

## Microdermabrasion/Hydra Glow Informed Consent

<hr/> Last Name, First Name	<hr/> DOB	<hr/> Date
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Microdermabrasion exfoliates the skin by combining a diamond tipped wand and adjustable suction. The outermost layers of dead skin cells are abraded away, leaving a fresh layer of skin at the surface. Microdermabrasion is quick, painless, and non-invasive. There is no downtime after receiving a microdermabrasion; however, skin may be sensitive for 24 hours post-treatment. Microdermabrasion is often used to treat acne, reduce the appearance of scars, wrinkles, and hyperpigmentation.

Hydradermabrasion, Hydra Glow Facial also known as wet microdermabrasion, yields similar results to microdermabrasion, but with less irritation and the added benefit of oxygen and serum infusion. A combination of serums and oxygen are used along with specialized tips to gently exfoliate the skin while simultaneously providing targeted nutrients to the cells based upon the skin's needs. This Hydro-technology combines exfoliation, deep cleansing, and serum infusion into one convenient treatment.

Exfoliation smooths the skin, but also allows active ingredients in skincare products to penetrate deeper into the skin, furthering their benefits. Improving texture and tone of skin will be evident after one treatment. Monthly maintenance is encouraged for continued improvements. If you may be allergic to anything in the serums, you should not have this treatment.

### Disclosure

Being fully informed about your condition and treatment will help you make the decision whether or not to undergo Microdermabrasion/Hydradermabrasion. This disclosure is not meant to alarm you; it is simply an effort to inform you so you may give or withhold your consent of this treatment.

Patient is 18 years of age or older and has requested Microdermabrasion/Hydradermabrasion treatment to exfoliate and improve the overall appearance of their skin. \_\_\_\_\_

Patient should not apply ordinary make-up base for at least 24 hours post-treatment. \_\_\_\_\_

Patient should avoid Retin A, Renova, alpha, or beta hydroxy type products and scrubs for 48 hours post-treatment. \_\_\_\_\_

Patient should avoid facial waxing, swimming, and tanning beds for one week post treatment. \_\_\_\_\_

**Possible side effects of Microdermabrasion/Hydradermabrasion include:**

Slight blood spotting	Risk of exacerbation of cold sores (if patient has a history of cold sores)
Minor redness or swelling	Slight risk of bacterial or viral infection

**Consent**

1. I hereby authorize the following treatment: Microdermabrasion/Hydradermabrasion. \_\_\_\_\_
2. I have been informed of the risks/side effects of Microdermabrasion/Hydradermabrasion. \_\_\_\_\_
3. I agree to follow the provided Microdermabrasion/Hydradermabrasion post care instructions. \_\_\_\_\_
4. I understand I have the right to refuse Microdermabrasion/Hydradermabrasion. \_\_\_\_\_
5. A copy of this form is available to me. \_\_\_\_\_

By signing below, I acknowledge that I have read the above information and understand the risks/side effects of Microdermabrasion/Hydradermabrasion. I hereby consent to Microdermabrasion/Hydrodermabrasion treatment, performed by the staff of Renew Image Advanced Aesthetics & Training Center.

Patient \_\_\_\_\_

Date \_\_\_\_\_

Witness \_\_\_\_\_

Date \_\_\_\_\_

Medical Director \_\_\_\_\_

Date \_\_\_\_\_