

Men's Basketball - Practice Schedule - January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	6 Games vs. Sonora 3pm: Freshmen at YLHS 4pm: JV at Sonora 7pm: Varsity at Sonora 5:30-7pm SG: 7-8:30pm SG:	7 2:30-4pm BG: GBB x 2 4-8pm BG: Wrestling Match 5:30-7pm SG: BB Varsity 7-9pm SG: BB JV/Frosh	8 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: GBB 5:30-7pm SG: BB JV/Frosh 7-8:30pm SG:	9 Games vs. Sunny Hills 3pm: Freshmen at YLHS 4pm: JV at Sunny Hills 7pm: Varsity at Sunny Hills 5:30-7pm SG: 7-8:30pm SG:	10 8-10am: Youth Academy 10am-12pm: Varsity practice 9-11am SG: GBB
11	12 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	13 Games vs. Villa Park 3pm: Freshmen at Villa Park 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	14 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	15 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: GBB 5:30-7pm SG: BB JV/Frosh 7-8:30pm SG:	16 Games vs. El Dorado 3pm: Freshmen at El Dorado 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	17 8-10am: Youth Academy 10am-12pm: Varsity practice 9-11am SG: GBB Games vs. Beckman 12:30pm: Freshmen at Beckman 2pm: JV at Beckman
18	19 <i>MLK Day - No School</i> 8-10am BG: GBB 10am-12pm BG: BB Varsity 12-2pm BG: BB JV/Frosh 2-4pm BG: GBB 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	20 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7pm SG: GBB 7-8:30pm SG:	21 2:30-4:30pm BG: BB Frosh 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	22 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: GBB 5:30-7pm SG: BB JV/Frosh 7-8:30pm SG:	23 Games vs. Sonora 3pm: Freshmen at Sonora 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	24 8-10am: Youth Academy 10am-12pm: Varsity practice 9-11am SG: GBB
25	26 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	27 Games vs. Sunny Hills 3pm: Freshmen at Sunny Hills 4pm: JV at YLHS 7pm: Varsity at YLHS 5:30-7pm SG: 7-8:30pm SG:	28 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	29 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: GBB 5:30-7pm SG: BB JV/Frosh 7-8:30pm SG:	30 Games vs. Villa Park 3pm: Freshmen at YLHS 4pm: JV at Villa Park 7pm: Varsity at Villa Park 5:30-7pm SG: 7-8:30pm SG:	31 8-10am: Youth Academy 10am-12pm: Varsity practice 9-11am SG: GBB
1	2 2:30-4:30pm BG: GBB 4:30-6:30pm BG: BB Varsity 6:30-8:30pm BG: BB JV/Frosh 5:30-7:30pm SG: GBB 7:30-9pm SG: BVB	3 Games vs. El Dorado 3pm: Freshmen at YLHS 4pm: JV at El Dorado 7pm: Varsity at El Dorado 5:30-7pm SG: 7-8:30pm SG:	4 Regular Season Complete Schedule TBD	5	6	7 8-10am: Youth Academy