

RF MICRONEEDLING PRE-TREATMENT CARE INSTRUCTIONS

This treatment cannot be done when pregnant, or if you have an electronic implant (Insulin pump, pacemaker, LVAD, etc).

Inform us of any medical conditions such as pregnancy, cold sore and fever blister tendencies, any type of allergy, recent facial peels or surgery, and all current medications (including both prescriptions and over-the-counter products) such as Accutane, tetracycline, hormone replacement therapy, or use of Retin-A.

This treatment may activate any cold sores or fever blisters.

The patient must quit taking Accutane for 6 months prior to having a RF Microneedling treatment.

Do not use self-tanning lotions or tanning booths two weeks prior to your RF Microneedling treatment. Do not sunbathe two weeks prior to your appointment.

Do not use any irritating skin care products such as Retin-A or OBAGI for one week prior to treatment.

Avoid taking NSAIDs such as Advil, Motrin, Aleve, aspirin for 1 week prior to scheduled procedure.

Areas of dental crowns, caps, braces, or other metal dental implants may be more sensitive to the treatment and the clinician may use gauze or a tongue depressor to isolate the area to make the treatment more comfortable.

RF MICRONEEDLING AFTERCARE INSTRUCTIONS

Please be advised that you may experience mild redness and erythema, pinpoint bruising, peeling, or swelling for one to three days after treatment. You may apply an icepack to the irritated area for one to two hours, in approximately 15 minutes intervals. Redness for 3 to 5 days is a common side effect.

No lotions, makeup or other topical products should be applied on the treatment area on the day of the procedure, then continue use as directed by provider.

Tiny scabs (of less than 1 mm in diameter) may form 24-72 hours post treatment and may remain for several days. The scabs should not be touched or scratched (even if they itch) and should be allowed to shed naturally.

During the first two (2) days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, irritating skin care products or exfoliants, etc. The skin should be kept clean to avoid contamination or infection; any mechanical or thermal damage to the area must be avoided.

It is important to keep your skin moisturized after the treatment.

You may have mild swelling for 1-3 days after your treatment. Patients may apply an icepack (NOT direct ice) to the irritated area for 1-2 days in approximately 15- minute sessions 3-4 times per day.

Redness for 1-3 days is common. After 12-hours post procedure, the patient may apply a hydrocortisone cream 3-4 times per day to reduce redness.

Makeup can be applied 12 hours after treatment.

Avoid prolonged sun exposure or use of tanning bed for at least two weeks after the treatment, as the skin that was treated will be more sensitive to the sun after your Sublative treatment.

Use a minimum of SPF 30 daily to protect your skin after your treatment.