

Podcast 2 – Our Inner Wounds
25 Inner Wounds
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| | Inner Wound |
|----|---|
| 1 | Fear of Being Alone |
| 2 | Anger |
| 3 | Guilt |
| 4 | Shame |
| 5 | Fear of Being in Trouble (being blamed) |
| 6 | Fear of Abandonment |
| 7 | Fear of Not Being Liked/Loved |
| 8 | Afraid to Think Good Things Can Happen To You |
| 9 | Fear of Success |
| 10 | Fear of Not Being Wanted |
| 11 | Fear of Rejection |
| 12 | Fear of Speaking Truth |
| 13 | Being Treated as Disposable (treated like trash) |
| 14 | Belief That You Have To Earn Love |
| 15 | Unrequited Love |
| 16 | Not Being Seen |
| 17 | Fear of Standing Out |
| 18 | Regret |
| 19 | Self-Sabotage |
| 20 | Belief that You Have To Work Hard For Money |
| 21 | Fear that Your True Purpose Won't Financially Support You |
| 23 | Lack of Belief in Yourself |
| 24 | Addiction |
| 25 | Poverty Consciousness |