

Men's Basketball - Practice Schedule - January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	6 <u>Games vs. Sonora</u> 3pm: Freshmen at YLHS 4pm: JV at Sonora 7pm: Varsity at Sonora 5:30-7pm SG: 7-8:30pm SG:	7 2:30-4pm BG: GBB x 2 4-8pm BG: Wrestling Match <u>5:30-7pm SG: BB Varsity</u> <u>7-9pm SG: BB JV/Frosh</u>	8 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> 6:30-8:30pm BG: GBB <u>5:30-7pm SG: BB JV/Frosh</u> 7-8:30pm SG:	9 <u>Games vs. Sunny Hills</u> 3pm: Freshmen at YLHS 4pm: JV at Sunny Hills 7pm: Varsity at Sunny Hills 5:30-7pm SG: 7-8:30pm SG:	10 8-10am: Youth Academy <u>10am-12pm: Varsity practice</u> 9-11am SG: GBB
11	12 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	13 <u>Games vs. Villa Park</u> 3pm: Freshmen at Villa Park 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	14 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV/Frosh</u> <u>5:30-7:30pm SG: GBB</u> <u>7:30-9pm SG: BVB</u>	15 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> 6:30-8:30pm BG: GBB <u>5:30-7pm SG: BB JV/Frosh</u> 7-8:30pm SG:	16 <u>Games vs. El Dorado</u> 3pm: Freshmen at El Dorado 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	17 8-10am: Youth Academy <u>10am-12pm: Varsity practice</u> 9-11am SG: GBB <u>Games vs. Beckman</u> 12:30pm: Freshmen at Beckman 2pm: JV at Beckman
18	19 MLK Day - No School 8-10am BG: GBB <u>10am-12pm BG: BB Varsity</u> <u>12-2pm BG: BB JV/Frosh</u> 2-4pm BG: GBB 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	20 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV/Frosh</u> 5:30-7pm SG: GBB 7-8:30pm SG:	21 <u>2:30-4:30pm BG: BB Frosh</u> <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV</u> 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	22 <u>2:30-4:30pm BG: GBB</u> <u>4:30-6:30pm BG: BB Varsity</u> 6:30-8:30pm BG: GBB <u>5:30-7pm SG: BB JV/Frosh</u> 7-8:30pm SG:	23 <u>Games vs. Sonora</u> 3pm: Freshmen at Sonora 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	24 8-10am: Youth Academy <u>10am-12pm: Varsity practice</u> 9-11am SG: GBB
25	26 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV/Frosh</u> 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	27 <u>Games vs. Sunny Hills</u> 3pm: Freshmen at Sunny Hills 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	28 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV/Frosh</u> 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	29 <u>2:30-4:30pm BG: GBB</u> <u>4:30-6:30pm BG: BB Varsity</u> 6:30-8:30pm BG: GBB <u>5:30-7pm SG: BB JV/Frosh</u> 7-8:30pm SG:	30 <u>Games vs. Villa Park</u> 3pm: Freshmen at YLHS 4pm: JV at Villa Park 7pm: Varsity at Villa Park 5:30-7pm SG: 7-8:30pm SG:	31 8-10am: Youth Academy <u>10am-12pm: Varsity practice</u> 9-11am SG: GBB
1	2 2:30-4:30pm BG: GBB <u>4:30-6:30pm BG: BB Varsity</u> <u>6:30-8:30pm BG: BB JV/Frosh</u> 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	3 <u>Games vs. El Dorado</u> 3pm: Freshmen at YLHS 4pm: JV at El Dorado 7pm: Varsity at El Dorado 5:30-7pm SG: 7-8:30pm SG:	4 Regular Season Complete Schedule TBD	5	6	7 8-10am: Youth Academy