

Hanan: to start off, could you tell us a little bit about yourself and what you do?

0:12 Dr. Aden: My name is Dr. Aden Hagi Aden, I am an Internist and hospitalist, I also see patients who are sick enough to be admitted to the hospital. Specifically, patients admitted to hospitals in the regions saint paul Minnesota.

0:35 Hanan: Do you often see patients sick with COVID at the hospital?

0:40 Dr. Aden: Yes, many people, especially this year I've seen mothers and fathers, children and grandparents, all sorts of people come with tremendous problems because of COVID it's awful. This virus is also disproportionately affecting African Americans, minorities, and people of color in general. That includes the Somali community here at home.

1:20 Hanan: That must be tough, could you expand on What kind of problems people are going through?

1:26 Dr. Aden: Truly, I see a whole range of symptoms that are extreme, including you see, breathing problems and so we have to put together a machine that helps them breathe better. I also come across many different symptoms like heart pain and seizures. **2:00** This disease also infects some severely to the point where they have to stay at the hospital for months and some, unfortunately, pass away from it.

2:12 Hanan: you're right that is really awful. A lot of people have been concerned with how quickly the vaccines were developed.

2:24 Dr. Aden: yes it was, The mRNA vaccine is a scientific breakthrough- it tells the defense system of your body what the virus looks like, your defense system memorizes it exactly and kills the virus whenever it sees it. It is very different from other vaccines but at the moment it is the only thing that is guaranteed to help slow down the spread without any long-term effects. 95% of ppl that use it are completely immune. It is something very well developed and should be looked forward to.

3:00 Hanan: so you're not concerned with how fast it was made?

3:05 Dr. Aden: No! Not at all. This vaccine should be viewed as rather a blessing because this is something we need and that now we have at least one solution for the virus.

3:15 Hanan: Dr. Aden, say... your wife was pregnant, would you give it to her, or encourage her to take the vaccine?

Dr. Aden: Yes, definitely,

Hanan: if she was pregnant?

Dr. Aden: In fact, we recommend pregnant women to take the vaccine. It also protects the baby from COVID.

I know some young people may be worried about their sexual function or fertility, but they should NOT be worried at all.

4:00 Hanan: so does this mRNA vaccine mutate your genes?

4:10 Dr. Aden: No it doesn't, the vaccine has never resulted in the impotence of infertility and this one will not either.

One more thing, even if you had a COVID infection, you should take the vaccine as it protects from the other strains of the virus. It stays far away from the nucleus of the cell, synthesizing spike proteins using ribosomes in the cytoplasm. So, no, there are not at all any worries about genetic mutations, if any- they are just false information.

4:15 Hanan: ok got it, Some people have brought up concerns that there might be animal products in it as well as trusting the government or pharmaceutical industry.

Dr. Aden: no it doesn't, and People shouldn't honestly stress how quickly it was made. The vaccine was made in 2 months but we have actually been developing this new technology for 50 years, and the moment we are ready with the vaccine, the pandemic hit. **5:40** it was tested for 8-9, meaning it was carefully determined to be very safe. And with the people that have been tested on we found that 95% of ppl that use it are completely immune. We can also see that with the new way to make them, you don't have to show your body's protective system the ACTUAL virus. Instead, you show it the virus's harmless skin. And the pharmaceutical industry is always working on ways to improve our health needs. I've heard rumors about microchips, but none of those conspiracies are possible.

6:15 As you know covid has affected 28 million people and 500 thousand people died from it so if we don't come up with effective solutions fast many more people will surely suffer from it.

6:40 Hanan: yes I agree, we should be focusing on the good outcomes of the vaccines.

6: 47 Dr. Aden: of course, this virus can affect anyone including younger people that believe they would be harmed but they have to be keeping in mind that even if not severely affected they will be spreading it to their close and loved ones. We are dealing with a major, life-threatening pandemic. Socially distance, wear a mask, clean your hands frequently, and TAKE the vaccine.

7:15 Hanan: yes, Thank you. Any last words for the viewers?

I took the vaccine, Healthcare providers wouldn't take it unless it was safe. I'm giving it to my family, my children. Anyways, the vaccine is preserved at temperatures much too cold for anything of the sort to exist in it. Again We are dealing with a major, life-threatening pandemic. Socially distance and TAKE the vaccine.

8:18 Hanan: okay thank you so much for your time Dr. Aden.

8: 21 Dr. Aden: Of course, your welcome. Thank you, Hanan