

Podcast 3 – The Energy Scale
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1	2	3	4	5	6	7	8	9	10
Codepen- dent Disorder	Strong Codepen- dent Tendencies	Medium Codepen- dent Tendencies	Low Codepen- dent Tendencies	Healthy Balanced	Healthy Balanced	Low Narcissist Tendencies	Medium Narcissist Tendencies	Strong Narcissist Tendencies	NPD Psychopath Sociopath