Volunteer Meeting</u> @ 2:00pm	24 <u>Small Steps</u> 11:00-12:00p	25 <i>Appointment Only</i>
28 <u>SMART Recovery</u> 11:00-12pm <u>Art Therapy For Recovery</u> @12:00-1:15p	29 <u>Women's Recovery</u> @12:00-1:00p <u>SMART Recovery for Friends & Family's</u> @2:30-3:30p <u>SMART Recovery</u> 4:00-5:00pm	30 <u>Gratitude Meeting</u> @10:30a-11:00 <u>Mens Meeting</u> -11:00-12:00pm <u>Volunteer Meeting</u> @ 2:00pm	*Drop-in Hours are from 10:00am-3:00pm Monday-Thursday • <u>Recovery Picnic 12th</u>   RECOVERY ADVOCACY WARRIORS THE HEART OF MONROE RECOVERY	