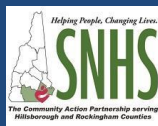
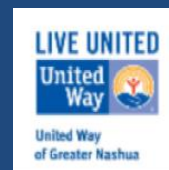




Elderly Services in Nashua During Covid-19 Stay at Home



General Resources

Bureau of Elderly and Adult Services (BEAS)
1-800-351-1888

Service Link
1-603-598-4709 Info at www.dhhs.nh.gov

Gateways Community Services
1-603-459-1786

Life Coping, Inc
1-800-403-7993

Caregivers Caring Cupboard-Free groceries delivered to clients. Call 603-622-4948 or
<https://www.caregiversnh.org/clients/index.html>

Southern NH Services- WIC, Senior Meals, Assistance
<https://www.snhs.org/2-pages/914-covid-19-updates>



Call 211 or go to 211nh.org to connect to community resources in your area.

Prescription Services

CVS and Walgreens are providing free delivery of prescription medications.

<https://www.forbes.com/sites/brucejapsen/2020/03/12/walgreens-joins-cvs-waiving-drug-delivery-fees-amid-coronavirus-crisis/#4549475d51e3>

Transportation

Nashua Transit System:
Grocery Shopping Shuttle for Senior Citizens 65+

1 (603) 880-0100 ext. 2

On Call Van Service “all ages”

1 (603) 880-0100 ext. 1

Alternative Transportation:

Granite State Taxi & Transportation in Nashua
www.granitestatetaxi.com
603-417-6116 (for taxi services and reservations)
603-340-5087 (cell phone)

United Way of Greater Nashua

“Shop United”-Free Grocery Shopping & Delivery
www.tinyurl.com/shopunited2020

Additional Resources:
<https://unitedwaynashua.org/home/our-work/covid-19-response/additional-information-sources-for-covid-19/>

Volunteers and in-kind donations:
<https://unitedwaynashua.org/home/our-work/covid-19-response/volunteer-opportunities-item-donations/>
603-882-4011 or info@unitedwaynashua.org

Free Food

Nashua Soup Kitchen and Shelter: Pantry M-F 1-3pm
M-F 8:30-9:30am Bagged Breakfast at Quincy St.
M-Sa 4-6pm and **Su 12-1:30pm** Bagged Dinners
M-Th 2-3pm Fresh Produce distributed at:
Mon: Bronstein Apartments and St. Louis Church Hall
Tue: Major Drive and Nashua Farmers’ Exchange
Wed: PAL and River Pines
Thur: Sullivan Terrace North and South

Corpus Christi Food Pantry- M+W 10am-1pm by appt
Food, Produce, Eggs, Milk, Frozen Meat..
603-882-6372 * Other assistance call 603-598-1641

Tolles Street Mission-Food Pantry M+ T from 12-2PM
52 Whitney Street Nashua, NH. **603-880-4984**

Salvation Army is providing Food Bags for pick up or delivery at 1 Montgomery Ave M-F 9a-12pm
603-889-5151

Meals on Wheels- providing food bags at community dining sites and delivering additional meals to clients.
Call for days/times or for home delivery 603-424-9967
<https://www.mealsonwheelsnh.org/referral-form>

For all Nashua Pantry Locations Check:



Greater Nashua Food Council App on Google Play and Apple App Store