### **AAMC WEEKLY SCHEDULE**

We are located at 342 10<sup>th</sup> st. For class info please contact the instructor directly. Classes may change, for a current schedule & instructor info visit: astoriaartsandmovement.com

Connect with us on: facebook.com/AstoriaArtsandMovementCenter

## Monday

9:30 - 10:30am	Zumba Dance Fitness with Kim Postlewaite (classes resumes June 15)
5:30 - 6:15pm	Beginning Modern Dance Fundamentals with Julia Gingerich (classes resume Sept 7)
6:15 - 7:00pm	Intermediate/Advanced Contemporary Modern with Julia Gingerich (classes resume Sept 7)
7:00 - 8:00pm	Tap with Marco Davis (classes resume in September)

## Tuesday

8:30 - 9:30am	Zumba with Tammy Loughran (classes resume June 16)
6:00 - 7:00pm	Beginner West Coast Swing (Level 1) with Rich Small (classes resume in July- start date tbd)
7:00 - 8:00pm	Intermediate West Coast Swing (Level 2) with Rich Small (classes resume in July- start date
tbd)	
8:00 - 9:00pm	Rumba with Rich Small (classes resume in July- start date tbd)

# Wednesday

10:00 - 11:15am Gentle Yoga with Terrie Powers (classes resume in July- start date tbd)
6:00 - 7:15pm Belly Dance Basics with Jessamyn Grace (classes resume June 17)

7:15 - 8:15pm Belly Dance Choreography with Jessamyn Grace (classes resume June 17)

#### **Thursday**

- 8:30 9:30am Zumba with Tammy Loughran (classes resume June 18)
- 5:30 6:30pm Hot Pot I.T.S. (Group Improv Tribal Style Bellydance) with Julie Kovatch (class start date tbd)
- 6:30 8:00pm Argentine Tango Practica hosted by Jim Mandes (classes resume in July- start date tbd)

#### **Friday**

## Once a month Friday classes:

7:00 - 10:00pm Contra Dance with Dave Ambrose and Live Music (1st Friday ) (resume in September )

7:00 - 8:15pm **Dream Circles Ecstatic Dance** with Kimberly O'Bryant (3rd Friday) **(Classes possibly resuming in July- start date tbd)** 

#### Saturday

- 9:00 10:00am Hip Hop Dance Fitness with Erin Carlsen (classes resume June 20)
- 6:00 7:00pm Argentine Tango Fundamentals (all levels) with Estelle & Celeste Olivares (classes resume in July- start date tbd)
- 7:00 8:00pm Argentine Tango Intermediate/Advanced Tango Concepts with Estelle & Celeste Olivares (classes resume in July- start date tbd)

#### Sunday

10:30am - 12noon Dance Church with Shanna Gillette (LAST Sunday of the month only- classes resume June 28)

1:00 - 2:00pm Ballroom (Private) with Rich Small (private lessons- call Rich to arrange)