

Saniderm or other Derm wraps:

❖ Leave your Saniderm on for at least 4-6 days. During this time your tattoo is going to weep & the bandage is going to fill up with body fluids called plasma. This plasma will also mix with excess pigment & create a murky colored fluid that will most likely cover your tattoo. This is completely normal so don't panic! Your bandage is also breathable & water proof so there is no need to worry about it getting wet during showers. ❖ ❖ NEVER touch your tattoo unless you have clean hands. Germs & bacteria are everywhere & a healing tattoo needs to be properly cared for. ❖ When you are ready to remove the Saniderm it is best to do this in the shower. Place your tattoo under lukewarm water & slowly remove the bandage carefully. (dead skin may or may not come off with the Saniderm so don't be alarmed if this happens.) Avoid taking off the bandage DRY. Immediately wash your tattoo with antibacterial soap (GOLD DIAL) & your hand. Do not use any other washes or soaps. Gently massage the tattoo & build up a good sud & make sure it's not slimy. NEVER USE A RAG OR LOOFA or anything but your hand to wash the tattoo!! ❖ Rinse the tattoo well & pat dry with a clean paper towel. ❖ Apply a small amount of unscented lotion to the tattoo.

Never use any OILS, ANTI-ITCH CREAMS, HEALING CREAMS, NEOSPORIN, AQUAPHOR, A&D, ECT.... The Saniderm removes the need for healing ointments. ❖ Repeat the washing & lotion steps twice a day until your tattoo is healed. If your tattoo appears dry in between washes apply lotion as needed. ❖ DO NOT wrap or re-bandage the tattoo once the Saniderm is removed! ❖ If you have a reaction to the Saniderm please reach out to your artist. If it comes off before the 4-6 days & exposes the tattoo, please contact your artist for further healing instructions. ❖ Your tattoo may still peel, flake, or itch. Be sure NOT to pick or scratch the tattoo as that may damage the new skin, & NO anti-itch creams. ❖ NO submerging in water (no bath, pools, hot tubs OR ANY BODIES OF WATER! Showers only!) as well as no sun exposure or tanning beds. ❖ Avoid working out, gyms, or excessive sweating while the tattoo heals. ❖ Try to wear loose breathable clothing during healing & avoid clothing/bedding sticking to it if possible. Extra care & precautions need to be considered for high movement areas. ❖ If you have any other questions or concerns, please contact your artist

DO NOT PICK AT IT

-As the tattoo heals you might have a spot or two that scab. DO NOT PICK AT SCAB!

TATTOO AFTERCARE INSTRUCTIONS IF NOT USING SANIDERM

-Leave bandage on for a minimum of 3 hours (preferably overnight)

TATTOO AFTERCARE INSTRUCTIONS: Antibacterial WASH IF NOT USING SANIDERM

-Using your fingertips and liquid anti-bacterial hand soap, gently wash your tattoo under warm running water.

-Pat dry using a clean paper towel. APPLY AQUAPHOR CREAM (Not ointment , as petroleum base products can clog skin pores)

-Put a very small amount of AQUAPHOR on a clean finger and rub in thoroughly until there is no greasy residue. Repeat this process until the entire tattoo has been moisturized.

-Wash and apply AQUAPHOR 3- 5 times a day for a maximum of 5 days.

-After 5 days if you still feel the need to moisturize switch to LUBRIDERM or another light unscented lotion.

-DO NOT ATTEMPT TO PUT A LARGE AMOUNT OF AQUAPHOR IN ONE AREA AND RUB OVER THE ENTIRE TATTOO. This will over moisturize the tattoo leading to a rash. If you start to develop a rash call the shop immediately.

DON'T GO SWIMMING

-Do not submerge your tattoo in water until it's fully healed.

KEEP TATTOO OUT OF SUNLIGHT

-Be aware that even if your tattoo is healed enough to go in water it is still VERY thin skin for the first month. If your tattoo is healed enough to go swimming, then use a waterproof sunblock of at least SPF 45 for the first month.

LIMIT YOUR PHYSICAL ACTIVITY

-You don't want to go to a public gym/Hospital/Jail or Public school while your tattoo is healing. These places are seething with MRSA (a flesh-eating strain of Staph infection). If you must visit a place like this, please make sure your healing tattoo is bandaged.

-If you have pets then be aware of your fresh tattoo while handling them. Don't let them touch your healing tattoo. If you garden then make sure your healing tattoo is appropriately covered to ensure it does not get dirt or chemicals on it.

-Do not let anything touch your tattoo while it's healing other than clean hands, clean clothing/bandage and moisturizer.

PAY ATTENTION TO YOUR TATTOO

Areas that tend to bend a lot have a more troublesome time healing and you should focus on or "baby" these areas as your tattoo heals.

PLEASE REMEMBER THAT YOUR FRESH TATTOO IS A WOUND

Although an infection is rare, they can and do happen. The signs of an infected tattoo include-Swelling, inflammation, or excessive heat around your tattoo lasting longer than 48 hours.

-A yellowish/green discharge. While it is normal for tattoos to bleed and discharge a clear fluid called "Lymph" for up to the first 24 hours. However, a yellowish/green discharge is not a normal part of the healing process and should be taken seriously.

-Swollen lymph nodes

-A foul smell emanating from your tattoo

-Red streaks stemming from your tattoo and traveling toward your heart

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