

Hydra Glow Facial/ Diamond Glow Microdermabrasion After Care

If you've recently had one of our signature Hydra Glow Facial/ Diamond Glow Microdermabrasion treatments at Renew Image, congratulations! You've invested in the first step of making your skin healthy, hydrated and happy. You might even be experiencing that post-micro glow we love so much, where your skin is soft to the touch and your makeup-free confidence is at an all-time high!

But how do you make sure these incredible benefits continue to last long after your microdermabrasion has finished? Keep reading to find out our top tips to care for your skin after one of our signature 10-step high performance microdermabrasion treatments.

Keep the skin cool and calm

The first 24 hours after your microdermabrasion are the most important when it comes to ensuring the best possible results. Avoid anything that raises your body temperature, such as hot showers, a sauna, steam rooms, and exercise for the first day after treatment. We want to keep your skin cool and calm, so apply your Renew Image Ultra Gentle Seaweed Cream liberally every four hours.

Begin a gentle skincare routine

Commence a gentle skincare routine with the products recommended to you by your The licensed skin care specialist. This will likely be a combination of hydrating active products such as the Multi Fruit Cream Cleanser, Ultra Gentle Seaweed Moisturiser and a serum.

Stay hydrated

The products used during your microdermabrasion will work to hydrate and rejuvenate the skin. Maintain your skin's plump, fresh and hydrated appearance by ensuring you drink plenty of water after your treatment. It's also recommended that you carry a moisturizer in your handbag, so you can continue to rehydrate your skin throughout the day!

Don't pick at your skin

Our 10-step High Performance Microdermabrasion includes a customized skin peel that helps to rapidly improve your skin's texture and tone. It works by removing the outermost layer of the dermis (skin) and accelerates skin turnover. So, it's common to experience some peeling of the skin after microdermabrasion. Avoid picking or peeling the skin. If you had a Jessner peel, do not wet your skin for 12 hours after treatment.

Stay sun safe

A microdermabrasion removes dead skin, revealing the soft, new skin underneath. This new skin is particularly susceptible to the harmful rays of the sun. For sun safety and protection, as always, continue to apply an SPF 50+ sunscreen every four hours after a microdermabrasion – especially when outside. We recommend the Elta MD Mineral sunscreen UV SPF 46+ which is a tinted, lightweight finish that does not leave a residue like traditional sunscreen.