

HIFU FACE LIFT

Pre-Treatment Preparation

Avoid injectables 4 weeks in or near treatment areas before treatment

Avoid any facial peels 4 weeks before treatment

Avoid microdermabrasion 2 weeks before treatment

Avoid having any laser treatments on the area 2 weeks before treatment

Avoid excessive sun exposure 48 hours prior to treatment (we cannot treat skin which has been sunburnt)

Avoid skin care containing active ingredients 3-5 days before treatment (i.e. Vitamin A, Vitamin C, AHAs and BHAs)

HIFU is not suitable for those who are pregnant or breastfeeding

If you have dental implants or metal plates in the treatment area please let us know prior to your appointment

If you are currently taking any acne or skin thinning or photosensitive medication such as Roaccutane we cannot treat your skin as there is a risk of burning

If you have any open sores, acne, infection or skin sensitivity in the area we cannot treat with HIFU

We cannot treat with HIFU if you have previously had threads within the last 6 months

Skin must be clean shaven prior to treatment

Combining Other Treatments with HIFU:

Our HIFU Treatment can be combined with RF Skin Tightening 7 days post treatment. If you are interested in accelerating your results with a combined-treatment approach, please speak with your provider to help you plan out your ideal treatment schedule.

Post-Treatment Care

It is normal for the area to feel warm immediately after the procedure

The treated area may be flushed, red and feel tingly

Do not wax the treated area for 3-5 days

Do not laser the treated area for 2 weeks

Do not exfoliate the skin for 2-3 days

Avoid strenuous exercise for 24 hours

Avoid skin care containing active ingredients 3-5 days after treatment (i.e. Vitamin A, Vitamin C, AHAs and BHAs)

Avoid hot baths, steam rooms and massage for 24 hours

Avoid sun burn during the healing process of the skin for 2 weeks

If the skin feels hot or sensitive, apply aloe vera or a cold compress to the area

Apply SPF 30 daily

Drink plenty of water

A review of your progress is recommended after 12 weeks during a scheduled Follow Up appointment

Maintaining Your Results

Give Yourself Time to Heal

Immediately after the treatment, you may notice that your skin is firmer and its texture is lifted. The full effect of the treatment generally takes around 12-weeks to kick in, and through this time, you will continue to see a dramatic improvement in facial contouring, and a visible reduction in fine lines and wrinkles.

At-Home Product Care

At Renew Image, we provide a range of medical skin care products that are results driven to support our results driven treatments. Our products are cosmeceutical grade which uses high quality actives and

proven ingredients in all products. These ingredients have been clinically tested and have original research behind them that you can trust will work, without needing a prescription. When you come in for your treatment, your licensed skin care specialist will provide you with details on appropriate skin care options to help boost the results of your treatment, however please find some products below which we highly recommend as part of your post-treatment care at home.