

Self-Portraits – Yoga Series (1 of 8) Release

2003 – Colored Pencil & Ink -The idea for the first image of this self-portrait series came while in a yoga posture. Of course I had to stop, find paper and pen, and scribble the idea down so I wouldn't forget it. It was such a strong image that expressed a "solution" to what I was going through at the time.



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Self-Portraits – Yoga Series (2 of 8) Balance

2003 – Colored Pencil & Ink -After the first image was complete, I got an idea for the next and the next and so on.



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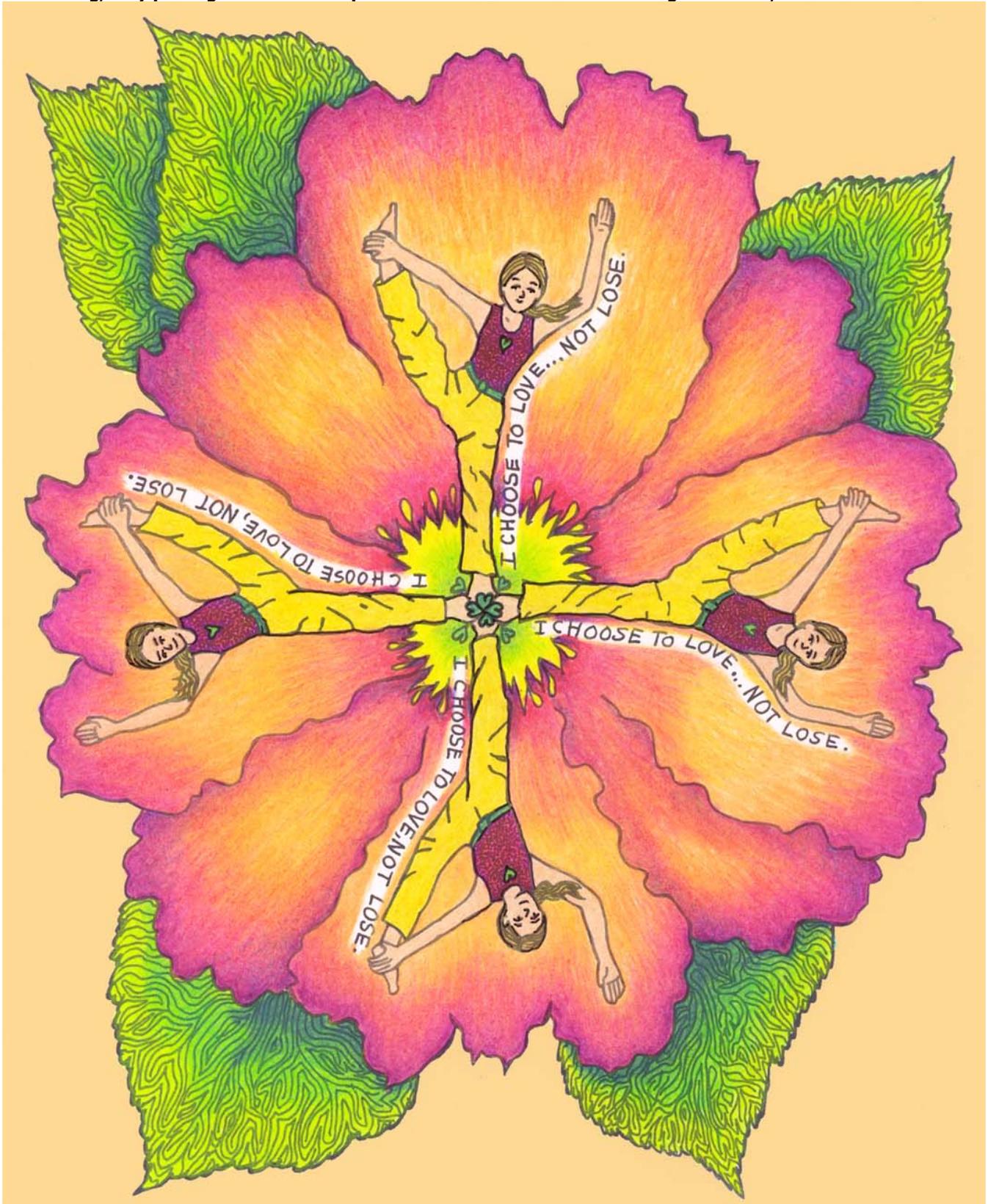
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Self-Portraits – Yoga Series (4 of 8) Radiate Love

2003 – Colored Pencil & Ink -There are different kinds of balance; this is radial balance. Like a mandala, moving out from the center, that is how I want my love to be. Love is what I choose, over again and over again. There is really no losing, only putting off that which puts an end to self-inflicted suffering. Be brave, love and be loved.



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Self-Portraits – Yoga Series (6 of 8) Responsible Am I

2003 – Colored Pencil & Ink – The weight of the world on our shoulders, it is a saying for a reason. What am I actually responsible for? I must not give too much weight to the voices and opinions outside myself, but instead listen to the voice within, and be true to myself.



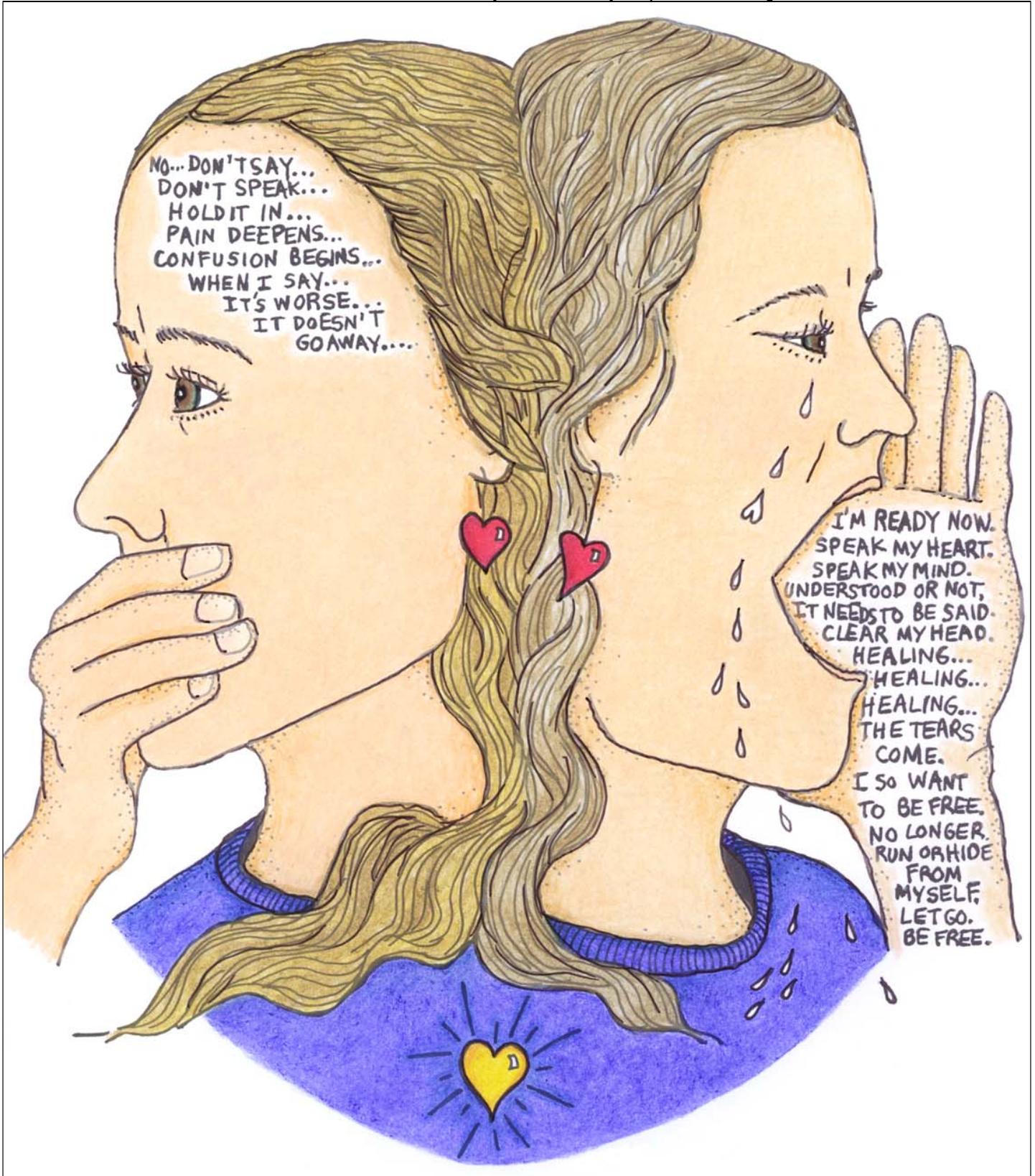
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Self-Portraits – Yoga Series (8of 8)
2003 – Colored Pencil & Ink – To speak or Not Speak, That Is the Question!



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