The Benefits of
Childhood
Curiosity and How
to Foster It

Who, what, when, where, why, and how? Some of history's greatest minds have posed these questions about everything imaginable.

For example, asking, "What uses of rocks can we find?" has led to the invention of many useful tools. "How do we know this crown comprises gold?" led to the discovery of Archimedes' famous principle of buoyancy. There are many more examples like this.

Yes, asking questions has several advantages, as you may have seen. What, though, makes us question the way the world works? Our place in it? And things we don't understand?

The answer is an impulse known as curiosity. It is a desire for knowledge and understanding that we all have, from infants to adults.

Parents can attest to the number of "whys" they have to answer as soon as their children learn to speak. **We see the benefits of being curious as adults, but** it may seem daunting to deal with curious children. Yet, if you're a parent, know that encouraging your child's curiosity has a lot of benefits.



- 1. **It promotes an active mind.** Children who wonder keep themselves busy and entertained. They have a better chance of figuring out solutions in various situations which can also lead them to be more self-sufficient.
- 2. **It teaches children to be persistent.** It's easier to quit when you don't know how to look for alternatives. Burning curiosity is the unquenchable need to know why, what, and how something works.
 - Curiosity can drive a child to learn more and curious children will not stop until they do. We know this persistence as resilience. Curious children may have to try several times to succeed at something. Each time they go through this process they become more resilient.
 - 3. **It may lead to better academic success.** Kids who are naturally curious and inquisitive are interested in the world they live in. This can also translate to academics, and kids who are allowed to explore the things they're interested in will continue to want to learn.

These are only a few of the benefits of fostering curiosity in your child. Of course, there are dangers to unrestrained curiosity. We can safeguard our children from these by guiding them in their explorations.

Here are some ways you can safely encourage your child's inner inquisitor:

- Let them see the world. Showing your children the world will fill their minds with awe. You can take them to a park and let them run around, or point out the wonderful features of nature.
- You can also teach kids about various cultures, places, and people. As their interest rises, so will their desire to learn more.
- Let them ask questions. Studies say that most three to fouryear-olds ask a question per minute when interacting with others. Even the least interested child asks a question every two or three minutes.
 - They do this to figure out what they don't know. Things they can't touch or feel, for example, may prompt them to inquire,

"What is this?" Allowing your children to ask questions encourages them to be more curious.

- 3. **Provide adequate answers to their questions.** Children's questions are sensitive to the responses they receive. A satisfactory answer will lead to them making more detailed or refined inquiries.
- An unsatisfactory response will cause them to repeat the same question. If a response is insufficient whenever they ask, they will stop asking in time. To encourage your child's curiosity, give them adequate answers to their questions.
- 4. **Set an example by being curious.** Allow your child to watch you ask questions, look things up, and investigate. Some studies revealed that parents who ask many questions themselves directly impact their children.
 - The children go as far as imitating the speech patterns of the parents. An excellent way to foster curiosity in children is for parents to be curious. Parents who ask many questions are likely to raise children who do the same.

Encouraging your child's curiosity builds vital qualities like persistence and self-sufficiency. Above all, you open new

opportunities for them to grow in knowledge and understanding.