Men's Basketball - Practice Schedule - December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 2:30-4:30pm BG: GBB 3pm: JV game at Sonora 4:30pm: Frosh game at LHHS 5:30pm: Varsity game at EDHS	2 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity/JV 6:30-8:30pm BG: BB Frosh TBD	3 Cheer Showcase in gym 2:30-4:30pm BG: GBB 3pm: JV game at Sonora 7pm: Varsity game at EDHS	4 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh	5 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Frosh TBD 6:30-8:30pm BG:	6 TBD: Varsity game at SAHS TBD: JV game at Sonora TBD: Frosh game at LHHS
	5:30-7pm SG: GBB 7-8:30pm SG: BVB	5:30-7pm SG: GBB 7-8:30pm SG:	5:30-7pm SG: BB Frosh TBD 7-8:30pm SG: BVB	5:30-7pm SG: GBB 7-8:30pm SG:	5:30pm: Varsity game at EDHS 6pm: JV game at LHHS 5:30-7pm SG: 7-8:30pm SG:	
7	8 Band Concert in gym 2:30-4:30pm BG: GBB 3:30pm: Frosh at Crean 5pm: JV at Crean 7:30pm: Varsity at Western	9 2:30-4pm BG: GBB 4:30pm: Frosh vs. Downey 6pm: JV vs. Downey	10 2:30-4:30pm BG: BB JV/Frosh 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: GBB	11 2:30-4pm BG: GBB 3pm: Varsity at Western 4:30pm: Frosh vs. Centennial 6pm: JV vs. Centennial	12 2:30-4:30pm BG:BB JV/Frosh 4:30-6:30pm BG: 6:30-8:30pm BG: GBB 7:30pm: Varsity at Western	13 9-11am BG: Stampede Acad. TBD: Varsity at Western
	5:30-7pm SG: GBB 7-8:30pm SG: BVB	5:30-7pm SG: BB Varsity 7-8:30pm SG: GBB	5:30-7pm SG: 7-8:30pm SG: BVB	5:30-7:30pm SG: GBB 7:30-9pm SG:	5:30-7pm SG: GBB 7-8:30pm SG:	
14	15 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7pm SG: GBB 7-8:30pm SG:	16 1-3pm BG: GBB 3-5pm BG: BB Varsity 5-7pm BG: BB JV/Frosh 1-3pm SG: 3-5:30pm SG: Dance Co. 5:30-7pm SG: GBB	17 1-3pm BG: BB JV/Frosh 3-5pm BG: BB Varsity 5-8:30pm BG: GBB games 1-3pm SG: 3-5:30pm SG: Dance Co. 5:30-7pm SG:	18 4pm: Frosh vs. Esperanza 5:30pm: JV vs. Esperanza 7pm: Varsity vs. Esperanza	19 4pm: Frosh vs. Whit. Christian 5:30pm: JV vs. Whit. Christian 7pm: Varsity vs. Whit. Christian	20 9-11am BG: Stampede Acad.
21	22 8-10am BG: BB JV/Frosh 10am-12pm BG: BB Varsity	23 8-10am BG: GBB 10am-12pm BG: BB Varsity 4-6pm BG: GBB 8-10am SG: 10am-12pm SG: BB JV/Frosh	24 8-10am BG: GBB 10am-12pm BG: BB Varsity 4-6pm BG: GBB 8-10am BG: BB JV/Frosh 10am-12pm BG:	25 Merry Christmas! No Basketball	26 9am-9pm BG: YLHS Shootouts TBD: Varsity at Torrey Pines	27 9am-9pm BG: YLHS Shootouts TBD: Varsity at Torrey Pines
28	29 9am-9pm BG: YLHS Shootouts TBD: Varsity at Torrey Pines	30 9am-9pm BG: YLHS Shootouts TBD: Varsity at Torrey Pines	31	1	2 8-10am BG: GBB 10am-12pm BG: BB Varsity 12-2pm BG: BB JV/Frosh	3 Wrestling Tournament TBD: Practice all levels