

ABOUT ME

I have a Bachelor of Science in Public Health and a Master of Science in Applied Clinical Nutrition. My focus is in epidemiology and infectious disease. Interestingly, I started as a psychology major before finding my true calling in Public Health. Public health, disease pathology investigation, nutrition and (neuroscience being my self taught hobby), are not just career paths for me—they are my passion and purpose. I believe that my Heavenly Father placed me on this earth to pursue this work, and I feel incredibly blessed to follow a path I love. I am a lifelong learner, constantly curious, and always asking 'why' and 'how.'"

