

Uncompromising...



# CH7000 Challenge Circuit



The Challenge Circuit

CH7000 is a

multi-purpose

weight-training

machine equipped

with various stations

that allow paras, quads,

and able-bodied individuals to

The CH7000 is a machine with no compromises and is manufactured by a world leader in the fitness industry.

This space efficient, single stack unit enables individuals with varied arm and hand strength to perform at a comfortable level with little or no assistance.



## Just Like You!



### Warranty

Lifetime warranty on framework construction and materials limited to the original owner and not including upholstery, pads, cables or pulleys which are warranted up to one year from the date of purchase.

### Design

Apex Designs reserves the right to make changes and improvements in design and materials without notice.

### Specifications

Frame .....	2" x 2" 11 gauge tubing
Weight .....	450 lbs
Portability .....	Corner Unit
Depth .....	54 in.
Height .....	81 in.
Width .....	76 in.
Weight stack .....	200 lbs (10 lb increments)

### CH7000 Features

- Epoxy powder coat paint
- Commercial grade naugahyde
- Slide pin adjustments
- Chrome guide rods/top plate
- Nylon coated aircraft cable



Expand the capabilities of your Challenge Circuit CH7000 with additional attachments.

- Deluxe 20" curl bar
- Deluxe single grip



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Challenge **Circuit**  
multi-purpose weight-training machine

# 7000

## The Ultimate Workout Machine



Committed to making life easier for you.

# The Ultimate Workout Machine

*because time is muscle*



## Chest Press / Military Press

Duplicates the bench press movement with the safety and comfort of the upright

position. Three multiple handles on the upper arm allow for a choice of grip position to exercise the upper and lower pectoral muscle. The adjustable telescopic back pad moves forward and backward allowing the user to perform at any desired position.

## Dual-Function, Articulating Pec Dec

The pec dec is designed to isolate the pectoral muscles of the chest in a single-joint movement pattern. The back pad is positioned on the upright frame to accommodate proper position and balance as well as isolate the butterfly exercise.



The CH7000 is the only machine of its kind to offer both traditional flys, performed by pressing the elbows against the pads, and also dumbbell-style flys, done by swinging the handles outward to the chest.



*Dumbbell-style fly shown*

*Each arm is independently adjustable to gain full range of motion*



The Challenge Circuit weight stack is slide pin adjustable. All padding and parts telescope so working out is quick and simple.

## Lat Pull

This station allows the user to perform lat pulldowns as well as tricep extensions. An adjustable lap/leg restraint stabilizes the body to insure maximum intensity during the exercises.



## Seated Row

The back pad telescopes out and doubles as a chest pad to add comfort and stability while performing the row. The adjustable upper arm allows the user to choose a variety of starting positions for complete extension throughout the movement.

The upper arm's three handles allow a full workout of the middle to upper back.

## Hi/Mid/Low Pulleys

The lat pull and arm curl stations both have "quick-disconnect" to allow them to be used for separate hi/low pulleys. This individual pulley system will allow a variety of exercises to be performed on the upper body and legs.



## Arm Curl

Designed to fully isolate the biceps and forearm muscles. The comfortable arm pad adjusts to fit any user, insuring support and proper alignment while in use. This station will allow single and two handed curls.



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