

# Men's Basketball - Practice Schedule - November 2022

| Sunday | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|--------|--|---|---|--|---|---|
| 30     | <b>31</b><br>2:30-4:30pm BG: BB (Varsity/JV)<br>4:30-6:30pm BG: GBB<br>6:30-8:30pm BG:<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG: GBB<br>7-8:30pm SG:   | <b>1</b> <i>ETS Forms Due</i><br>2:30-4:30pm BG: GBB<br>4:30-6:15pm BG: BB (All)<br>6:30-8:30pm BG:<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Dance Co.<br>5:30-6:15pm SG: BB (Frosh)<br>7-8:30pm SG:<br><br>7-8pm WR: BB (All) | <b>2</b><br>2:30-4:30pm BG: GBB<br>4:30-9pm BG: BB (All)<br><i>Mustang Madness</i><br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG:<br>7-8:30pm SG:  | <b>3</b><br>2:30-4:30pm BG: GBB<br>4:30-6:30pm BG: BB (Varsity/JV)<br>6:30-8:30pm BG:<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG:<br>7-8:30pm SG:<br><br>7-8pm WR: BB (All)            | <b>4</b><br>2:30-4:30pm BG: BB (All)<br>4:30-6:30pm BG: GBB<br>6:30-8:30pm BG:<br><br>2:30-4:30pm SG: BB (Frosh)<br>3:30-5:30pm SG:<br>5:30-7pm SG:<br>7-8:30pm SG:                                 | <b>5</b><br>8-11am BG: GBB Picture Day<br>12-2pm BG:<br>2-4pm BG:<br><br>8-10am SG:<br>10am-12pm SG: BB (Varsity)<br>12-2pm SG:<br>2-4pm SG:  |
| 6      | <b>7</b><br>2:30-4:30pm BG: GBB<br>4:30-6:30pm BG: BB (Varsity)<br>6:30-8:30pm BG: BB (JV/Frosh)<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG: GBB<br>7-8:30pm SG:<br><br>7-8pm WR: BB (Varsity)   | <b>8</b><br>2:30-4:30pm BG: GBB<br>5-8:30pm BG: Wrestling<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Dance Co.<br>5:30-7pm SG: BB (Varsity/JV)<br>7-8:30pm SG: BB (Frosh)<br><br>7-8pm WR: BB (Varsity/JV)                       | <b>9</b><br>2:30-4:30pm BG: BB (Varsity)<br>4:30-6:30pm BG: GBB<br>6:30-8:30pm BG: BB (JV)<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG: BB (Frosh)<br>7-8:30pm SG: GBB<br><br>7-8pm WR: BB (Varsity/Frosh) | <b>10</b><br>2:30-4:30pm BG: BB (Varsity)<br>4:30-6:30pm BG: BB (JV/Frosh)<br>6-9pm BG: GBB Scrimmage<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Cheer<br>6-9pm SG: GBB Scrimmage                           | <b>11</b> <i>Veterans Day</i><br>8-10am BG: GBB<br>10am-12pm BG: BB (Varsity)<br>12-2pm BG: BB (JV)<br>2-4pm BG:<br><br>8-10am SG: GBB<br>10am-12pm SG: BB (Frosh)<br>12-2pm SG:<br>2-4pm SG:       | <b>12</b><br>8-10am BG: BB (Varsity)<br>10am-12pm BG: GBB<br>12-2pm BG: BB (Frosh)<br>2-4pm BG:<br><br>8-10am SG: BB (JV)<br>10am-12pm SG: GBB<br>12-2pm SG:<br><br>10-11am WR: Plyos (All) |
| 13     | <b>14</b><br>2:30-4:30pm BG: BB (Varsity)<br>4:30-6:30pm BG: GBB<br>6:30-8:30pm BG: BB (Frosh)<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG: GBB<br>7-8:30pm SG:<br><br>6pm: JV game @ La Habra HS | <b>15</b><br>2:30-4:30pm BG: GBB<br>4:30-6:30pm BG: BB (Varsity)<br>6:30-8:30pm BG: BB (JV/Frosh)<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Dance Co.<br>5:30-7pm SG: GBB<br>7-8:30pm SG:<br><br>4:30pm: JV game TBD**          | <b>16</b><br>2:30-4:30pm BG: BB (Varsity)<br>5-8pm BG: GBB games<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG: BB (JV)<br>7-8:30pm SG: BB (Frosh)<br><br>4:30pm: JV game TBD                                | <b>17</b><br>2:30-4:30pm BG: BB (Varsity)<br>4:30-6:30pm BG: BB (JV)<br>6:30-8:30pm BG: BB (Frosh)<br><br>2:30-3:30pm SG: BVB<br>3:30-5:30pm SG: Cheer<br>5:30-7pm SG:<br>7-8:30pm SG:<br><br>6pm: JV game TBD | <b>18</b><br>2:30-4pm BG: BB (Varsity)<br>4-5:30pm BG: GBB<br>5:30-7pm BG: BB (JV)<br><br>2:30-3:30pm SG:<br>3:30-5:30pm SG: GBB<br>5:30-7pm SG: BB (Frosh)<br>7-8:30pm SG:<br><br>6pm: JV game TBD | <b>19</b><br>8-10am BG: BB (Varsity)<br>10am-12pm BG: GBB<br>12-2pm BG:<br><br>8-10am SG: BB (Frosh)<br>10am-12pm SG:<br>12-2pm SG:<br><br>10-11am WR: Plyos (All)<br><br>TBD: JV game      |
| 20     | <b>21</b><br>8-10am BG: BB (Varsity)<br>10am-12pm BG: GBB)<br>12-2pm BG: BB (JV)<br>2-4pm BG:<br><br>8-10am SG: GBB<br>10am-12pm SG: BB (Frosh)<br>12-2pm SG:<br>2-4pm SG:   | <b>22</b><br><br>Home vs. Troy<br>6pm: Varsity<br>4:30pm: JV<br>3pm: Freshmen   | <b>23</b><br>8-10am BG: BB (Varsity)<br>10am-12pm BG: BB (JV)<br>12-2pm BG: BB (Frosh)<br>2-4pm BG:<br><br>8-10am SG:<br>10am-12pm SG:<br>12-2pm SG:<br>2-4pm SG:   | <b>24</b><br><br>Happy Thanksgiving<br><br>No Basketball   | <b>25</b><br>8-10am BG: BB (Frosh)<br>10am-12pm BG: BB (Varsity)<br>12-2pm BG:<br>2-4pm BG:<br><br>8-10am SG: BB (JV)<br>10am-12pm SG:<br>12-2pm SG:<br>2-4pm SG:                                   | <b>26</b><br>8-10am BG: GBB<br>10am-12pm BG:<br>12-2pm BG: GBB<br>3-5pm BG: BB (Varsity)<br><br>8-10am SG: BB (JV)<br>10am-12pm SG: BB (Frosh)<br>12-2pm SG:                                |