



# I Can't Draw...Until I Practice! People

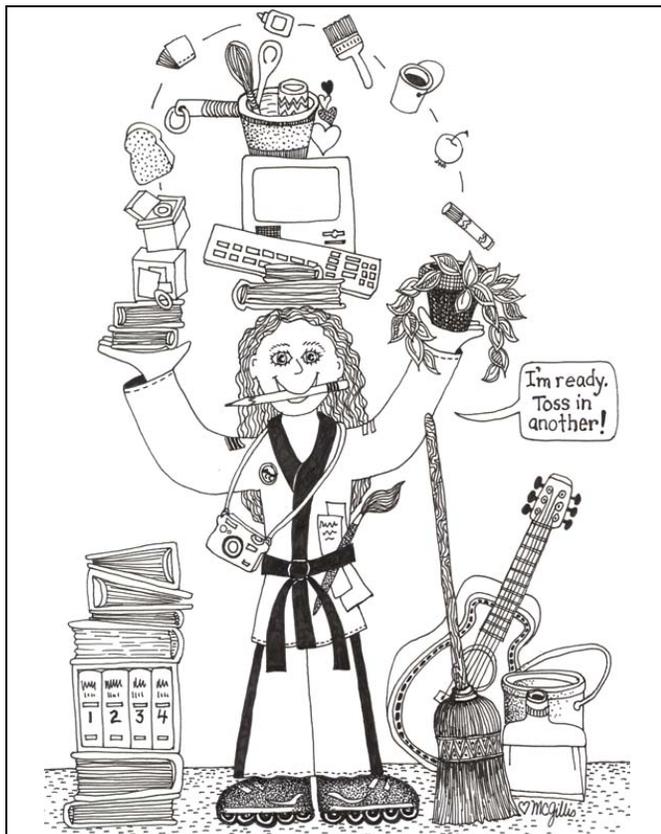


This step by step "how to draw" book will help you to build confidence in your ability to draw. I have heard many people say, "I can't draw a straight line". Well, wiggly lines are much more interesting than straight lines anyway. It got me thinking about learning how to draw people starting with a stick person. If you can draw a stick person, you can learn to draw people.

Some of us find it easier to identify the lines that make up an object; others of us find it easier to identify shapes, so both methods are included. Remember drawing from real life or 3-D objects is best for developing drawing ability. Drawing 3-D objects tunes us into the details that make a difference and add interest.

As with any skill; how good we get depends on how much we practice.

This step by step format is used by many "how to draw" books. The learner compares each step with the next step to see what new lines or shapes have been added. The steps are added one at a time to build the image. This is a fun way to increase one's higher order thinking skills.



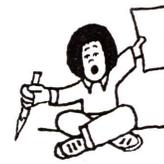
Above are a couple of drawings I drew of myself, self portraits. One is cartoon like; the other is more realistic. I like to try drawing in many different styles. I love learning new things and practicing what I already know. I also love to use my imagination. You can find a link to more of my art work on [www.expandingheart.com](http://www.expandingheart.com) .

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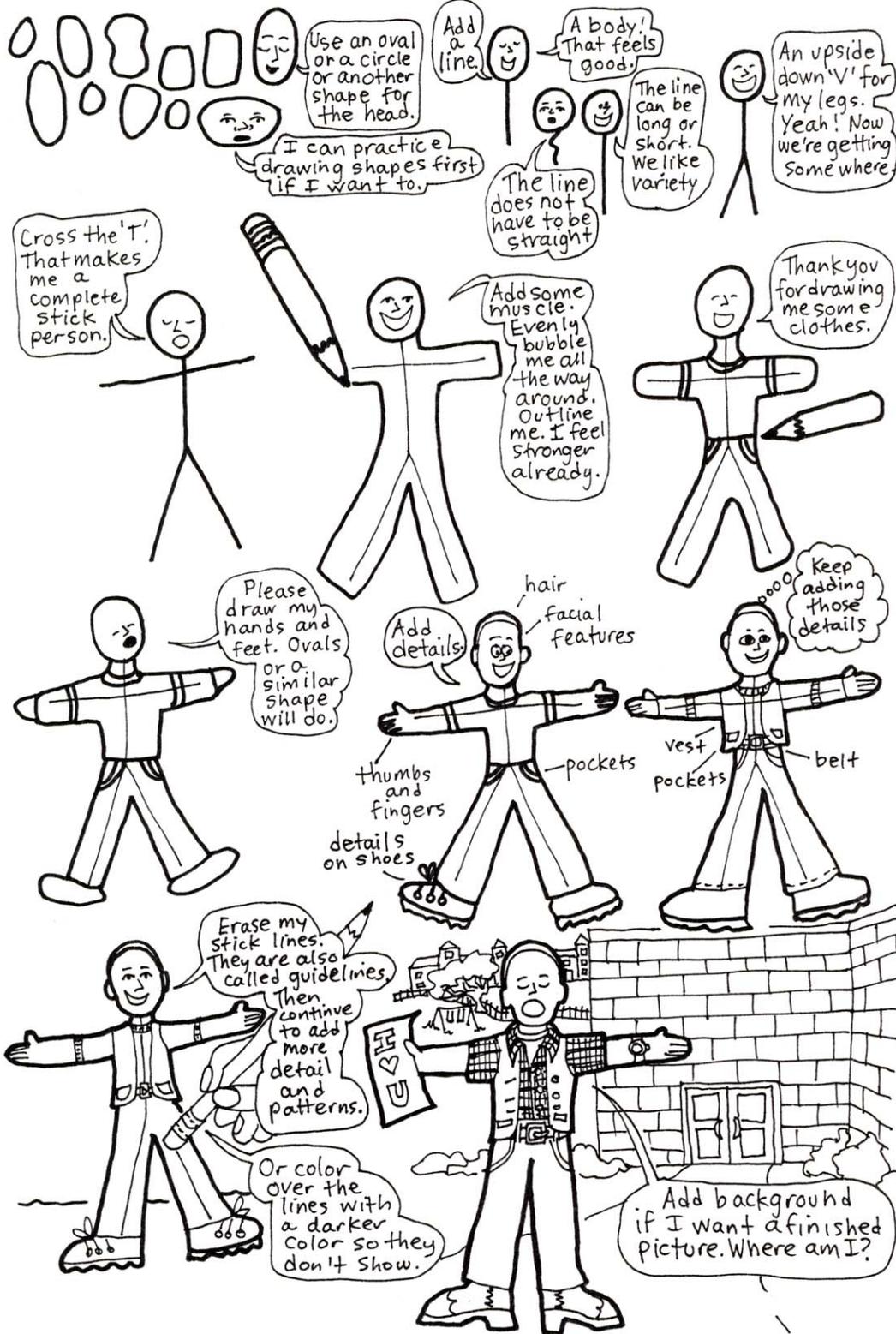
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# I Can't Draw...Until I Practice! People from a Stick Person



Read, like a book, from left to right. Add shapes and lines until the picture is complete. Enjoy making goofy drawings even if you don't quite like the way they look. No one starts out an expert; it takes practice.



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# I Can't Draw...Until I Practice!

## People: Create Motion with Action Lines



Change the angle and direction of the lines to get that stick person moving.



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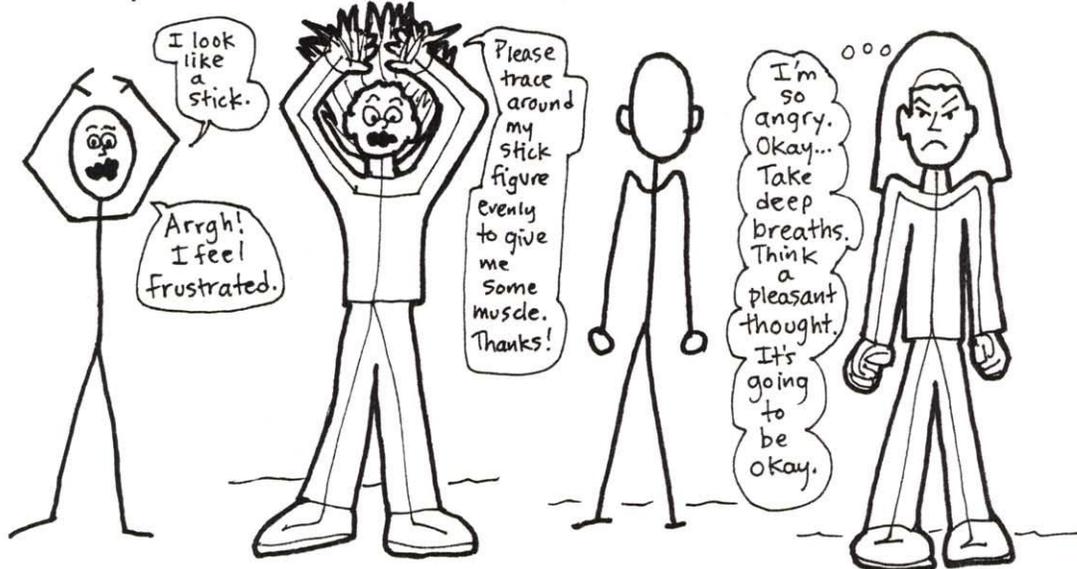


# I Can't Draw...Until I Practice!

## People: Body Language with Lines



Body language speaks loudly through lines.



WHAT ATTITUDES/EMOTIONS CAN I IDENTIFY???



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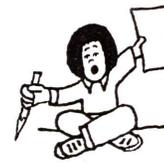
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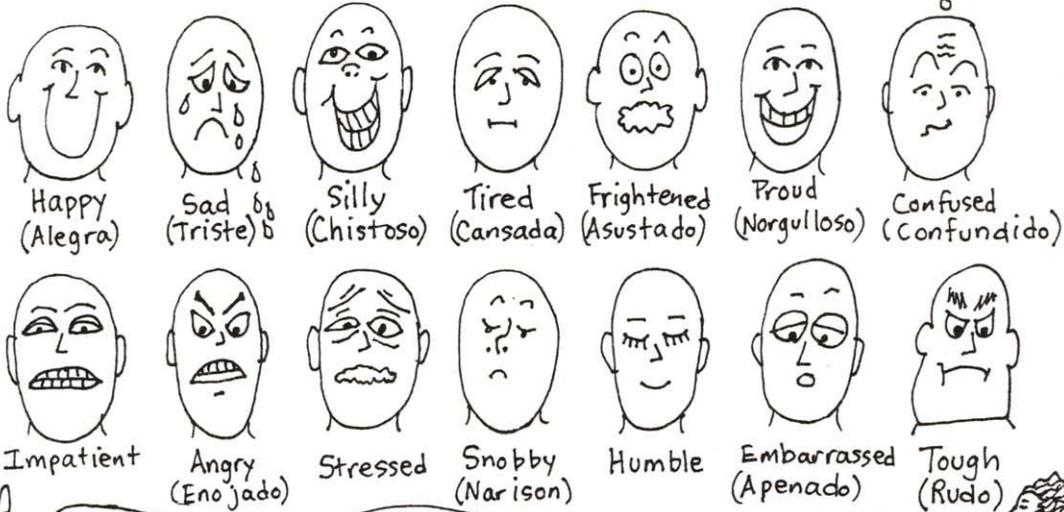
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# I Can't Draw...Until I Practice! People: Heads and Hair



Variety is the key. There are so many different kinds of people in the world. It's great!



## HOW MANY HAIR STYLES CAN I THINK OF?



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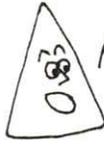
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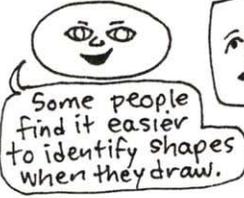
# I Can't Draw...Until I Practice! People from Shapes



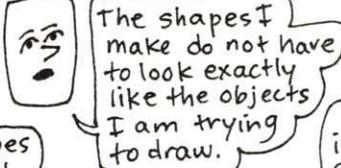
When you look at yourself in the mirror or look at another person, what shapes do you see?



There are as many ways to draw as there are different kinds of people.



Some people find it easier to identify shapes when they draw.



The shapes I make do not have to look exactly like the objects I am trying to draw.



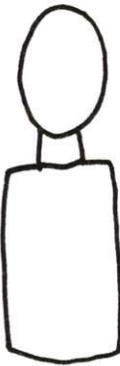
I could use a camera if I wanted an exact replica.



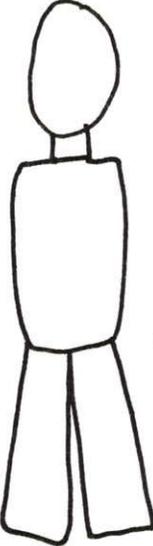
Start with an oval-like shape (or other shape) for the head.



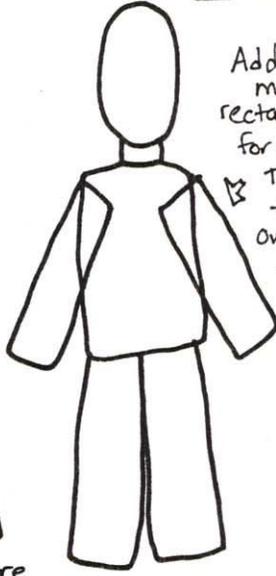
Add a small rectangle for the neck.



Add a rounded rectangle for the body.



Add two more rectangles for legs.

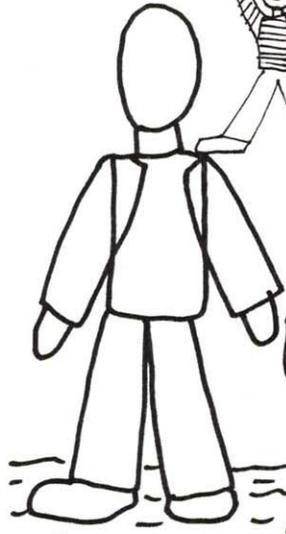


Add two more rectangles for arms. Try to overlap them as shown.

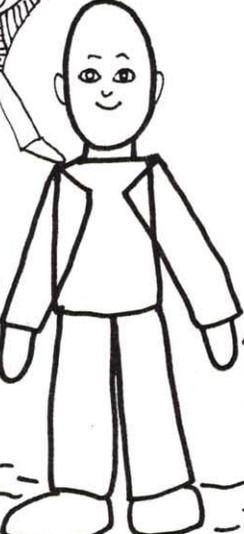


Remember any rectangle-like shape will do. People come in all shapes and sizes.

Wow! We are doing great!



Add oval-like shapes for hands and feet.



Add a 'U' shape for thumbs. Add lines for fingers. Add facial features (eyes, nose, mouth...)



Decide on gender. Add hair and clothes.



Add more detail.

Erase unwanted guidelines.



# I Can't Draw...Until I Practice!

## People: Create Movement with Shapes



It's the angle (tilt) and direction of the shapes that create the appearance of movement.

Kicking...

Please add the shapes below the figures to make the people in motion. Read left to right like a book.

Add shapes below to shapes above.

Please erase my guidelines and add detail to finish me.

Jumping...

Please round my edges so I don't look square.

Gliding...

Draw and add these shapes.

Please erase the guidelines. I look more real when you do.

Riding...

Add these shapes

Draw and add these shapes.

Please look at a real bicycle to draw me a better bike. Thanks.

Bending...

Draw and add these shapes.

Feels good to stretch those muscles. Please erase unwanted lines. Thank you!



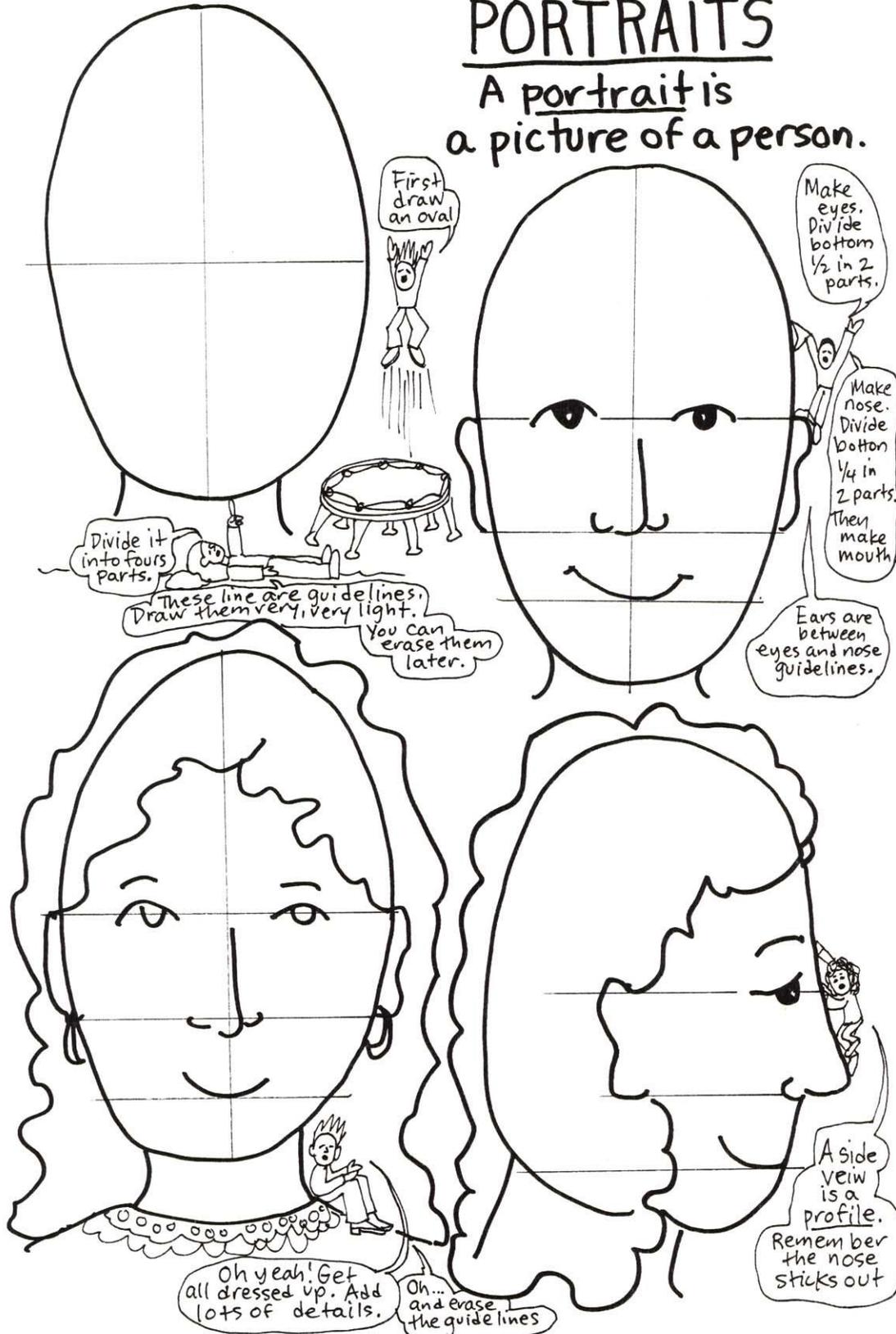
# I Can't Draw...Until I Practice! People: A Simple Portrait



Putting the eyes too high on the face is the most common mistake when drawing faces.

## PORTRAITS

A portrait is a picture of a person.



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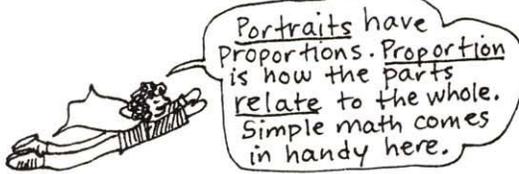
# I Can't Draw...Until I Practice! People: Portraits with Proportions



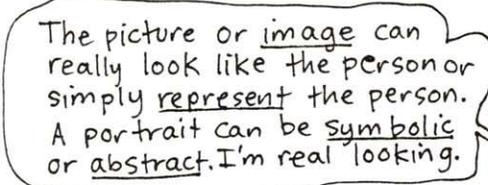
The more you practice the more realistic you can draw, if that is a one of your goals.

## PORTRAITS

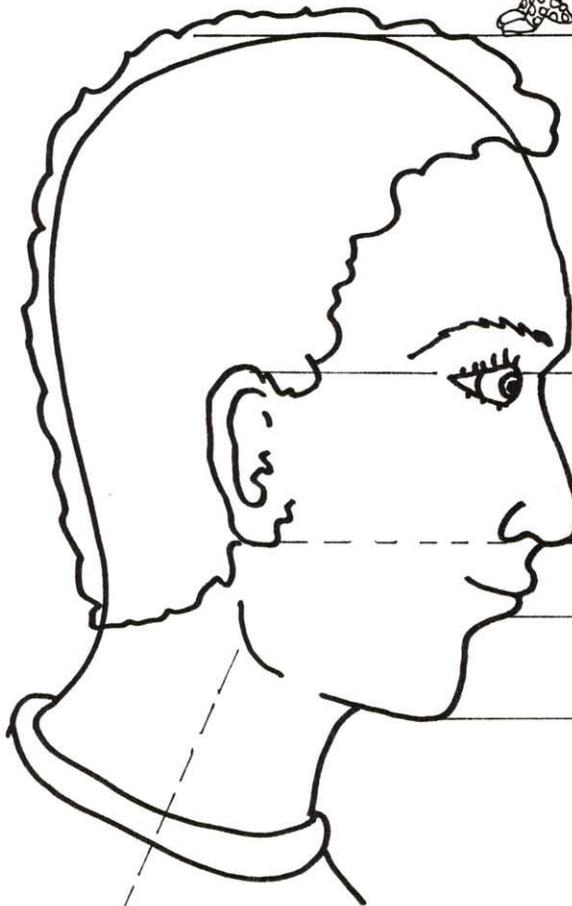
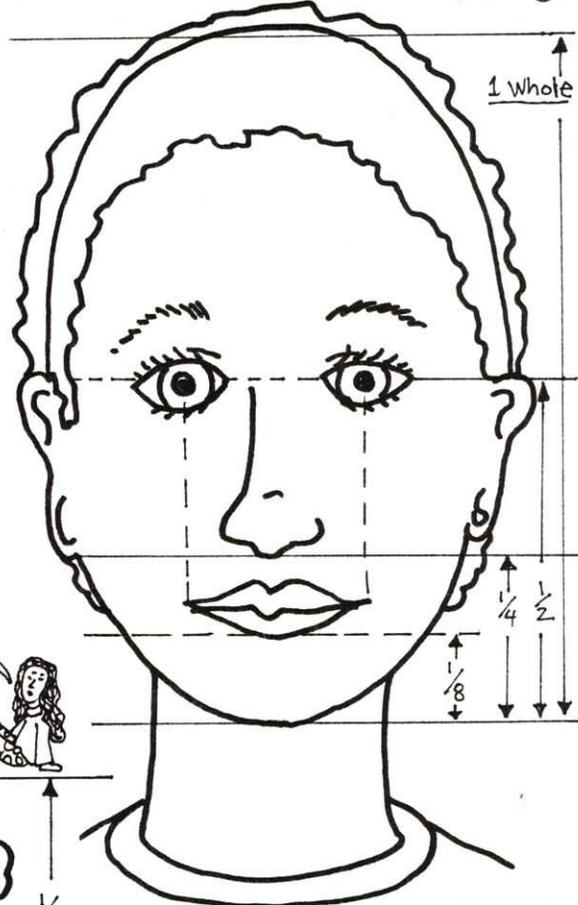
A portrait is a picture of a person.



Portraits have proportions. Proportion is how the parts relate to the whole. Simple math comes in handy here.



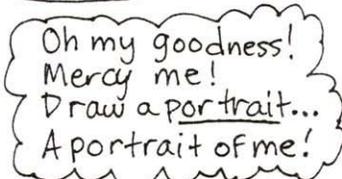
The picture or image can really look like the person or simply represent the person. A portrait can be symbolic or abstract. I'm real looking.



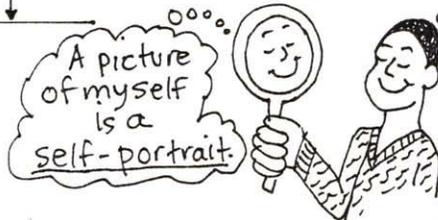
This is a close-up portrait.



The side view of a person's face is called a profile.



Oh my goodness! Mercy me! Draw a portrait... A portrait of me!



A picture of myself is a self-portrait.