

Creditable Milks/Milk Substitutions in the Florida Child Care Food Program

Creditable Milks

What is a Creditable Fluid Milk?

For Children ages one and older, CCFP regulations require that each child's breakfast lunch and supper must include fluid milk to be eligible for reimbursement. Fluid milk may also be served as one of the two components of a snack.

The following milks may be served as part of a reimbursable meal with no extra documentation needed:

- Breastmilk
- Pasteurized Cow or Goat Milk
- Lactose-Free or Lactose-Reduced Milk
- UHT (Ultra High Temperature) Milk
- Acidified or Cultured Milk
- Organic Milk

Non-Creditable Non-Dairy Beverages

- Almond Milk
- Cashew Milk
- Coconut Milk
- Hemp Milk
- Oat Milk
- Rice Milk

These do not meet the USDA nutrient requirements and are not creditable without a completed Medical Statement.

Milk Substitutions:

Creditable Non-Dairy Beverages

What is a Creditable Non-Dairy Beverage?

A creditable, non-dairy beverage is a beverage that meets the USDA nutrient standards for fluid milk substitutes (see table below). They may be requested by either parent note or Dietary Preference Form.

Non-dairy beverages are not required to be low-fat or fat-free. When served to children 1-5 years old, they must be unflavored.

Nutrients (1 cup cow's milk)	Requirement per cup (8 fluid oz.)	% DV
Protein	8g	16%
Calcium	276mg	28%
Vitamin A	150mcg	10%
Vitamin D	2.5mcg	25%
Magnesium	24mg	6%
Phosphorus	222mg	23%
Potassium	349mg	10%
Riboflavin	.44mg	26%
Vitamin B-12	1.1mcg	19%

Creditable Non-Dairy Beverages Approved for Use in the CCFP

Find these on store shelves: (shelf-stable)

For
Children
Ages 1-5
(Unflavored
Only)



Kikkoman Pearl
Organic Soymilk
Smart Original



Silk Original
Soymilk



Pacific Ultra
Soy Original



Ripple
Original Dairy
Free Milk



Sunrich
Naturals
Original
Soymilk



Kikkoman
Pearl Organic
Soymilk
Smart
Vanilla



Kikkoman
Pearl Organic
Soymilk Smart
Chocolate



Ripple
Vanilla
Dairy Free
Milk



Ripple
Chocolate
Dairy Free
Milk



Sunrich
Naturals
Soymilk
Vanilla



Silk
Soymilk
Very
Vanilla



Silk
Soymilk
Chocolate

Find these in the refrigerated section:



Silk
Original
Soymilk



Great
Value
Original
Soymilk



8th
Continent
Soymilk
Original



8th Continent
Soymilk
Vanilla

Florida WIC Approved Cereal List for the Child Care Food Program 2024-2025

GF = Gluten Free

All cereals on this list meet CCFP sugar limits and are creditable to serve.

June 2024

Whole Grain/Whole Grain-Rich Cereals

Cold Cereals



Cheerios
GF



Cheerios
Oat Crunch
Berry



Cheerios Veggie
Blend Apple
Strawberry GF



Cheerios Veggie Blend
Blueberry
Banana GF



Cheerios
Multi-Grain
GF



Oatmeal
Squares
Brown Sugar



Oatmeal
Squares
Cinnamon



Oatmeal
Squares
Honey Nut



Chex
Blueberry
GF



Chex
Cinnamon
GF



Chex Corn
GF



Chex Rice
GF



Chex
Wheat



Total



Wheaties



Complete
Bran



Great Grains
Banana Nut



Kix
Berry
Berry



Kix
Honey



Kix



Special K
Protein
Original Multi
Grain



Life
Vanilla



Life
Original



Grape Nuts
Flakes



Grape Nuts



Great Grains
Crunchy
Pecan



Frosted Mini-
Wheats



Little Bites
Original



Little Bites
Chocolate



Frosted Mini-
Wheats
Blueberry



Frosted Mini-
Wheats
Strawberry



Frosted Mini-
Wheats
Pumpkin Pie
Spice



Frosted Mini-
Wheats
Golden
Honey



Frosted Mini-
Wheats
Cinnamon
Roll



Strawberry Cream
Mini Spooners



Frosted Mini
Spooners

Hot Cereals



Instant
Rolled Oats
GF



Instant
Oatmeal
Original



Cream of Wheat
Whole Grain
2 1/2 minute

Enriched Cereals

Cold Cereals



Rice
Krispies



Special K
Original



Crispix



Honey
Bunches of
Oats Maple
Pecan



Honey
Bunches of
Oats
Cinnamon
Bunches



Honey
Bunches of
Oats Honey
Roasted



Corn
Flakes



Honey
Frosted Corn
Flakes



Honey
Bunches of
Oats with
Almonds



Crispy Rice
GF



Honey
Bunches of
Oats Vanilla

Hot Cereals



Hot Wheat
Original



Instant
Grits
Original



Farina
Original



Iron
Fortified
Quick Grits



Cream of
Rice
Instant GF



Cream of
Rice
2 1/2
minute



Cream of
Wheat
Original
2 1/2 minute



Cream of
Wheat
Original
1 minute



Cream of
Wheat
Original
Instant

Any store brand or Ralston Foods brand

WHOLE GRAIN/WHOLE GRAIN-RICH CEREALS

Bran Flakes
Frosted Shredded Wheat/Frosted Wheat
Instant Oatmeal - Original/Regular Multigrain Flakes
MultiGrain Medley, Tasteos, Spins or Toasted Cereal
Nutty Nuggets/Crunchy Nuggets/Crunchy Wheat
Oat Crunch/Oat Wise/Oat Squares/Lively Oats
Strawberry Frosted Shredded Wheat
Toasted Oats/Tasteos/Toasted Oat Spins/Happy O's
Wheat Flakes
Wheat Squares, Biscuits, or Crisps

ENRICHED CEREALS

Corn Flakes
Corn Squares, Biscuits, Crisps, or Bites
Crisp Rice/Crispy Rice
Crispy Hexagons (Corn & Rice)
Essentially You/Toasted Rice
Instant Grits - Original/Regular
Oats & More with Almonds/Almonds & Oats
Oats & More with Honey/Honey & Oats
Rice Squares, Biscuits, Crisps, or Pockets