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1. Introduction

This document outlines the telehealth practices implemented at Gulf Breeze ABA in delivering Applied Behavior Analysis (ABA) services remotely. Telehealth has emerged as an innovative and effective approach to continue providing high-quality care while ensuring the safety and convenience of clients, caregivers and staff.

2. Benefits of Telehealth in ABA

Telehealth offers numerous advantages for ABA services, including:

- **Accessibility:** Allows access to ABA services for individuals in remote areas or with limited transportation options.
- **Flexibility:** Provides scheduling flexibility and reduces travel time for both clients and therapists.
- **Consistency:** Enables consistent therapy
- **Data Collection:** Facilitates real-time data collection and analysis, enhancing treatment effectiveness.
- **Family Involvement:** Promotes active caregiver participation and empowerment
- **Cost-Efficiency:** Reduces travel-related expenses for clients and therapists

3. Telehealth Implementation at Gulf Breeze ABA

Our telehealth practices are structured to encompass various aspects of ABA services:

3.1. Intake

- Information sharing and history gathering are facilitated through secure online forms.

3.2. Remote Supervision and Consultation

- Supervision sessions for RBTs or Student Analysts are conducted via secure video conferencing.
- Case reviews and treatment plan adjustments are discussed with remote supervisory staff.
- Training on assessments, treatment plan development, data analysis, graphing, etc., following the requirements of the BACB.

3.3 Parent and Caregiver Guidance and Training

- Parents and/or Caregivers receive virtual training on implementing behavior intervention strategies.
- Parent and/or Caregiver consultations are conducted to address progress, concerns, and provide support.
- Materials and resources will be shared with the parents and caregivers for their use and implementation.
- Children are not required to be present during every session. In fact, it is encouraged that some sessions are without the presence of the child to focus on parental training. Follow up sessions will include implementation, feedback and fidelity checks.

4. Ensuring Privacy and Security

- Gulf Breeze ABA follows strict protocols to ensure client data, privacy and confidentiality during telehealth sessions.
- Secure and HIPAA-compliant video conferencing platforms are utilized for all interactions.

5. Technological Requirements

- Clients, parents and caregivers need access to a computer, tablet, or smartphone with a stable internet connection and a camera.
- Gulf Breeze ABA uses WebEx services for telehealth sessions; a password is required for entry to a session.

6. Telehealth Etiquette and Best Practices

- Clients, parents and caregivers are encouraged to find a quiet, private space for sessions.
- Minimize distractions to ensure an optimal therapeutic environment.
- Dress appropriately and engage actively during sessions.
- Adhere to the allotted time for the appointment. Providers must be prompt to ensure timeliness and etiquette to next schedule appointments.

7. Future Considerations

- Gulf Breeze ABA is committed to ongoing assessment and improvement of its telehealth practices.
- Feedback is highly valued and incorporated into refining telehealth services.

8. Conclusion

- Telehealth has become an integral part of Gulf Breeze ABA's commitment to delivering effective ABA services. The intention is to meet the growing need of parent guidance and training while families are on long wait list for ABA services.

Through careful implementation, adherence to privacy standards, and active client engagement, we ensure that our clients continue to receive the highest quality care remotely. Gulf Breeze ABA is committed to not only providing parent and/or caregiver guidance and training but creating a community of unity and support.

9. Contact Information

- For inquiries or assistance related to telehealth services, please contact:

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