

heart•soul•mind•strength

a visual reflection tool

Slowly gaze upon the images and Scriptures. Pause and answer these questions:

Where do you find yourself in this very moment?

Where do you find yourself most days lately?

Where do you long to be?



Thirsty and Empty

"Therefore, just as fire licks up stubble and dry grass shrivels in the flame, so their roots will rot and their flowers wither."
Isaiah 5:24

Growing but Fragile

"In the morning it blooms and flourishes, but by evening it is dry and withered."
Psalm 90:6



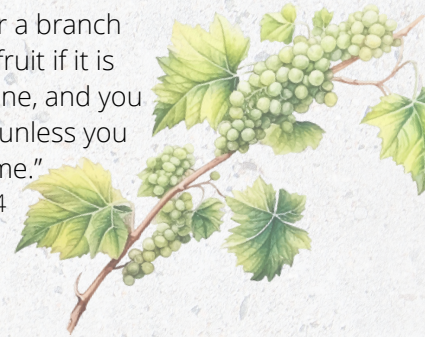
Hopeful and Ready to Learn

"The Lord answered, 'If you had faith even as small as a mustard seed, you could say to this mulberry tree, 'May you be uprooted and be planted in the sea,' and it would obey you!'"
Luke 17:6



Remaining on the Vine

"Remain in me, and I will remain in you. For a branch cannot produce fruit if it is severed from the vine, and you cannot be fruitful unless you remain in me."
John 15:4



Cedar Strength

"They are like tall trees planted by the Lord, like cedars beside the waters."
Numbers 24:6

"The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God.

They will still bear fruit in old age, they will stay fresh and green."
Psalm 92:12-14



Filled Enough to Serve Others

"Fruit trees of all kinds will grow on both banks of the river. Their leaves will not wither, nor will their fruit fail. Every month they will bear fruit, because the water from the sanctuary flows to them. Their fruit will serve for food and their leaves for healing."
Ezekiel 47:12



be.