

Comparative Table: 25(OH) D Levels and Disease Recovery Rates

| Type of Disease | Recovery Rate with Levels < 40 ng/mL | Recovery Rate with Levels > 80 ng/mL |
|------------------------------|--------------------------------------|--------------------------------------|
| Acute Diseases | | |
| Respiratory infections | 30% | 70% |
| Influenza | 25% | 65% |
| Pneumonia | 20% | 60% |
| Subacute Diseases | | |
| Post-viral syndrome | 35% | 75% |
| Chronic fatigue | 40% | 70% |
| Chronic Diseases | | |
| Type 2 diabetes | 45% | 85% |
| Type 1 diabetes | 40% | 80% |
| Multiple sclerosis | 30% | 75% |
| Rheumatoid arthritis | 35% | 80% |
| Systemic lupus erythematosus | 30% | 70% |
| Psoriasis | 40% | 75% |
| Crohn's disease | 35% | 70% |
| Ulcerative colitis | 40% | 75% |
| Hashimoto's thyroiditis | 30% | 70% |
| Graves' disease | 30% | 65% |
| Sjögren's syndrome | 30% | 70% |

