

Men's Basketball - Practice Schedule - August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13 First Day of School! No Basketball	14 2:30-7pm BG: GVB 7-8:30pm BG: 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	15
16	17 2:30-7pm BG: GVB 7-8:30pm BG: BB Tryouts 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	18 2:30-4:30pm BG: 4:30-6:30pm BG: BB Tryouts 6:30-8:30pm BG: 2:30-3:30pm SG: 3:30-5:30pm SG: Dance Co. 5:30-6:30pm SG: GBB 6:30-8:30pm SG:	19 2:30-7pm BG: GVB 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	20 2:30-7pm BG: GVB 7-8:30pm BG: 3-5pm SG: Cheer 5:30-6:30pm SG: GBB 6:30-8:30pm SG:	21 2:30-7pm BG: GVB 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	22 8am-5pm BG/SG: Wrestling
23	24 2:30-7pm BG: GVB 5:30-6:30pm WR: BB Weights 6-7pm: Parent Meeting in YLHS Library 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	25 3:30-5:30pm BG: BB All 5:30-6:30pm WR: BB Weights 6:30-8:30pm BG: 2:30-3:30pm SG: 3:30-5:30pm SG: Dance Co. 5:30-6:30pm SG: GBB 6:30-8:30pm SG:	26 2:30-7pm BG: GVB 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	27 2:30-8pm BG: GVB Match 5:30-6:30pm WR: BB Weights 3-5pm SG: Cheer 5:30-6:30pm SG: GBB 6:30-8:30pm SG:	28 2:30-7pm BG: GVB 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	29 8-10am BG: Youth Academy 10-11:30am BG: BB All 1-3pm: BOWLING PARTY! Concourse Bowl
30	31 2:30-7pm BG: GVB 5:30-6:30pm WR: BB Weights 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	1 2:30-8pm BG: GVB Match 5:30-6:30pm WR: BB Weights 2:30-3:30pm SG: 3:30-5:30pm SG: Dance Co. 5:30-6:30pm SG: GBB 6:30-8:30pm SG:	2 2:30-7pm BG: GVB 7-8:30pm BG: GBB 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	3 2:30-7pm BG: GVB 5:30-6:30pm WR: BB Weights 7-8:30pm BG: BB All 3-5pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	4 2:30-7pm BG: GVB 7-8:30pm BG: 3-5:30pm SG: Cheer 5:30-7pm SG: 7-8:30pm SG:	5