



SCHOOL TEAM TRAINING

WEEKLY TRAINING

Weekly training consists of working the skills of your choosing, which can include tumbling, stunts, jumps and routine work.

1 hr per week

\$60 per athlete per month

2 hrs per week

\$75 per athlete per month

CLINICS

Skills clinics consists of working on the skills of your choosing, which can include stunts, jumps and tumbling.

2 hr skills clinic

\$30 per athlete

4 hr skills clinic

\$45 per athlete