

SELF-HYPNOSIS MASTERY

PRE-COLONIAL
WORLDVIEW

I am Wahinkpe Topa (Four Arrows), aka Don Trent Jacobs, Ph.D., Ed.D. Retired from over 30 years of university professorship that emphasized Indigenous worldview, counter-hegemonic education and trance-based learning



PRIVATE
SESSIONS

Healing
OPTIMAL WELLNESS
Habit Cessation
INNER PEACE
Enhanced Relations
COMPASSION
Learning New Skills
RESTORATION

**Experience the Transformative Power of
Self-Hypnosis Mastery
and Pre-Colonial Worldview Literacy
Offered by Wahinkpe Topa (Four Arrows),
aka DT Jacobs, Ph.D., Ed.D.**

Having retired from over 30 years of university professorship that emphasized Indigenous worldview, counter-hegemonic education, and trance-based learning, I am now offering private sessions to help you learn self-hypnosis to achieve healing, optimal wellness, habit cessation, inner peace, enhanced interpersonal relations, compassion restoration and new skills.

“Pay What It’s Worth” or Barter Fee Policy

Our work together will consist of four 70-minute sessions. The final session will be dedicated to reviewing and summarizing your progress. After completing all four sessions, you will decide the value of our work together and pay accordingly. (For context, in Mexico, the average value of such a service by a qualified practitioner is 4,000 pesos (around 200 USD) per session. If financial constraints are a concern, I am open to exploring barter arrangements that honor the reciprocity inherent in Indigenous values.

My Relevant Background

- Ph.D. in Health Psychology and Ed.D. in Curriculum and Instruction with Indigenous Worldview Cognate
- Certified hypnotherapist and former president of the Northern California Society of Clinical Hypnosis
- Instructor of clinical hypnosis for certification programs at UC Berkeley
- Former Hypnotherapist at Hope Counseling, and sports psychologist
- Member of the Oglala Lakota Medicine Horse Tiospaye, Sun Dancer, Pipe Carrier

**TAKE
THE FIRST STEP**

Start your journey toward transformation today! To schedule your first session, contact me at:

Email: fourarrows73@gmail.com

Phone: 52-315-104-7131

Website: <https://www.fourarrowsbooks.com>

Sample Endorsements

"Four Arrows helps us to regain our sanity...a veritable modern-day sage offering a visionary approach to remembering who we really are."

– **Bruce H. Lipton, Ph.D.**, author of *Biology of Belief*

"(Four Arrows) incorporates the latest research in hypnosis and provides practical strategies and expert advice."–

Kenneth V. Iserson, MD, FACEP, Professor Emeritus,
University of Arizona College of Medicine

"Four Arrows has given me precious secrets I will carry for the rest of my life." – **Nathalie Moellhausen**, World Champion Brazilian épée fencer

"I have known Four Arrows for a long time. In these difficult times, Four Arrows can inspire us to live fearlessly."

– **John P. Miller, Ph.D.**, author of *Educating for Wisdom and Compassion*

"Recognizing the disastrous consequences of the dominant worldview pervading global society, Four Arrows teaches metacognitive strategies to help shift us back toward the Indigenous worldview. With his characteristic insight, he reminds us that interconnection with all of creation is the foundation of the courage we need to heal as individuals and as a society."– **Waziyatawin**, Dakota author and activist

*Rediscover your inner strength and connectedness
through self-hypnosis and Indigenous wisdom*

TOGETHER, WE CAN EMBARK ON A PATH OF HEALING AND
TRANSFORMATION

**Hypnotic Communication in
Emergency Medical Settings
For Life-Saving and
Therapeutic Outcomes**



Four Arrows (Don Trent Jacobs)
and Bram Duffee



"Fearless Engagement of Four Arrows tells the story of one of the leading Indigenous educators in North America. I have known Four Arrows for many years and am delighted that his contributions are presented in this timely book."

– **Professor John P. Miller**, author of *Educating for Wisdom and Compassion*

"As a Cree Sun Dance Leader who well knows my brother Four Arrows, I endorse how Dr. Fisher's insightful book reveals key virtues represented by traditional Indigenous people and their worldview"

– **White Standing Buffalo**

"Hypnotic Communication in Emergency Medical Settings is an essential resource for improving patient outcomes." – **Joseph Varon, MD, FACP**, Clinical Professor U of H College of Medicine.

"As a seasoned academic emergency physician, I have seen the critical role that hypnosis can play... This ground-breaking book in both EMS and psychology is an essential resource."

– **Kenneth V. Iserson, MD, FACEP**, Professor Emeritus, Emergency Medicine, U of A College of Medicine.