



 **BSFPS**

FACIAL PLASTIC SURGERY CADAVERIC DISSECTION COURSE

**28th-30th May 2024
Nottingham**

COURSE HIGHLIGHTS

- All aspects of facial plastic surgery covered
- Three days fresh frozen cadaver dissection course
- Renowned international and national faculties in the field of facial plastic surgery
- Course manual with clear practical surgical content
- Demonstrations of injectable techniques

COURSE DIRECTORS: Prof. Anshul Sama, Mr. Baskaran Ranganathan, Prof. Alwyn D'Souza

COURSE FACULTY

- Prof Tim Woolford, Manchester
- Mr Raj Bhalla, Manchester
- Ms Sadie Khwaja, Manchester
- Mr Anil Joshi, London
- Mr Peter Andrews, London
- Prof Hesham Saleh, London
- Mr Saj Atallah, Manchester
- Mr Ashok Rokade, Winchester
- Mr Ullas Raghavan, Doncaster
- Mr Kristian Hutson, Reading
- Miss Nadia Ashraf, Derby
- Prof Ash Mosahebi, London
- Mr Natarajan Balaji, Lanarkshire
- Mrs Katya Tambe, Nottingham

INVITED SPEAKER

Oren Friedman, MD
Director, Facial Plastic Surgery
at Penn Medicine



TOPICS COVERED

- Open Septorhinoplasty - Basic concepts
- Open Septorhinoplasty - Dorsum management
- Open Septorhinoplasty - Tip sculpting
- Open Septorhinoplasty - Advanced techniques
- Rhytidectomy - MACS Lift and Deep Plane Facelift
- Forehead and Neck lift
- Upper and Lower Lid Blepharoplasty
- Otoplasty
- Facial reconstruction with local flaps
- Non-Surgical Facial Rejuvenation

Contact Details:

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Delegate Fees:

£1600/Dissector - £700/Observer

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PROGRAMME

This course offers an intense three-day programme using lab-based dissection on fresh frozen cadavers. Various techniques in rhinoplasty and aging face surgery will be discussed and demonstrated by world leaders in the field, and the delegates will practice these techniques on cadavers.

Our goal is to provide you with an excellent educational experience and familiarise our participants with common facial plastic surgical and non-surgical procedures.

Day 1 May 28th

- 08:15 **Registration**
- 08:30 **General Introduction to the course**
- 09:00 **Surgical Anatomy of the Face**
- 09:20 **Upper & Lower Lid Blepharoplasty**
- Pre op assessment, planning, marking and safe skin excision
 - Orbicularis muscle and fat – orbital and roof management
 - Transconjunctival approach: when and how?
 - Sub ciliary / transcutaneous approach
 - Canthopexy and Canthoplasty techniques
 - Orbitomalar suspension suture technique
- 11:00 *Coffee Break*
- 11:20 **Facelift Surgery (Rhytidectomy)**
- MACS lift: basic technique and indications
 - SMAS - plication, imbrication and suspension techniques
 - Deep plane face lift technique
 - Management of Neck
- 13:00 *Lunch Break*
- 14:00 **Midface Management**
- Approaches: Transtemporal, Transconjunctival, Transblepharoplasty
 - Frontal branch management: anatomy and safety
- 15:30 *Coffee Break*
- 15:50 **Forehead lift**
- Direct brow lift, Mid forehead brow lift, Temporal lift, Hairline incisions
 - Endoscopic technique
- 17:00 **Brainstorming and closing remarks**

Day 2 May 29th

- 8:15 **Arrival and general networking**
- 8:30 **Rhinoplasty Anatomy, assessment and techniques**
- 9:00 **Open Septorhinoplasty: Basic techniques**
- Skin incisions – endonasal vs open technique
 - Skin soft tissue elevation
 - Septoplasty and Septal reconstruction techniques
 - Harvesting cartilage graft
- 10:40 *Coffee Break*
- 11:00 **Open Rhinoplasty – Aesthetic management of the dorsum**
- Component dorsal reduction

COURSE HIGHLIGHTS

- Renowned international and national faculties in the field of facial plastic surgery
- Hands on step-by-step fresh frozen cadaveric dissection with minimal lectures
- Each delegate will receive course manual with clear practical surgical content and video demonstrations of injectable techniques
- One to one teaching by experienced faculty who are passionate teachers

- Osteotomy – Internal and external
 - Mid vault reconstruction with spreader graft and flaps
 - Dorsal augmentation – grafts and techniques
- 13:00 *Lunch*
- 14:00 **Open Rhinoplasty – Aesthetic tip sculpting**
- Nasal tip tripod concept
 - Tip modification - Cephalic trimming and turn in flaps
 - Tip suturing techniques
 - Tip grafts and techniques
- 15:20 *Coffee Break*
- 15:40 **Open Rhinoplasty advanced techniques**
- Managing convex and concave lateral crura – Sutures & grafts
 - Alar batten graft
 - Lateral crural transposition
 - Alar base reduction
 - Septal extension grafts
- 17:00 **Brainstorming and closing remarks**

Day 3 May 30th

- 08:15 **Arrival and General networking**
- 08:30 **Business and Facial Plastic Surgery:**
- Setting up a cosmetic practice - challenges & benefits
- 09:00 **Non-Surgical facial rejuvenation**
- Anatomic basis for neuromodulation and fillers
 - Practical sessions on Dermal Fillers and Botulinum Toxins
 - Interactive Practical Session: Video demonstrations of techniques
- 11:00 *Coffee Break*
- 11:20 **Otoplasty**
- Creation of antihelical fold: rasping, scoring and suturing (Mustarde suture)
 - Conchal setback: sutures (Furnas suture)
 - Management of the prominent ear lobule
- 13:20 *Lunch*
- 14:20 **Facial Flaps and reconstructive techniques**
- Forehead, Melo labial, Rhomboid, Bilobed, O-T flaps, Z-Plasty, V-Y Plasty etc.
- 16:00 **Concluding remarks, Feedback and Certificate distribution**