



THE GATEWAY
POST PRESENTS:

EVANSVILLE GAZETTE

SEPTEMBER 2026

Helping people live a
meaningful and
purposeful life in the
direction of their choice.

GATEWAY MISSION

September

Labor Day
September 7

International Day of Peace
September 21

First Day of Fall
September 22

ANIMAL OF THE MONTH: WOLF

The wolf is a powerful symbol of loyalty, wisdom, and resilience. As the animal of the month for September, it reflects the thoughtful and independent nature often associated with those born during this time of year. For centuries, the wolf has been admired as a guide, representing personal growth, intuition, and the courage to follow one's own path.

FLOWER OF THE MONTH: ASTER

Throughout history, asters have been associated with positive energy and devotion, making them a meaningful flower for those born in September. Their ability to bloom brightly as the seasons change serves as a reminder of resilience, hope, and the enduring power of friendship and affection. The aster is a symbol of wisdom, faith, and lasting love. As the flower of September, it reflects the beauty and strength that emerge during the transition from summer to autumn.

BIRTHSTONE OF THE MONTH: SAPPHIRE

The sapphire is a symbol of wisdom, truth, and nobility. As September's birthstone, it has long been treasured for its rich blue color and timeless beauty. Throughout history, sapphires have been associated with sincerity, loyalty, and inner peace, making them a meaningful gemstone for those born in September. Its enduring strength and brilliance serve as a reminder of integrity, resilience, and the value of staying true to oneself through life's journey.





WHAT DOES “SEPTEMBER” MEAN?

The month of September gets its name from the Latin word *septem*, meaning “seven.” In the ancient Roman calendar, September was originally the seventh month of the year, before January and February were added to the calendar. Even though it is now the ninth month, its name has remained unchanged for more than two thousand years. September is often associated with transition, reflection, and new beginnings as the seasons change and communities prepare for the harvest months ahead. Its rich history and connection to both ancient Rome and early English traditions make it a month filled with meaning and tradition.

- September Fun Facts: September is one of only four months that have exactly 30 days.
- The autumnal equinox usually occurs in September, marking the beginning of fall in the Northern Hemisphere and bringing nearly equal hours of daylight and darkness around the world.

RECIPE OF THE MONTH

Harvest Apple Crisp

Serves 6-8

For the Apple Filling:

- 6 cups apples, peeled and sliced (about 6 medium apples)
- 1/4 cup granulated sugar
- 1 tsp. ground cinnamon
- 1 Tbsp. lemon juice
- 1 Tbsp. all-purpose flour

For the Crisp Topping:

- 1 cup old-fashioned rolled oats
- 3/4 cup all-purpose flour
- 1/2 cup packed brown sugar
- 1 tsp. ground cinnamon
- 1/2 cup cold butter, cubed
- 1/4 tsp. salt

Directions:

Preheat oven to 350°F. Lightly grease an 8-inch square baking dish. In a large bowl, combine sliced apples, granulated sugar, cinnamon, lemon juice, and flour. Toss until apples are evenly coated, then spread the mixture into the prepared baking dish. In a separate bowl, mix oats, flour, brown sugar, cinnamon, and salt. Cut in the cold butter using a pastry cutter or fork until the mixture resembles coarse crumbs. Sprinkle the topping evenly over the apples. Bake for 35 to 40 minutes, or until the apples are tender and the topping is golden brown.

Allow the crisp to cool for 10 minutes before serving. Enjoy warm on its own or topped with a scoop of vanilla ice cream.

