

# CRISIS RESOURCE LIST



**Wise Mind**  
*Counseling Services Inc.*

2023

## **Riverside County Resources**

### **HELP Line - 24 Hour Crisis/Suicide Intervention**

The HELPLine is a free, confidential Crisis/Suicide Intervention service. Operated by highly trained volunteers, the line is open 24-hours a day, seven days a week.

Phone: (951) 686-HELP (4357)

### **National Suicide Prevention Lifeline**

By calling 1-800-273-TALK (8255) you'll be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7**.

Phone: (800) 273-TALK (800-273-8255)

Spanish line: (888) 628-9454

TTY: (800) 799-4TTY (4889)

Veterans Press "1"

### **Crisis / Mental health**

Psychiatry Walk-in Clinic

LALLY Medical Group / ARIOP

5050 San Bernardino St

Montclair, CA 91763

IEHP only members

Call (909) 281-5800

Monday – Friday, 9am – 5pm. (Must be there by 4pm to be seen)

### **CARES Line**

24/7

1-800-706-7500

### **24/7 Mental Health Urgent Care**

Provides 24 hour/7 days/365 urgent care mental health screening and assessment services and medications to address the needs of those in crisis in a safe, efficient, trauma-informed, and least-restrictive setting.

**Riverside: 9890 County Farm Rd. Riverside, CA 92503** (951) 509-2499

**Palm Springs: 2500 N Palm Canyon Dr, Suite # A4 Palm Springs, CA 92262** (442) 268-7000

**Perris: 85 Ramona Expressway, Suites 1-3 Perris, CA 92571** 951-349-4195 Main

### **Veterans Crisis Line**

The Veterans Crisis Line is a Department of Veterans Affairs (VA) resource that connects Veterans in crisis or their families and friends with qualified, caring VA professionals. Confidential support is available 24 hours a day, 7 days a week.

Phone: (800)-273-8255 Press 1

### [The Trevor Lifeline](#)

National organization providing crisis and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) Youth  
866-4-U-TREVOR (866-488-7386)

### [EMERGENCY PSYCHIATRIC HOSPITAL](#)

#### [AFFILIATED WITH RUHSBH](#)

#### **Riverside University Health System Medical Center Emergency Treatment Services (ETS)**

Provides psychiatric emergency services 24 hours a day, 7 days a week for all ages, which includes evaluation, crisis intervention, and referrals for psychiatric hospitalization, as needed for adults, children, and adolescents. Consumers may be referred to the Inpatient Treatment Facility (ITF) or other private hospitals.  
9890 County Farm Road, Ste. 4  
Riverside, CA 92503  
Phone: (951) 358-4881  
Se Habla Español

#### **[Telecare Riverside Crisis Stabilization Services](#)**

Provides psychiatric emergency assessment and crisis stabilization for up to 24 hours for all ages. Services include evaluations, crisis intervention and referral for psychiatric hospitalization. Telecare

Riverside Crisis Stabilization Services operate 24 hours a day, 7 days a week. This facility is also a 5150 provider.  
47-825 Oasis Street  
Indio, CA 92201  
Phone: (760) 863-8600 or (760) 863-8455  
Se Habla Español

### [KAISER EMERGENCY CENTERS](#)

#### [Riverside Medical Center](#)

10800 Magnolia Ave.  
Riverside, CA 92505  
951-353-2000  
24 hours, 7 days a week  
[Desert Regional Medical Center\\*\\*\\*](#)  
1150 N Indian Canyon Dr  
Palm Springs, CA 92262  
760 323-6511  
24 hours, 7 days a week  
No appointment needed

#### [Hi-Desert Medical Center\\*\\*\\*](#)

6601 White Feather Rd  
Joshua Tree, CA 92252  
760-366-3711  
24 hours, 7 days a week  
No appointment needed

**Inland Valley Medical Center\*\*\***

36485 Inland Valley Dr  
Wildomar, CA 92595  
951-677-9773  
24 hours, 7 days a week  
No appointment needed

**John F. Kennedy Memorial Hospital\*\*\***

47111 Monroe St.  
Indio, CA 92201  
760-347-6191  
24 hours, 7 days a week  
No appointment needed

**Moreno Valley Medical Center**

27300 Iris Ave  
Moreno Valley, CA 92555  
951-243-0811  
24 hours, 7 days a week  
No appointment needed

**Rancho Springs Medical Center\*\*\***

25500 Medical Center Dr  
Murrieta, CA 92562  
951-696-6161  
24 hours, 7 days a week  
No appointment needed

**Temecula Valley Hospital\*\*\***

31700 Temecula Pkwy.  
Temecula, CA 92592  
951-331-2200  
24 hours, 7 days a week  
No appointment needed

**Fontana Medical Center**

9961 Sierra Ave.  
Fontana, CA 92335  
833-574-2273  
24 hours, 7 days a week  
No appointment needed

**Ontario Medical Center**

2295 S. Vineyard Avenue  
Ontario, CA 91761  
909-724-5000  
24 hours, 7 days a week  
No appointment needed

## **Non-Kaiser Emergency Rooms**

### **Corona Regional Medical Center**

800 S Main St. Corona, CA 92882

951-737-4343

24 hours, 7 days a week

### **Parkview Community Hospital Medical Center**

3865 Jackson St Riverside, CA 92503

951-688-2211 24 hours, 7 days a week

-

### **Riverside Community Hospital**

4445 Magnolia Ave Riverside, CA 92501

951-788-3000

24 hours, 7 days a week

### **Riverside University Health System Medical Center**

26520 Cactus Ave Moreno Valley CA,  
92555

951-486-4000

24 hours, 7 days a week

### **Loma Linda University Medical Center:**

Emergency Room

11234 Anderson St, Loma Linda, CA 92354

909-558-4444

24 hours, 7 days a week

### **Dignity Health - Community Hospital of San Bernardino**

1805 Medical Center Dr

San Bernardino, CA 92411

909-587-1496

24 hours, 7 days a week

## **Call for an Assessment and Appointment**

### **Substance Use Community Access, Referral, Evaluation, and Support (SU CARES) Line**

**(800) 499-3008**

### **Substance Abuse Programs for Populations Served:**

treatment (NTP) are available. Locations  
are county-wide.

All program facilities are ADA compliant.

Translation services are provided for all  
programs including ASL.

(866) 218-4697 to verify insurance and  
begin treatment

For Riverside County Medi-Cal, please call  
(800) 499-3008 for an assessment

<https://www.mfirecovery.com/>

## Orange County Resources

### 24 Hour Suicide Prevention Lifeline:

Phone Number: **988**

Toll-free, accredited hotline operates 24 hours a day, 7 days a week and is available to individuals of all ages who 1) are experiencing a behavioral health crisis and/or suicidal thoughts, 2) have attempted suicide and may be living with depression, 3) are concerned about a loved one possibly attempting suicide, and/or 4) are coping with the loss of a loved one who died by suicide. If you are experiencing a life threatening emergency, please call 9-1-1.

### 24/7 The Mobile Crisis Assessment Team

(CAT): **855-625-4657**

This multi-disciplinary program provides prompt response in the county when an individual is experiencing a behavioral health crisis. The CAT also includes the Psychiatric Emergency Response Teams (PERTs), which consist of CAT clinicians who are stationed or ride along with assigned law enforcement officers to address behavioral health-related calls in their assigned city.

### Orange County Hospitals With Psychiatric Units

### Anaheim Global Medical Center (formerly Western Medical Center Anaheim)

1025  
South Anaheim Blvd. Anaheim, CA 92805  
Phone: (714) 533-6220 and (888) 428-7828  
College Hospital Costa Mesa 301 Victoria  
Street Costa Mesa, CA 92627 Phone: (949)  
642-2734

### Evaluation and Treatment Services (ETS)

1030 West Warner Avenue Santa Ana, CA  
92707 Phone: (714) 834-6900

Huntington Beach Hospital 17772 Beach  
Blvd. Huntington Beach, CA 92627 Phone:  
(714) 843-5020

Los Alamitos Medical Center 3751 Katella  
Avenue Los Alamitos, CA 90720 Phone:  
(562) 799-3234

### Mission Pacific Coast Recovery (formerly

Mission Hospital Laguna Beach) 31872  
Coast Highway South Laguna Beach, CA  
92651 Phone: (949) 499-7501  
Newport Bay Hospital 1501 East 16th Street  
Newport Beach, CA 92663 Phone: (949)  
650-9750

### Royale Therapeutic Residential Center

(TRC) 1030 West Warner Avenue Santa  
Ana, CA 92707 Phone: (714) 957-0611

**South Coast Global Medical Center**  
**(formerly Coastal Communities Hospital)**

2701 South Bristol Street Santa Ana, CA  
92704 Phone: (714) 754-5454

**South Coast Post Acute (formerly Royale SNF)**

1030 West Warner Avenue Santa Ana, CA  
92707 Phone: (714) 957-0611

**St. Joseph Hospital**

1100 West Stewart Drive Orange, CA 92868  
Phone: (714) 771-8134

**UCI Medical Center, Neuropsychiatric Center**

101 The City Drive South  
Orange, CA 92868 Phone: (714) 456-5801

**West Anaheim Medical Center**

3033 West Orange Avenue Anaheim, CA  
92804 Phone: (714) 827-3000 and (877)  
217-3639

**Anaheim General Hospital**

Buena Park Campus (CLOSED) 5742 Beach  
Boulevard Buena Park, CA 90621 Phone:  
(714) 367-5000

**Orange County Maternal Mental Health Care Resources**

**Hoag Referral Line:**

[www.Hoag.org/womens-mental-health](http://www.Hoag.org/womens-mental-health) 949-  
764-5333

**OC Postpartum Wellness Program**

[https://www.ocalthinfo.com/parent-  
wellness-program](https://www.ocalthinfo.com/parent-wellness-program) (714) 480-5160 or 855-  
OC-LINKS (general referral line)

**Free Support groups**

St. Joseph's Caring for Women with  
Maternal Depression [www.sjo.org/maternity](http://www.sjo.org/maternity)  
714-771-8101

**Hoag's Postpartum Adjustment Group**

[https://www.hoag.org/specialties-  
services/womens-health/services/ob-  
education/support-services/](https://www.hoag.org/specialties-services/womens-health/services/ob-education/support-services/) 949-764-BABY  
(2229)

**Kaiser Orange County Emergency Care**

Emergency care is available 24 hours a day,  
seven days a week at:

Orange County - Anaheim Medical Center  
3440 E. La Palma Avenue Anaheim, CA  
92806 714-644-2000 24 hours, 7 days a  
week

Orange County - Irvine Medical Center

6640 Alton Parkway Irvine, CA 92618 949-932-5000 24 hours, 7 days a week

## **Westside, Los Angeles County Resources**

### Kaiser Mental Health Center

765 W College St, Los Angeles, CA 90012  
(213) 580-7200

### PMRT (Pet Team) Psychiatric Mobile Response Team

310-482-3260 MET – Mental Health &  
Sheriff for LA County 800-854-7771

### Santa Monica Police

310-458-8491

### Local Police West L.A. Captain

310-575-8400

### TTY-hearing impaired

562-651-2549

### Suicide Prevention Hotline

310-391-1253

### Mental Health and Crisis Services in the Westside

Los Angeles County Local L.A. County  
Dept. of Mental Health 213-738-2524

### Didi Hirsch Mental Health Services

310 390-8896

### Local Westside Hospitals U.C.L.A.

### Neuropsychiatric

800-825-9989

## **Los Angeles County – Additional Resources**

### Homeless Assistance

310-399-6878



**Family Advocate with the Department of  
Mental Health**

213-738-3945

**LOS ANGELES COUNTY DEPARTMENT  
OF HEALTH SERVICES**

HARBOR - UCLA MEDICAL CENTER, 1000  
W. Carson St., Torrance, CA 90502 LOS  
ANGELES COUNTY DEPARTMENT OF  
HEALTH SERVICES - OLIVE VIEW - UCLA  
MEDICAL CENTER AND HEALTH CENTER  
MENTAL HEALTH SERVICES, 14445 Olive  
View Dr., Sylmar, CA 91342 SOUTHERN  
CALIFORNIA HOSPITAL AT CULVER CITY,  
3828 Delmas Terrace, Culver City, CA  
90232

**LOS ANGELES COUNTY DEPARTMENT  
OF MENTAL HEALTH**

NORTHEAST MENTAL HEALTH AND  
WELLNESS CENTER

Address

3303 N. Broadway, 3rd Fl.

Los Angeles , Los Angeles 90031 (Physical)

Phone: (323) 478-8200

**Los Angeles County Birth and**

**Postpartum Resources**

[info@empoweredpostpartum.org](mailto:info@empoweredpostpartum.org).

**In Case of Emergencies**

CALL Los Angeles Crisis Assessment Team  
(800) 854-7771

TEXT the Crisis Text Line. Text LA to  
741741

CALL the National Hopeline Network Hotline  
1(800) 442-HOPE (4673)

**LOS ANGELES COUNTY DEPARTMENT  
OF MENTAL HEALTH**

FSP SERVICE AREA 7 EAST LA/SOUTH  
GATE/WHITTIER

KP Emergency Care for

Los Angeles Medical Center

4867 W Sunset Blvd. Los Angeles, CA

90027 323-783-4011 24 hours, 7 days a  
week

KP Emergency Care for

Los Angeles Medical Center

4867 W Sunset Blvd. Los Angeles, CA

90027 323-783-4011 24 hours, 7 days a  
week

**Teen Line**

[www.teenlineonline.org](http://www.teenlineonline.org)

800-TLC-TEEN (852-8336)

**California Youth Crisis Line**

[www.youthcrisisline.org](http://www.youthcrisisline.org)

1-800-843-5200

24 Hours Bilingual

Los Angeles Gay and Lesbian Center

<http://www.lagaycenter.org>

323-993-7400

## Rape Crisis Lines and Domestic/Sexual

### Abuse Helplines

## Children and Women Abuse Centers 24/7

### Hotlines

Assaults Against Women Hotline .....

310-392-8381 (24 Hours -- L.A. County)

Women and Children Crisis Shelter.....

562-945-3939 (24 Hours)

Child Abuse Hotline..... 800-

540-4000 (LA. County Dept of Children's  
Services)

Rape Treatment Center.....

310-319-4000

Rape UCLA (Santa Monica) Treatment  
Center (8-5pm) : 310-319-450

Alcohol and Substance Abuse Hotlines

Alcoholics Anonymous (24-Hours) ..... 800-  
923-8722

Cocaine Anonymous (24-Hours) ..... 310-  
559-5833

Cocaine Anonymous L.A. Area ..... 310-  
216-4444

Cocaine Anonymous Meeting Hotline ..800-  
347-8998

Narcotics Anonymous (24 Hours) ..... 800-  
863-2962 or 323-933-5395