



Bethlehem Girls Lacrosse



2019

The History of the Bethlehem Central High School Womens' Lacrosse Program

The Bethlehem Central High School Girls lacrosse program is marking its 27th anniversary in 2019. The program started in 1992 as a JV team that was funded, in part, with a grant from the Women's Sports Foundation. The program has accomplished a great deal in the last few decades. There were 57 girls on its inaugural squad and they had two wins and four losses that year under head coach Nancy McKenna. In 1993, 68 girls from grades 8 to 12 fielded Bethlehem's JV and Varsity teams.

In its 27 seasons, the Bethlehem Girls Varsity team has won eight Section II titles, six Regional Championships and was State Class A semi-finalist in 2003 and 2005. The program has developed many exceptional players, a number who have gone on to play in college. The most decorated alumnus is Katie Rowan, two-time U.S. National Team member, and inductee in the Bethlehem High School Hall of Fame. Rowan attended Syracuse University and was a three-time first team All-American who led the nation in scoring with 142 points in 2008. Katie is currently in her inaugural season as the head coach of University of Albany women's Division I lacrosse program. See the list of Bethlehem Alumni who went on to play at the collegiate level.

High School All Americans

2000 Ellen Lowery (Columbia)
2001 Carley St. Lucia (Boston College)
2002-03 Kristen Link (UConn)
2003 Katie Wagoner (Boston College)
2004-05 Katie Rowan (Syracuse)
2005-06 Halley Quillinan (Syracuse)
2006 Emily Szelest (UPenn)
2007 Tee Ladouceur (Syracuse)
2015 Kaylee Rickert (UAlbany)
2017 Katherine Sancilio (UAlbany)
2018 Claire Conway (Detroit Mercy)
2018 Tessa Hughes (Central Connecticut)

Over the past few years, the Bethlehem girls lacrosse team has faced tough competition from other Suburban Council teams such as Saratoga, Niskayuna and Shenendehowa. Last year the 2018 team made their first appearance in the Class A sectional finals since 2007. The girls lacrosse program continues to benefit from the efforts of the Bethlehem Lacrosse Club, which continues to focus on training young female athletes committed to playing lacrosse.

Dani Blanchard and Ian Schwan are in their first season as head coach and assistant coach

respectively, and have a core of returning players from last year's team. This year's returning seniors - Liz Chiarella, Jenna Colabufo, Sophie Glassman, Piper Gregory, Paige Halliday, Lindsey Isenberg, Sophia Koch and Emma Sinuc - are leading this year's varsity team.

Bethlehem Girls Lacrosse Alumni College Players

Meg Stevens (1997)	Halley Quillinan (2006)	Tess Lavigne (2017)
Erica St. Lucia (1998)?	Tricia Primomo (2006)	Kathryn Sancilio (2017)
Amy Venter (1998)	Emily Szelest (2006)	Sophie Powers (2017)
Lily Corrigan (1999)	Cate Quinlan (2006)	Maeve Piasecki (2017)
Grace Tsan (1999)	Natalie Singer (2006)	Katherine Chiarella (2018)
Heather Axford (1999)	Tee Ladouceur (2007)	Claire Conway (2018)
Lindsey (Carter) Piechnik (2000)	Caitlin Nevins (2007)	Tessa Hughes (2018)
Ellen Lowery (2000)	Lauren Wendth (2007)	Kayla Radzminski (2018)
Katie Riegel (2000)	Megan O'Donnell (2008)	Katie Zito (2018)
Emily Riegel (2001)	Shirah Fudin (2010)	
Susie Breaznell (2001)	Allie Phelan (2010)	
Carley St. Lucia (2001)	Michelle Primomo (2010)	
Kerry Hicks (2001)	Kylie Caesar (2010)	
Dani Blanchard (2002)	Ali Woller (2011)	
Amy O'Donnell (2002)	Kaitlyn Ayres (2011)	
Kristen Link (2003)	Maeve Conway (2012)	
Katie Wagoner (2003)	Tori McGrath (2012)	
Kate Metevia (2003)	Moria Greenstein (2012)	
Katelyn Primomo (2003)	Emily Conway (2014)	
Brianna Bubeck (2003)	Emily Miron (2014)	
Emily Cohen (2003)	Mary Kate McDonough (2014)	
Sarah Fudin (2005)	Emma Cremo (2015)	
Kelly Hughes (2005)	Sienna Marcelle (2015)	
Tess McGrath (2005)	Kaylee Rickert (2015)	
Mackenzie Riegel (2005)	Sydney Klugman (2016)	
Katie Rowan (2005)	Sophia Calabrese (2017)	
Emma Strachman (2005)	Natalie Cook (2017)	

When you need us,
we're right here.



We're Conway & Kirby, a nationally recognized personal injury law firm located right in town in the Four Corners District of Delmar. Our experienced team of attorneys and staff are dedicated to representing injured clients in need with professionalism, compassion and respect. Your initial consultation is always free of charge. Call on us when you need us – we are here to help.

- Motor Vehicle Collision
- Wrongful Death
- Premise Liability
- Slip & Fall
- Medical Malpractice
- Construction Accidents
- Trucking Accidents
- Negligent Security & Negligent Sexual Assault
- Defective Products Liability
- Municipal Liability



413 Kenwood Avenue • Delmar, New York 12054 • 518.533.1050 • cklawyers.com
© Conway & Kirby PLLC, 2017 • Attorney Advertising

TRAIN LIKE CHAMPIONS...
TO PLAY LIKE CHAMPIONS!
See you next Preseason!
#levostrong

LEVO

S T R E N G T H

HIIT • WEIGHT TRAINING • MOBILITY

VARSITY

Danielle Blanchard – Head Coach

Ian Schwan – Assistant Coach

Friday	March 15, 2019	6:00 PM	Niskayuna/ W.Genny	Union
Saturday	March 24, 2019	5:30 PM	RPI Playday	RPI
Wednesday	March 27, 2018	5:30 PM	Kingston	Dietz Stadium
Saturday	March 30, 2019	12:00 PM	Shaker	Arthur Walker Field
Tuesday	April 2, 2019	4:15 PM	Averill Park	BCHS
Saturday	April 13, 2019	3:00 PM	Guilderland	BCHS
Tuesday	April 16, 2019	3:30 PM	Ballston Spa	Ballston Spa HS
Monday	April 22, 2019	12:00 PM	Saratoga	Saratoga HS
Tuesday	April 23, 2019	2:30 PM	Shaker	BCHS
Thursday	April 25, 2019	12:00 PM	Niskayuna	Niskayuna HS
Tuesday	April 30, 2019	4:15 PM	Colonie	Colonie HS
Thursday	May 2, 2019	6:00 PM	BH-BL	BH-BL HS
Friday	May 3, 2019	4:15 PM	Albany	Albany HS
Tuesday	May 7, 2019	4:15 PM	Shenendehowa	BCHS
Thursday	May 9, 2019	7:00 PM	Albany	BCHS
Friday	May 10, 2019	4:30 PM	Queensbury	Queensbury HS
Monday	May 13, 2019	4:15 PM	Columbia	BCHS
Tuesday	May 14, 2019	4:15 PM	Saratoga	BCHS
		4:15 PM	Sectional Semifinal	TBD
		4:15 PM	Sectional Semifinal	TBD
		4:15 PM	Sectional Final	TBD

Player Name	Year	Pos.	#	Player Name	Year	Pos.	#
Ayres, Lindsay	2020	M	19	Jones, Brynn	2020	D	6
Burdick, Amy	2020	A	14	Kirby, Katie	2020	A	4
Chiarella, Liz	2019	D	1	Koch, Amanda	2021	A, M	2
Cicek, Damla	2020	D	3	*Koch, Sophia	2019	GK	16
*Colabufo, Jenna	2019	M, D	12	Macdonald, Mia	2020	D	20
Daggett, Avery	2021	M	24	McGrath, Ashlynn	2020	A	9
Glassman, Sophie	2019	M, D	11	Murray, Kiersten	2020	A	20
Gregory, Piper	2019	A	13	Noonan, Olivia	2020	GK	14
Halliday, Paige	2019	A	15	Riker, Lauren	2021	A	21
Healy, Mae	2020	M, D	10	Sinuc, Emma	2019	D	17
Hewison, Julia	2021	M	18	Stewart, Ella	2021	D	23
Isenberg, Lindsey	2019	GK	7	Wise, Caroline	2020	M	5
Jones, Avery	2021	A, M	8				



**Congratulations LIZ –
we are proud of you and
wish you success in college!**

**Love,
Mom and Dad,
Katherine and Joey**

***Congratulations to all the
g r a d u a t i n g s e n i o r s !
Wishing you an in cre d i b l e
2 0 1 9 s e a s o n a n d b e s t o f
l u c k i n a l l y o u r f u t u r e
e n d e a v o r s !***

Go NIBS!!

We have loved watching you
play lacrosse all these years
and seeing all the great
friendships you have made.

We love you Paige.

Love,
Mom, Dad, Devon,
Jake and Ryder

***Congratulations Lindsey!
We are so proud of you.***

***Love,
Mom, Dad and Zachary***

WHITING INSURANCE AGENCY

AUTO Insurance



HOME Insurance



Ask about our Exclusive
Home Videotaping Service

With Whiting Insurance Agency, your protection does not take a back seat to price. You'll learn exactly what those insurance coverages are and how they protect you and your loved ones. You'll finally be armed with the knowledge to make smart decisions. Together, we'll build the perfect policy with the right price AND the right protection.

We successfully insure 82% of the people that request a quote from us!

ONLINE Defensive Driving Course



Save up to
10% Annually
on your
car insurance!

There are several approved providers of the internet course and most charge a one-time fee of \$49.

We are proud to represent
NY Central Mutual, offering the
course at a reduced rate of

only \$25.

www.whitinginsurance.com

Get a Quote ~ www.whitinginsurance.com

448 ROUTE 9W, GLENMONT 436-6500

Paige -
Way to Go - Off to Northeastern -
So Proud of You.

U'R the best!

Thanks for all the exciting games.

Love G-Ma and Nana
XXX

Have a great season,
Amy!

Go Eagles

Talent may get you on the field, but
it's attitude and effort that will keep
you there.

~Ken Griffey Jr.

Congratulations, Piper!
Love,
Dad, Mom and Garrett



4th Generation Opticians serving Bethlehem families for over 104 years!

- On-site Exams
- On-site Lab
- On-site Doctors



Our optomap digital retina
exam reduces the need
for eye dilation.

*Latest
Technology*


BUENAU'S
Opticians Inc.®

Licensed Optometrists **ON-SITE**
to perform your
comprehensive eye exams.



228 Delaware Avenue, Delmar / 518-439-7012 / www.BUENAU.com

JUNIOR VARSITY

Kevin Shannon – Head Coach

Saturday	March 23, 2019	8:30 AM	Playday	Union
Wednesday	March 27, 2019	4:30 PM	Kingston	Kingston MS
Saturday	March 30, 2019	2:30 PM	Shaker	Shaker HS
Tuesday	April 2, 2019	4:15 PM	Averill Park	BCHS
Tuesday	April 9, 2019	4:15 PM	Columbia	BCHS
Saturday	April 13, 2019	12:00 PM	Guilderland	BCHS
Tuesday	April 16, 2019	5:30 PM	Ballston Spa	Ballston Spa HS
Monday	April 22, 2019	12:00 PM	Saratoga	Saratoga HS
Tuesday	April 23, 2019	2:30 PM	Shaker	BCHS
Thursday	April 25, 2019	12:00 PM	Niskayuna	Niskayuna HS
Tuesday	April 30, 2019	4:15 PM	Colonie	Colonie HS
Thursday	May 2, 2019	4:15 PM	BH – BL	BH – BL HS
Saturday	May 4, 2019	1:00 PM	Albany	Albany HS
Tuesday	May 7, 2019	4:15 PM	Shenendehowa	BCHS
Thursday	May 9, 2019	4:15 PM	Albany	BCHS
Friday	May 10, 2019	4:15 PM	Queensbury	Queensbury HS
Tuesday	May 14, 2019	4:15 PM	Saratoga	BCHS

Player Name	Year	#	Player Name	Year	#
Amodeo, Elizabeth	2022	15	Martin, Tori	2021	14
*Canova, Alaina	2021	7	NeJame, Sarah	2022	28
Cardinal, Peyton	2022	11	Owens, Maire	2022	24
Cerza, Madelyn	2022	3	Poccoroba, Maria	2022	12
Conway, Cameron	2022	16	Reilly, Caroline	2022	2
Cummings, Campbell	2022	21	Rounds, Maddy	2022	20
Evangelista, Bella	2021	17	Schrempf, Christine	2022	10
Graham, Kirstin	2022	4	*Thibault, Mya	2021	8
Harvey, Julia	2021	23	*Tietjen, Devin	2021	18
Herrick, Madelyn	2021	6	Weinert, Julia	2022	19
Hosford, Phoebe	2022	13			



**Let's
Go
BC
Lax!**

Thank You Coaches
For Your Time &
Dedication!

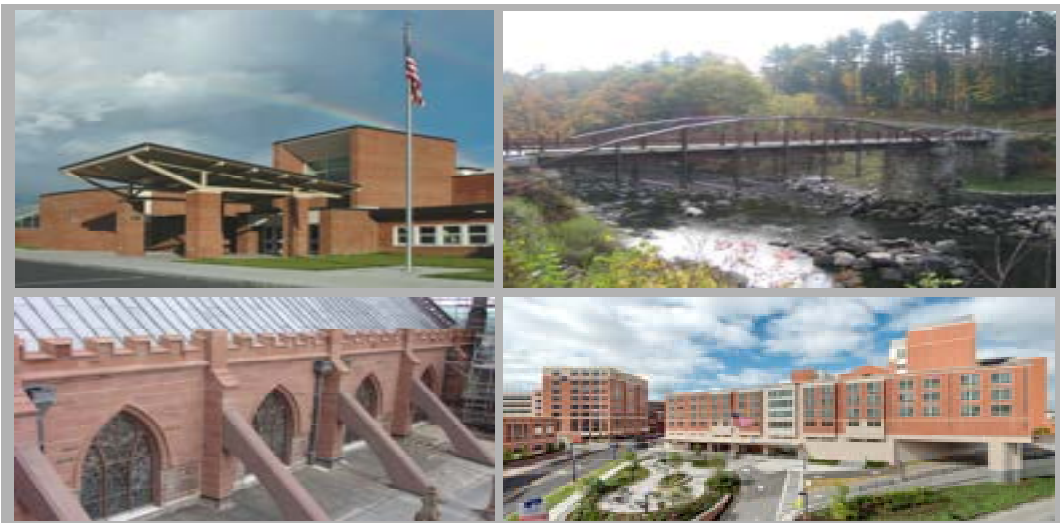
~ The Klein Family ~



RYAN BIGGS CLARK DAVIS

ENGINEERING & SURVEYING

Building Success Through Teamwork;
True in Athletics and Engineering



Providing Engineering Services to Bethlehem CSD for over two decades

**Structural Engineering | Civil Engineering | Surveying
Repair & Restoration | Construction Support & Inspection**

Capital District | Hudson Valley | Finger Lakes
www.ryanbiggs.com | info@ryanbiggs.com



Selling Your House?

Benefit from my expert real estate advice and professional home staging tips for superior home selling results!



- Certified Home Staging Professional
- Gabler Realty 2018 Top Producer
- Professional Photography & Marketing
- Your Delmar Neighbor!



READ MY 5-STAR ZILLOW REVIEWS!

Mary Canova, C: (518) 928-9797

R.E. Salesperson | MaryCanova7@Gmail.com | 321 Delaware Ave, Delmar, NY 12054 

See more home staging success examples at www.GablerRealtyNY.com/Mary





JANNEY MONTGOMERY SCOTT LLC
PROUDLY SUPPORTS THE
BETHLEHEM CENTRAL EAGLES

Good luck during the 2019 season!



JANNEY MONTGOMERY SCOTT LLC
7 Southwoods Blvd, Suite 200, Albany, NY 12211
518.426.6249 • www.janney.com

© Janney Montgomery Scott LLC • Member: NYSE, FINRA, SIPC



"Specializing in Industrial
Engineering and Construction"

Industrial Process Design | 834 Kenwood Ave | Slingerlands, NY 12159

T: (518) 439-6575 ext. 10 | C: (518) 265-3747 |

Contact: John R. Sinuc, PE | President | jksinuc@ipd1.com

DISCIPLINES

- Process & Chemical Engineering
 - Mechanical Engineering
 - Civil/Structural Engineering
 - Electrical Engineering
 - Process Control & Automation
- PLC Programming & Panel Design



Dr. Michael P. Looney, FAAP
Dr. Holly Swanson, FAAP
Dr. Jennifer K. Larner, FAAP

Dr. Alexander C. Brand, FAAP
Veronica Armbruster, MS, FNP-C

1220 New Scotland Road Suite 203
Slingerlands, New York 12159
518-439-2273 (CARE) Fax 518-439-2834
Automated 518-439-2631

www.delmarpediatricspllc.com

MODIFIED

Erin Jones – Head Coach



Player Name	Year	#	Player Name	Year	#
Bohl, Dylan	2023	8	MacDonald, Violet	2023	14
Brand, Izze	2023	15	McInerney, Caitlyn	2023	20
Conway, Maeve	2023	2	Nichols, Anna	2024	4
Connolly, Grace	2023	16	Palella, Nina	2023	12
Crellin, Gabby	2023	13	Phang, Kirsten	2024	28
Daggett, Addison	2024	3	Piccinini, Violet	2023	9
Decancio, Jill	2023	5	Qualia, Katherine	2024	1
Donovan, Riley	2023	18	Ruth, Erika	2024	17
Klein, Sophie	2023	33	Tietjen, Kaitlyn	2024	34



For more than 85 years, we've been a family in business, making a positive difference in people's lives.

We're proud to be caring citizens and to partner with organizations like the **Bethlehem Central Schools Girls' Lacrosse Program**, helping to enhance and improve the quality of life in the neighborhoods where we live and work.



www.pricechopper.com



www.market32.com

We're not just in your neighborhood,
we're your neighbor.

PLEASE SUPPORT THE SPONSORS WHO SUPPORT OUR GIRLS!

*BETHLEHEM LACROSSE CLUB
BUENAU'S OPTICIANS
CAPITAL REGION COALITION FOR THE HOMELESS
CONWAY & KIRBY, PLLC
DELMAR PEDIATRICS
INDUSTRIAL PROCESS DESIGN
JANNEY MONTGOMERY SCOTT
LEVO STRENGTH
MARY CANOVA, GABLER REALTY
MY PLACE & CO.
PRICE CHOPPER
RYAN BIGGS/CLARK DAVIS
SWIFTY'S RESTAURANT AND PUB
WHITING INSURANCE*

BETHLEHEM LACROSSE CLUB



**OPEN TO BOYS & GIRLS
IN GRADES 1-8**

- Games can be local or travel
- Experienced Coaching Staff
- Boys and Girls High School Coaches take an active role in player development
- Teaches fundamentals of lacrosse to both skilled and new players, and also focuses on good sportsmanship and teamwork



BETHLEHEMLACROSSECLUB.COM

**NEW PLAYERS
ALWAYS
WELCOME**

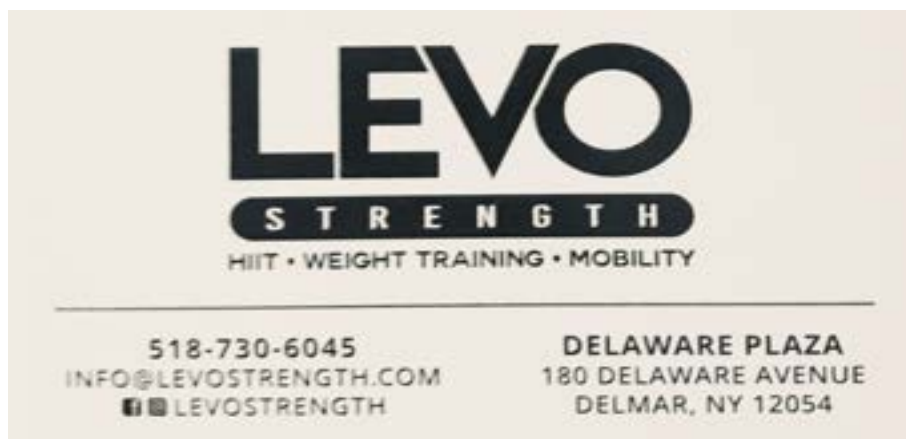
**SUMMER CAMP
REGISTRATION FOR
BOYS AND GIRLS
NOW OPEN!**



SPECIAL THANKS

- **To the Coaches** - for your time, commitment, and dedication to the sport and player development. You never fail to give your all, even when obligations to family, work and other commitments remain prevalent. You serve as an example of selflessness and passion. Thank you.
- **To the Fans** – for showing up at each game, despite the weather, cheering and offering sideline support. You make the game better. Thank you.
- **To the Parents** – for the meetings, carpools, volunteer work and making the season run so smoothly. Thank you.
- **To the Sponsors** – for your financial support that allows us to purchase equipment, rent turf time, and grow our program. Thank you.

FREE CLASS PASS



THANK YOU OFFICIALS,

THANK YOU FANS,

Way to Go, EAGLES

GO BC!