

# Men's Basketball - Practice Schedule - July 2025

| Sunday                                                                                                                                                         | Monday                                                                 | Tuesday                                          | Wednesday                                                                                                | Thursday                                          | Friday                                                                                                                  | Saturday                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| <b>29</b><br><b>Practice Schedule at YLHS</b><br><b>Monday - Thursday</b><br><b>7:30-9am: JV</b><br><b>9-10:30am: Varsity</b><br><b>10:30am-12pm: Freshmen</b> | <b>30</b><br>Valencia Summer League<br>(Varsity x 2, JV)               | <b>1</b><br>Foothill Summer League<br>(Freshmen) | <b>2</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2)                                    | <b>3</b>                                          | <b>4</b>                                                                                                                | <b>5</b>                                                                                                                        |
| <b>6</b>                                                                                                                                                       | <b>7</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2)  | <b>8</b><br>Foothill Summer League<br>(Freshmen) | <b>9</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2)                                    | <b>10</b><br>Foothill Summer League<br>(Freshmen) | <b>11</b><br>Sunny Hills Tournament<br>(Varsity)<br>El Dorado Tournament<br>(JV)<br>Edison Tournament<br>(Freshmen x 2) | <b>12</b><br>Sunny Hills Tournament<br>(Varsity)<br>El Dorado Tournament<br>(JV)<br>Edison Tournament<br>(Freshmen x 2)         |
| <b>13</b><br>Sunny Hills Tournament<br>(Varsity)<br>El Dorado Tournament<br>(JV)<br>Edison Tournament<br>(Freshmen x 2)                                        | <b>14</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2) | <b>15</b>                                        | <b>16</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2)                                   | <b>17</b>                                         | <b>18</b><br>Laguna Beach Tournament<br>(Varsity)<br>El Dorado Tournament<br>(Freshmen x 2)                             | <b>19</b><br>Laguna Beach Tournament<br>(Varsity)<br>Hoops 24/7 Summer Sizzle<br>(JV)<br>El Dorado Tournament<br>(Freshmen x 2) |
| <b>20</b><br>Hoops 24/7 Summer Sizzle<br>(JV)<br>El Dorado Tournament<br>(Freshmen x 2)                                                                        | <b>21</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2) | <b>22</b>                                        | <b>23</b><br>Valencia Summer League<br>(Varsity x 2, JV, Freshmen x 2)<br><i>Stampede Leaving for LV</i> | <b>24</b>                                         | <b>25</b>                                                                                                               | <b>26</b>                                                                                                                       |