CRANIAL SACRAL BASICS – Exeter, NH 2022

Cranial Sacral Basics

This introductory course is based on the work of William G Sutherland, DO and other early osteopaths. We will cover the history, theory and anatomy of the cranial sacral system. This hands-on workshop will focus on palpation of anatomy and how to integrate cranial work into your present practice. *This class is a great foundational and review course for any cranial sacral training.*

Class Objectives:

Understand the origins of cranial sacral therapy

- Palpate the Primary Respiratory Mechanism
- Identify Cranial anatomy
- Identify and palpate the anatomy of the sacrum
- Identify and palpate cranial sacral restrictions
- Identify contraindications to cranial sacral therapy
- Begin to integrate cranial sacral theory into practice

Cancellation/Refund Policy:

If participant cancels*: • More than 14 days prior to the first day of class, tuition will be refunded in full. • Less than 14 days' notice prior to the first day of class, tuition becomes transferable to other classes. All transferred deposits must be applied to another class within a year. • A \$50 administrative fee will be deducted for all transferred deposits. **Procedure Policies:** • All workshop spaces are on a first-come, first-served basis. Registration and tuition/deposit payment must be received to secure your spot. • Full workshop tuition balances must be paid 7

business days prior to the beginning of the class. • If a workshop is cancelled due to low enrollments or changes a class format/dates/times all tuition paid will be refunded or may be credited toward a future workshop.

Program Details: Date:

Sunday September 25, 2022

9:00-12:00 12:00-1:00 lunch 1:00-4:00

Monday September 26, 2022

9:00-12:00 12:00-1:00 lunch 1:00-4:00



Location: 1 Hampton Road ~ Exeter, New Hampshire Cost: \$350 – 12 CE's To Register: contact Vickie directly at <u>branchanatomy@gmail.com</u> or 603-369-8830

Venmo@Vickie-Branch-1 or paypal.me/branchanatomy Full payment is required to reserve a space. Enrollment is limited. Fee includes course handouts, seminar instruction, hands-on workshop training, afternoon refreshments, and seminar certificate. Written confirmation will be sent via Email after payment is received in our office. Course material is property of instructor and must not be shared with any other organizations or persons.

Vickie Branch D.Sc.O, DOMP, LMT is a licensed New Hampshire Massage



Therapist with over 33 years in practice and 26 years as an educator. She completed her osteopathic training at the Canadian College of Osteopathy, Toronto, Ontario in 2005

Vickie was the former director and instructor for a NH massage therapy program. For the past 12 years she has assisted with and offered classes in human anatomy through Geisel School of Medicine for a variety of health care professions and students. Vickie offers classes in

anatomy, cranial sacral therapy, visceral manipulation and positional release.