

S Point Training and Management, Inc

Coaching for Life Transformation Training for Young Adults

Proposal for Training

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This is a Sample of the Proposal

Executive Summary

The inception of this project draws from a lifetime of observing and developing social service programs aimed at assisting individuals in their journey to integrate into society. Observation has been the cornerstone of our learning and problem-solving process. As we seek solutions, understanding the outcomes of previous interventions becomes crucial. While most programs adhere to logical models that theoretically enhance success rates, Coaching for Life stands apart. It offers a unique approach that doesn't guarantee success but significantly improves personal growth and development odds.

Coaching for Life transcends the typical social service program. It leverages distinctive observation skills and problem-solving abilities rooted in developmental psychology. Tailored to address the needs of women, people of color, and those entrenched in generational poverty, this program provides a safe space for self-discovery and decision-sharing. It equips participants with essential tools for personal growth.

Our mission centers on facilitating the maturation process into adulthood—a universal journey we all undertake. Addressing developmental imperatives at each stage of adult maturity is critical. While some imperatives can be delayed or managed, unaddressed ones often lead to maladaptive behavior. This process unfolds over time, and the pace of maturity remains constant.

Distractions pose challenges for all adults. Despite the shared desire among 95% of adults to lead productive and meaningful lives, various factors hinder the realization of this aspiration. Cultural influences significantly impact our growth trajectory, and we recognize different populations' unique challenges.

This training proposal aims to empower women, people of color, and those caught in generational poverty by acknowledging their distinct challenges and strengths. Our goal is to illuminate pathways to success for maturing young adults. However, we recognize that true impact requires ownership. Therefore, we must create a framework where the intended beneficiaries actively shape the project. Their voices must be heard and their needs met to prevent well-intentioned efforts from faltering.

Three critical training conditions determine the success of this initiative:

- 1. Incentive for Participation:**

- We propose a reasonable living wage of \$15.00/hr.
- This wage compensates participants and demands their active participation in the program. It's more than a stipend—a job with a salary.

2. Ownership and Collective Identity:

- Each cohort embarks on a unique journey within this process.
- As training progresses, participants decide how individual goals align with collective objectives.
- Some may find employment and pursue career-oriented paths, while others embrace learning, decision-making, and skill development as valuable tools for leadership and ownership.

3. Implementation Commitment:

- The success of this project hinges on staff commitment to align services with the group's evolution.
- We emphasize the transition from individual growth to team dynamics and, eventually, corporate evolution.

Coaching for Life is more than a program—it's a transformative process. By actively involving participants, addressing their unique challenges, and fostering a sense of ownership, we aim to empower maturing young adults on their journey toward success and maturity.

The final condition for this project's successful implementation lies in our staff's commitment. As practitioners of developmentally linked human services, we recognize the importance of aligning our services with the group's evolution—moving from individual growth to team dynamics and, eventually, corporate evolution. Our commitment extends beyond personal satisfaction; it centers on achieving specific objectives:

1. Critical Thinking and Decision-Making:

- Our goal is to empower young adults to think before they act.
- We teach them to make informed choices, considering consequences and long-term impact.

2. Holistic Well-Being:

- Maintaining mental and physical health is essential for overall well-being and performance.
- We emphasize self-care as a foundational aspect of personal growth.

3. Collaboration and Teamwork:

- Trusted peers play a crucial role in making consequential decisions.
- We encourage young adults to seek input from their team, fostering collective wisdom.

4. Building Confidence and Empowerment:

- Confidence is a catalyst for empowerment.
- We equip young adults with the tools to navigate life's challenges.

The magic of creative thinking lies beyond mere survival. When basic needs are met, independent thought flourishes, and creativity emerges. Our self-selection process ensures that participants actively engage in this transformative journey. The Coaching for Life Project's Phase 1 Immersion serves as a renaissance—a rebirth into a life where resilience meets challenges, health aligns with ambition, collaboration amplifies individual prowess, and financial acumen empowers.