

Powerlifting: Romans 8:9-16
Life in the Spirit

John 16:7 "But in fact, it is best for you that I go away, because if I don't, the Advocate won't come. If I do go away, then I will send him to you."

The Holy Spirit lives in us. (vs 9)

*see 1 Cor 6:19–20

The Holy Spirit gives life to our dead bodies. (vs 10-11)

The Holy Spirit helps us put our sinful nature to death. (vs 12-13)

The Holy Spirit leads us. (vs 14)

*see John 16:13

The Holy Spirit identifies us as God's children. (vs 15-16)

Study Questions

Question 1: What are some ways you see the Holy Spirit working in your life?

Question 2: We have the Holy Spirit, but does the Holy Spirit have us?

Question 3: In what areas of my life do I need to let the Holy Spirit lead?