

[Home page copy rewrite for <http://www.naturaltherapeuticswi.com/index.html>]

Natural Therapeutics provides massage, wellness, and spa services: because you deserve to be treated like the special person you are. Spend an hour with us, or a whole day!

At Natural Therapeutics, we're all about body maintenance and making you feel as amazing as possible. Come for the relaxation, return for rejuvenation. We look forward to providing you with a complete therapeutic experience.

We offer four single rooms and two couples' rooms, so we can accommodate multiple treatments at once. Think of us for your bridal shower, birthday party, or other special occasion. Feel good together!

Natural Therapeutics is a mother-daughter owned and operated business, proudly serving the New Berlin, Brookfield, Waukesha, Wauwatosa, and Milwaukee areas since 1989.

Heal

Our massage therapists can work with you to alleviate pain, tension, and chronic problems. We offer multiple healing massage types, such as Swedish, deep tissue, lymphatic, sports, and repetitive injury massage. Massages can be as deep or as light as you'd like.

Every one of our massage therapists have over 10 years of experience. Whether you're aiming for relaxation, pain relief, or both, we have the knowledge and experience to take care of you. We tailor our techniques based on your needs and desires.

Have you heard of craniosacral bodywork? If you feel more comfortable staying fully clothed, craniosacral work is a good option. This therapy uses light touch to balance the cerebral spinal fluid of the central nervous system. Our craniosacral therapy practitioners work with your connective tissue, or fascia, to boost healing and self-regulation.

Reiki is also part of our healing abilities—several members of our staff are reiki masters. You can add reiki into many of our services—just ask. Like massage, reiki is deeply relaxing and can help speed recovery from injury, surgery, or traumas of various kinds.

Relax

Natural Therapeutics is your relaxing home away from home. Sit back, chat with our staff, and enjoy the calming atmosphere. Our goal is to make sure your experience is serene and satisfying. Every room at Natural Therapeutics is a quiet, peaceful place.

We offer massages to help you release the day's troubles: a salt/sugar scrub to gently exfoliate while rubbing away your cares. Or try a chocolate mud wrap with massage, to moisturize your skin and relax the muscles.

How about a detoxifying footbath? Warm water will swirl around your toes while you relax into the chair's cushions. You'll come away feeling refreshed and ready to tackle whatever comes next.

Natural Therapeutics also offers infrared saunas. If you've been under the weather, an infrared sauna treatment can help. It's like a snug sleeping bag with arms. Your arms can be inside or outside, and your head is out. The infrared helps you warm up and release toxins.

Enjoy

We offer a variety of facials, including anti-aging and dermaplaning. Enjoy a refreshing skin cleanse, exfoliation, and moisturization. Every facial is tailored to your specific skin type. When we're done, your skin will be glowing!

Add on a 30 minute massage with your facial for some extra relaxation. Or try a redlight Bemer treatment to improve blood flow.

We offer body waxing, too. Soon you'll be super smooth! We also offer ear candling, and paraffin hand wax.

If you have questions about anything, just ask. We love talking about how we can serve you.