



be. with God

prayer prompts

PAUSE: To Practice the Presence of God

Be still and know that I am God. Psalm 46:10

“God, I got distracted and busy today. It’s hard for me to simply be in Your presence. I am having a hard time being quiet and unproductive. Will You increase my craving to be still with You?”

REMEMBER: To Reflect on the Redeeming Work of the Father, Son, and Holy Spirit

For it is by grace you have been saved, through faith-and this is not from yourselves, it is the gift of God. Ephesians 2:8

“Jesus, I have forgotten what grace is. I have forgotten what it is to live as completely loved, fully forgiven, fully accepted, and made a new creation. Will You show me a memory, a word, or a verse to remind me of Your grace?”

PUT OFF: To Notice Falsehood and Confess Sin

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28

“God, Help me with my unbelief that You are working out all things for good. This can’t possibly be good! Would You strengthen my emotional resilience?”

PURSUE TRUTH: To Reflect on God’s Word

See to it that no one takes you captive by philosophy and empty deceit, according to human tradition, according to the elemental spirits of the world, and not according to Christ. Colossians 2:8

“God, it is hard to discern what is true. Strengthen my recall so Your Word is on my lips, and God strengthen my desire for Your Word.”

GLORIFY: To Love God With All Your Heart, Mind, Soul, and Strength

Love the Lord your God with all your heart and with all your soul and with all your strength. Deuteronomy 6:5

“God, loving you has gotten complicated. Holy Spirit, will You restore a new passion for You in my heart, my mind, my soul, and my strength?”

DELIGHT: To Choose to Enjoy Life with God

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. Psalm 139:14

“God, I don’t live as one who is ‘fearfully and wonderfully made.’ I confess this to You and I am ready to live in the Truth of this Scripture. Right now, I proclaim that I am wonderfully made. Thank you for Your good work.”