

RED BELT PATTERN (HWA-RANG) LINKS...

Techniques – https://www.youtube.com/watch?v=_S-TFPWfUa0

With instruction –

<https://www.youtube.com/watch?v=hxjFFHryRoo&list=PLF48C4DF9175DA127>

Regular Speed –

<https://www.youtube.com/watch?v=vK093n-OMvs>

Definition – https://img1.wsimg.com/blobby/go/12115240-cd7e-48c5-b5f9-4e06253adc7a/downloads/7_Toi-Gye%20Saying.mp3?ver=1750877246224