

COVID

Detox

Reversing "Vaccine" Injuries & Spike Protein Shedding



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Introduction

There are so many people who regret getting the COVID jab – either they’re experiencing horrible side effects or have found out how dangerous it really is and are worried about what it may still do to their bodies.

Our experts have been expressing their concerns about these deadly vaccines since their initial rollout. People were promised that these vaccines are safe and effective - and they’ve been neither.

To date, there have been millions of injuries and deaths post-vaccine. And so many of those who have been injured feel hopeless because their doctors have denied that their injuries are vaxx-related, and don’t treat them correctly.

Symptoms also are not limited only to those who got the vaccine either, people can experience symptoms just from being around someone who is vaxxed. This is what our experts call “shedding”.

With that being said, this eBook covers holistic treatments and protocols that both help to reverse vaccine injuries and detox your body from the spike protein - even if you've been exposed through shedding. These protocols are shared by our experts who are using them to help their patients recover from vaccine injuries or to detox from the spike protein.

But, before we deep dive into highly-effective treatments, let's analyze what the jab really does to your body.

How the Deadly mRNA Vaccines Cause Damage to Your Body

Dr. Peter Glidden

Nobody knows really what's in the vaccines and that's a point to ponder. Nobody really knows what's in the vaccines, which were given to million- Hundreds of millions of people worldwide don't really know what's in the vaccines. They're not really vaccines, by the way. They had to adjust the definition of what a vaccine is in order to still be able to call these vaccines. And according to the VAERS reporting network, which is the Center for Disease Control in the United States, if you get a vaccine and you have an adverse reaction, you go to that website and you report it.

Here are the numbers as of today: 30,162 deaths; 172,590 hospitalizations; 133,688 visits to urgent care; 202,530 doctor office visits; 15,000 people with Bells palsy; 5,000 miscarriages; 16,000 heart attacks; 51,000 people developed myocarditis; 56,000 are permanently disabled; 33,000 have life-threatening illnesses as a result of the vaccines. 44,000 have had severe allergic reactions. And these are the VAERS numbers.

And a Harvard researcher a number of years ago said that the VAERS numbers are egregiously under-reported and that a conservative estimate is that the VAERS numbers reflect only about 2% to 3% of what's really happening. So, multiply all of the numbers that I just gave you by 97, and you'll have a more accurate understanding of what these non-vaccine vaccines have done to people.

And more is the pity because members of my profession - I'm a member of a professional organization of naturopathic physicians in the United States. It's existed for over 10 years. It's a 501(c)(3) nonprofit organization. The intention of it is to disseminate

education to naturopathic doctors to help them be better at what they do. It's called the Naturopathic Medicine Institute and I'm a board member. As far as I know, the Naturopathic Medicine Institute was the only medical organization in the world - in the world, to take a stand against the COVID vaccine. Say, "Look, we don't recommend you get any of these vaccines. Don't do it." We were the only ones that did that. And why did we say that? Because in our collective clinical experience, our patients didn't die when they were under our treatment for COVID. You had COVID, you come to see the naturopathic doctor, you don't die. You're sick for a couple of weeks. You recover. Life is good.

With naturopathic therapeutics, by the way, we didn't need to use hydroxychloroquine or anything else. Naturopathic therapy- And again, in a perfect world, the naturopathic community, would have been the first community invited to the round table to say, "Hey, what do you guys do for this condition?" Because historically, our track record for the prevention or treatment of viral illnesses is better than anybody else's. We have the best track record. But we weren't invited to the table of conversation because we're quacks, back of the bus quacks. We're not real doctors. Because we exist inside of a medical monopoly that literally is killing us. Not figuratively, not metaphorically, literally. We need to collectively snap out of it.

So to answer your question, we've been trained to believe that illness is like a parrot that sits on your shoulder and it's the doctor's job to develop a treatment, to knock the parrot off or to kill the parrot. That's not the way that it is. Illness is a complicated thing, which is a little bit different in everybody that it shows up in. And this is why naturopathic doctors are famous for saying, "We don't treat disease. We treat people." So I could have 10 patients all with asthma. Oh, let's talk - I could have quadruplets, identical quadruplets. They all have exactly the same genes. They all get asthma. And they would each need a different treatment for me to get over their asthma because we don't treat asthma, it doesn't really exist. What we treat are people who have problems breathing in this case and the manifestations of the illness would be perhaps different from individual to individual, which would then demand a different treatment in order for the patient to recover their health.

So, what we can do now with people who are suffering the net negative effects of the jab -- the coronavirus vaccines, are treat them individually. Because right now there is no generic, one-size-fits-all method of treatment for these unfortunate individuals. And naturopathic medicine in the United States has a great deal of hope for these people. I mean, again, this isn't rocket science. If your house was on fire, you wouldn't call the plumber. You'd call the fire department. If you were just robbed, you wouldn't call the garbage company. You'd call the cops, right? You need the right dog for the hunt.

Well, when it comes to the management, prevention, or treatment of viral illnesses or vaccine-related illnesses, naturopathic medicine is, the way it should be, everybody's first choice. But, again, most people don't even know how to pronounce it, let alone know what the training of a naturopathic doctor is, let alone know what our clinical specialties are. And more is the pity. Again, thank you very much medical monopoly.

Dr. Stella Immanuel

We know that they are deliberately making us unhealthy. They are deliberately putting things that can kill us. Not only that they want to convert us into a Luciferian race. The vaccine that they gave us, they've been giving people, most of it contain luciferase. Luciferase is Lucifer race. Lucifer is the light bearer. Luciferase is from a firefly named after Lucifer, the bearer of light and it is in the Modena vaccine. It's in the Pfizer vaccines. These are things that we are seeing every day and people don't know. So, why people are allowing themselves to be jabbed whatever they are bringing? You're just programming yourself to become human 2.0. They want transhumanism. And why do they do that? I tell everybody that, like in Independence Day, the aliens that came in Independence Day, they were crawly, whatever, looking crazy stuff. You saw them and you knew who they were.

Just like the aliens that came in the days of Noah, you saw them, they were 30 foot giants. You knew who they were. Right now, we have Independence Day on steroids. The only problem is that it look like you and I, because they look like you and I, we don't recognize them as non-humans. If you read in the Book of Daniel 2:43-44 talks about a mingle seed. They will mingle with the seed of man. If you read in the book of Revelation 13:14-15, it talks about how the devil will deceive the people of the world to make an image onto the beast and he will give life to that image. So, there are many things, CRISPR technology, cloning and all that stuff. That's happening now and it's time for people to wake up and realize that we're dealing with the devil cloaked in human form.

And because they have a human cloak, they need to keep that human cloak on. That is why they like all the killing. They like to kill the babies. They want to drink blood and all that stuff. All this stuff that they've been calling conspiracy theories is because we actually have a very violent blood drinking race among us. In the days of Noah, it was the same thing. The world was full of violence because of them and I've been saying these things, 2010, 2011, 2012, as the Lord began to show me this stuff. It's time for us to wake up. Wake up and pray. If we don't pray, we're not gonna have a red wave because 65% of our people have been vaccinated. They're not gonna need to stuff ballot boxes, Yuval Noah says human beings don't have a will anymore.

That free will is over. That whether what you choose in the election, what you choose the supermarket, free will is over. How is that over? Because surveillance has gotten under the skin and they can determine what they want you to do. So, they want everybody in this world to be jabbed. Why? They want to kill as many people as possible. Right now we have *sudden adult death syndrome* on the rise. People are dying from the vaccine. Those that make it, those that are strong enough because to them, it's about selection, natural... They feel that if they give you a vaccine, if you're weak, you die. If you're strong, you would survive.

The Deadly Spike Protein

Dr. Bryan Ardis

If you reference the Italy study with the France study, that took place two months earlier from the submission of the Italy study. In France, they found that the spike proteins - when they ran the genetic sequencing of S1 and S2 spike protein on SARS-Cov-2 - they said they were most identical to two snake venom peptides, the Chinese krait venom and sequences of the Chinese king Cobra venom peptides. Then, they also referenced it had some similarities to the rabies virus also. In that study, if you reference that one and the Italy study and then look at the Department of Justice conotoxin review as a bioweapon affecting neuroreceptors, brain receptors, nerve receptors. It is very clear that in the French study, they said these two venoms from these two snakes that look identical to these spike proteins on SARS-CoV-2.

We know they said that these spike proteins can cross the blood-brain barrier because beta coronaviruses, which this coronavirus was identified as, also crosses the blood-brain barrier. And they said these target, these two venom peptides, they target what are called nicotinic acetylcholine receptors in the brain that control smooth muscle contraction, including your diaphragm and your heart's power to beat. So, when you attach a venom, like when a snake bites one of these king cobras or creates bite an animal or prey, the actual venom goes past the blood-brain barrier hits the nicotinic acetylcholine receptors suppresses, the diaphragm's ability to contract and then it starts reducing how fast the heart can beat which it's slowing down how much blood flow is going through the body and the energy and the lethargy of the animal's gonna increase and the animal can't get away.

So then, the snake just slithers follows the scent until the animal passes out and then it digests it. This is how these venoms work. They also, if they cross the blood-brain barrier, they can up impact any neural tissue in the body whatsoever. But these nicotine

receptors, nicotinic acetylcholine receptors are by far what the French researcher said we need to go study.

Because they said these two venoms, krait venom, king cobra venom, they called them and identified them in the research literature as Cobra toxin from the king cobra is one of the spike proteins and then bungarotoxin which is krait venom toxin were the two spike proteins. And they said, "Then we're making an observation around the world that smokers are the least being hospitalized for COVID and dying from COVID-19."

Jonathan Otto:

Yeah, and that's why the Italy study in the conclusions references it and says nicotine should be looked at as a treatment because of the nicotinic acetylcholine receptors being affected by envenomation. And they even said that envenomation the venoms are present where the SARS-Cov-2 infection is present. So, they didn't say the venoms is SARS-Cov-2, even though that's what you and I are saying. They're just saying it's present and because the SARS-Cov-2 can't be identified and completely isolated therefore we're saying no, it's just envenomation but it really did piggyback on it. It was saying, "We need to go deeper. The French study uncovered something in regard to the issue with the neurotransmitters." So basically what we're seeing is there's a signal going in from the venom that is basically in layman's terms shutting down the brain from being able to provide its normal functions of making the heartbeat and reflexes, anything. And this is the reason why you see people go like this, boom and they're on a TV talk show-

We've seen this all around the world, all this footage that's come out of people just dropping as if they just got a king hit to their head and they got knocked out. But that's all, it's the neurotransmitter. Suddenly the venom must have got through into a certain area and then just flipped the switch and they just- I don't know.

Dr. Bryan Ardis:

Yeah, this is what happened. So, the French researcher said the actual nicotinic acetylcholine receptors which are ACE-2 receptors which we all hear about that the spike protein of SARS-Cov-2 enters or inserts into ACE-2 receptors and that the spike protein acts like the key to the ACE-2 receptor to unlock the cell that allows the coronavirus into the cell to cause disease. This French study and the Italy study are the two things that have answered more things about COVID-19 to me than anything else I've read. I'm not kidding, for the whole two and a half years. Inside the French study, they said this could answer these two venom peptides, target nicotinic acetylcholine receptors in the brain that controls respiration and breathing and heartbeats. And as the

venoms attached to those, it suppresses the body's ability to breathe and contract the heart, leading to respiratory failure.

And then they said this, "What's interesting about that is the spike proteins target ACE-2 receptors." And I have heard people talk about this the whole two and a half years. I've heard medical doctors galore talk about the fact that the spike protein which is attached to a coronavirus that we're all breathing in is getting into the lungs and the spike protein is inserting into the ACE-2 receptor in the lungs, getting into the lung cells and causing an infection that way. Do you know what's amazing about the French study? They actually say in April 2020 that the ACE-2 receptors don't exist in the lungs. They're only in the brain, the heart, the kidneys and your intestines.

And this is when they said, "If this is a respiratory virus, we would expect to see smokers lined up in hospital beds around the world but that's not what we're finding. We're finding the least hospitalized are smokers, there must be some benefit of nicotine in smokers getting to the brain to these receptors and the nicotine supply in the body has a higher affinity to the nicotinic acetylcholine receptors and is not letting the venom spike proteins attach to them." They even say in the study that not only does nicotine bind to nicotinic acetylcholine receptors that with the highest affinity for those receptors, it's nicotine, it wants nicotine, it's built to take nicotine. They also mention in the study that reports around the world in April 2020, we're talking two years ago. They said there're reports coming in from around the world that ivermectin is stopping the replication of SARS-Cov-2, the virus, and stopping the disease process of COVID-19. And the scientist in France said, "Right underneath all the mentioning of the nicotine binding to these receptors, this is very interesting."

Dr. Daniel Nuzum

We have toxic proteins in these vaccines. There are toxic chemicals. Multiple researchers have come out and have claimed that these are some of the dirtiest vaccines that have ever hit the market. Even finding minute shards of metal in the vaccines, microscopic shards of metal in these things. Just really bizarre things. All kinds of reports on how dirty these vaccines are.

Well, if there are those types of toxins or contaminants in a vaccine, that's inevitably going to trigger an inflammatory response. That's like injecting somebody with splinters into their cells. You get a splinter in your cell, or in your hand, your body has an inflammatory response to that. Well, if you're injecting something toxic into the body, it's going to have that same type of response. There's 2 things, in my opinion, that are really being triggered as far as why people are having these inflammatory responses.

One is the contaminants, just flat out the contaminants in these vaccines. The other is they're having the reactions to the proteins that are in these vaccines.

Let's just talk about proteins and how there are such things as toxic proteins. If you research what viruses are, viruses in a very most basic, simplest way to look at it, viruses are toxic proteins that replicate themselves. So you take- This toxic protein gets into the cell. It starts using the cellular matrix, all the components inside the cell, to make copies of itself. Eventually it parasitizes the cell to death. The cell can't exist. It can't keep going. That cell dies.

Then all those replicated new virus, the replicated virus components... Let me say that better here. Eventually after the cell dies, all those replicated virus leave the cell, and they go infect more cells. That's the process.

Now when your immune system catches it is when you start to have symptoms. It's when your immune system detects that there's something replicating and destroying your cells, it's replicating in the cells and then destroying them and so on and so forth, and is spreading. So the body has an inflammatory response. The immune system has an inflammatory response against those toxic proteins.

You take people with chronic sinusitis, chronic swelling in the sinuses, chronically inflamed sinuses. If you were to examine them, you'd have a real hard time telling whether or not they have an infection, an active infection, or they're having an allergic response. There's some ways to tell, but for most people, including most doctors, when they take a look up in the sinuses and they look at everything, it's really hard to tell whether the person's having an allergic response or if they're dealing with an infection. You have to culture what's in the sinuses, so that you can determine whether or not they have an infection. It's pretty crazy.

So when we're talking about viruses, we got to describe them as toxic proteins. Now, when we look at them as toxic proteins, that opens up a massive amount of different remedies that can be used against them.

Now, what is unfortunate in this new vaccine technology is when they inject this mRNA and get that to move past all of the different defenses in the body, which we'll talk about in a little bit, so that it can deliver its message, because that's what messenger RNA is. It's a message that's being delivered to the cell, telling the cell to do something different. It's a new program we're putting into the computer system. That being the case, when that goes into the system, that becomes a new running program. And if that is left to itself, that running program can then infect all the cells in the body.

Well, what this technology is doing is it's programming the cells to produce toxic proteins. They're called spike proteins, human cells don't produce spike proteins. That's not something that we're supposed to be producing. Only infected cells do that. When these spike proteins from the coronaviruses are in our system and get thrown off by those cells that are infected by the coronavirus, that activates or it irritates our immune system and our immune system attacks those proteins and starts to destroy them.

Well, are you seeing a pattern here? Are you seeing where this could possibly go wrong? Either somebody designed this or somebody wasn't thinking, 1 of the 2. Making the body produce a toxic protein on a cellular level is a ticking time bomb. Those cells are producing a toxic protein that's going to trigger the immune system to attack it at some point.

So autoimmune disease is, in my opinion, an unavoidable outcome for those that have had these vaccines. Again, either somebody designed this that way or they weren't thinking, 1 of the 2. So remember that viruses are toxic proteins, and toxic proteins trigger an inflammatory response from your immune system.

Expert Protocols to Reverse Vaccine-Related Injuries

Dr. Daniel Nuzum

That's what pollen does. Pollen is a protein. People that have problems with gluten, gluten's a protein. All of these... Casein in milk is a protein, all right, guys? Dander from animals. Again, these are proteins. These are proteins. When they trigger an inflammatory response, we have these allergic inflammatory responses.

Well, what's interesting is that brings us to the remedies for these types of things. What we need is something that dissolves protein, something that neutralizes proteins, these toxic proteins. Those are enzymes, simple, simple, simple digestive enzymes, particularly your proteolytic enzymes. Those would be the things, it'd be my first thing to grab.

I've been using proteolytic enzymes for cold and flu remedies because colds and flus are viruses that are toxic proteins. I've been very successfully using digestive enzymes as a cold and flu remedy in my practice for pushing 30 years. It works. It just works. It has almost no side effects. You take enough digestive enzymes, and you're going to move. It could be a moving experience.

But outside of that, which that in of itself is a detox response. There's virtually no side effects to taking large amounts of digestive enzymes.

There's lots of different proteolytic enzymes. There's serrapeptase. There's protease. Anything that's a protease is a type of proteolytic enzyme. A protease is the enzyme that triggers the breakdown of protein. There are plant-based proteolytic enzymes like bromelain and papain from pineapple. Those are plant-based proteolytic enzymes even. There's quite a few around.

And those would be the remedies I would reach for if I was dealing with a viral infection or dealing with potential of a protein, a toxic protein. Again, these are things that I have used clinically for years to help those that have allergies even. Because their problem is they're not able to deal with those toxic proteins, or their body is recognizing non-toxic proteins as toxic proteins.

And so if your body's having a problem with dealing with proteins, you need more proteolytic enzymes.

So we have things like iodine, selenium, manganese, zinc, copper, your sulfur containing amino acids, like methionine, cysteine, N-acetyl L-cysteine is a very good source. Even things like MSM or sulfur compounds from cruciferous vegetables like DIM or IC3, those types of things are very, very helpful.

All of those nutrients, particularly those minerals form- It's like you have zinc-based enzymes. You have manganese-based enzymes. You have sulfur-based enzymes. All of those things deal with other proteins in the body. They deal with breaking down proteins or repairing proteins or reconstructing proteins. And all of those things are necessary for your body's own enzymatic matrix to be functioning. So for instance, let's talk about zinc real quick. Zinc's been in the news. For 2 years, all we've heard about is zinc, zinc, zinc, zinc, zinc, zinc. Well, zinc's function in the body isn't to kill off this or kill off that. When the zinc gets metabolized into the body, it becomes a component of zinc-based enzymes.

And what zinc-based enzymes do is they repair protein. That's everything from the protein that makes up your hair, to the protein that makes up your skin, to the protein that makes up your muscles or even the protein that makes up your DNA. All of those types of proteins are repaired by zinc-based enzymes.

If you don't have enough zinc, you can't make enough of those enzymes and the proteins in your body will deteriorate. Now, we got sulfur-based enzymes, especially in

our liver that we need those sulfur compounds, so that our liver can detoxify, not only detoxify itself, but detoxify our blood.

Your liver cleans your blood, every drop of blood in your body, every 3 minutes, and it needs sulfur. It doesn't need a lot of it at once, but it needs it consistently, and it needs it on a daily basis. And if it doesn't have that, it can't make the sulfur-based enzymes that detoxify the liver and detoxify your blood when it's in your liver. We have nutrients that are crazy important for our body in small amounts. All of those minerals are trace minerals, those amino acids like methionine and lysine and you know the cysteine and the N-acetyl cysteine, those all are necessary. The body needs these things in order to make the other side of those enzymes. An enzyme is typically a mineral with a protein complex on it. And the protein complex is specific for a certain chemical reaction. The mineral acts as a catalyst in that reaction. If you don't have the mineral, it doesn't matter how much of the protein you have, you can't make the enzyme. So there's things like this.

Basic nutrition is extremely important. If we don't have those vitamins and minerals in our system, our body can't make them. Our body can make some vitamins, not all vitamins. It can't make any minerals. Minerals are elements. And one of the laws of chemistry is elements are things that are present or not. They can't be created, and they can't be destroyed. They're there or they aren't. Therefore, minerals are something that you have to provide yourself. You have to get minerals into your system.

And things like heavy metals will... Your body will become a heavy metal sponge if you are mineral deficient because those minerals are so extremely important that the body will soak up anything that looks like them even. So for instance, selenium and zinc, essential. Your selenium is needed by your liver in order for your liver to detox itself. If it doesn't have enough selenium, it doesn't clean itself out, and the filter becomes a garbage can. And you end up with what's called fatty liver disease. Because there wasn't enough selenium in the liver for the liver to clean itself out, therefore, it would clean your blood, but store those toxins in its own cells. And those cells would then get infiltrated by fat and voila, you have a fatty liver. See how important one particular nutrient can be?

And we need about 70 of these, folks. There's about 70, depending on who you talk to, between 70 and 73 of these minerals that you need on a daily basis. And I'm sorry to tell you, but your soil doesn't have them. Therefore, the food can't have them. Remember what I just said earlier, minerals are elements, and elements are either present or they're not. If they're not in the soil, they won't be in the food. And then, they won't be in the animals that eat the food. So it doesn't go up the food chain if it's not there in the

beginning. Therefore, we have to supplement these things. It's incredibly important. If you don't supplement them, you're not going to get them elsewhere.

Dr. Bryan Ardis

Jonathan Otto:

So, the peptides we talked about, these are great subject areas and you can also tell me what you think are missing or what's new and breaking but this mechanism to me is fascinating, I think it's so important. I think about how the injured from the COVID vaccine but even people that have long COVID like this discovery around the nicotinic acetylcholine receptors that it- and it seems like it's that at the moment specifically. It obviously makes me also curious as to whether it's affecting basically all neurotransmitter function or other specific neurotransmitters because... and how do we help the body?

Because there's this approach where you would naturally think if you've got a poison in, you seek to break that down and that's why we're seeing the fasting protocols work where your body will break down proteins when it's fasting, enzymes will help to break down protein. So, I do believe in going directly after it like that and I'm also believing on going after helping the neurotransmitters by using nicotine and other methods. Dr. Tau Braun is talking about Bioperine using that because it works as nicotine does. I don't know enough about how that works but there must be other things that work and that basically allow the brain to do what it needs to do, to send the right signals and basically just turn the switch the other way.

Dr. Bryan Ardis:

Yeah.

Jonathan Otto:

What are you finding?

Dr. Bryan Ardis:

Yeah, so nicotine is one and then so is CDP-choline. You can use choline too but CDP-choline has already proven in research studies to bind very tightly to nicotinic acetylcholine receptors and we have seen even medical professionals post COVID having long haulers brain fog that when they started taking CDP-choline as an alternative to nicotine, within 24 to 48 hours all their brain fog disappear and that's miraculous.

Jonathan Otto:

That's a supplement?

Dr. Bryan Ardis:
Mm-hmm

Jonathan Otto:
CDP-choline.

Dr. Bryan Ardis:
CDP-choline. Yep, it's a specific form of choline.

Jonathan Otto:
And it's obviously right up the same alley as nicotine because that's the nicotinic-

Dr. Bryan Ardis:
Obviously, very biochemical. Synergistically or very similarly structured as nicotine.

Jonathan Otto:
What else?

Dr. Bryan Ardis:
And I learned that from Dr. Deb Viglione, she was phenomenal. Oh, so I'll just give you this. So, CDP-choline - So nicotine, CDP-choline, Vitamin E actually and then all Omega-3 fatty acids, for the brain.

Jonathan Otto:
Vitamin E, why?

Dr. Bryan Ardis:
Vitamin E supplementation because the brain requires fats. And to repair neurons, you primarily need fat. I mean our brains are 60 to 70% in all nerves structured from fat components. So oils and fats are very necessary, Vitamin E, extremely miraculous at helping to heal any kind of epidermal tissue, skin tissue, nerve tissue.

Jonathan Otto:
People use it for scars.

Dr. Bryan Ardis:
Oh, all the time. Yeah, so we've got a list. It's nicotine, CDP-choline, Vitamin E and then Omega-3 fatty acids are what we recommend.

Jonathan Otto:

And from fish oil or from plant-based, either one?

Dr. Bryan Ardis:

It can be fish oil, it can be cod liver oil, it can be- Yeah.

Jonathan Otto:

Because you can get plant-based Omega-3?

Dr. Bryan Ardis: ([25:01](#))

Absolutely, yeah. I do want to touch on this one with the shots. So, my worrying concern about the shots are this in case the audience doesn't know.

Jonathan Otto: ([25:09](#))

Sure.

Dr. Bryan Ardis: ([25:11](#))

Charles Hoffe, outside of even nicotinic acetylcholine receptor issues and neurological issues, Dr. Charles Hoffe out of Canada, British Columbia, said that when he tested his Moderna vaccinated population of his clinic, 60% of all of them had elevated D-dimers. Which is a test he ran, which identifies blood clotting going on throughout the body and he said 60% of all of his mRNA vaccinated patients had it at elevated doses which means they're having massive issues with clotting everywhere. I looked up to see, how do we interpret elevated D-dimers? And there's an article written in 2019 on medscape.com. It's titled *How to Interpret Elevated D-dimer Levels*, it has five bullet points. The first four describe different kinds of blood clots in the body, in different parts of the body, how big, small. Then the fifth bullet point is the only thing of the bullet points that gives you a cause for blood clots that would lead to elevated D-dimers and it's snake venom poisoning. So, we have a medical doctor reporting that his vaccinated patients have elevated D-dimers that now Medscape confirms is a result also and can be interpreted as snake venom poisoning.

Dr. Bryan Ardis: ([26:23](#))

So, I went online to learn who created the mRNA or who was credited with creating the mRNA vaccines for COVID-19 and it's two scientists at the University of Pennsylvania.

Jonathan Otto: ([26:34](#))

Drew Weissman.

Dr. Bryan Ardis: ([26:35](#))

Drew Weissman and Katalin Kariko and all I did was this, very simple you guys can do it too at home. Drew Weissman and Katalin Kariko was the search online and snake venom research. First thing that comes up is a study from 2009 that's still online. They actually disclose in the research study that they are doing mRNA gene editing therapy being funded by Anthony Fauci's department at the NIH. To do the mRNA gene editing therapy, they use a component of snake venom called snake venom phosphodiesterase to cleave RNA and DNA. That's confirmed in that study in 2009, 2011 another study, 2012, 2015. By the time we get to 2015, they're also doing research on mRNA of snake venom wrapped in nanoparticle hydrogel with what are called Dynabeads, these superparamagnets made by a company called Thermo Fisher Scientific. These are all the things that explain the horrible side effects of these mRNA vaccines.

Jonathan Otto: ([27:34](#))

Yeah, and the magnetization.

Dr. Bryan Ardis: ([27:36](#))

And the magnetization. The snake venom phosphodiesterase component, the substance they're using from snake venom to cleave RNA and DNA to insert mRNA in their research, which are the same two people who created these shots for COVID-19. They disclose on the manufacturer's website of snake venom phosphodiesterase, they package it, sell it. They state on their website, "You cannot make snake venom phosphodiesterase in a lab, in the body with glutathione, Vitamin C, N-Acetyl cysteine or EDTA." They flat out say those will completely denature and destroy the mechanism of action and injury of snake venom phosphodiesterase.

Jonathan Otto: ([28:19](#))

Yeah.

Dr. Bryan Ardis: ([28:20](#))

So those with these injuries, what should they be saturating their body with? As much NAC, as much Vitamin C based on the manufacturer's suggestion of what to avoid, right? And that would actually focus on those things for sure. If you've had injury, there's a couple things I would suggest. Wouldn't it be miraculous if in the shots there's actually snake venom peptides causing damage to neural connections in the brain, nicotinic acetylcholine receptors included? What if you could do a spinal tap of some of them and then send it off to a Mass Spec Lab and actually look for snake venom peptides? And then, you could prove it's actually in their cerebral spinal fluid, it's crossed the blood-brain barrier, or what if you could do blood analysis. Take blood tissue samples, send it off for mass spec. The Italy study, they already did it and they actually tell you how they take the blood tissue of human beings with blood urine and feces, what

solvents they used to break down those tissues, put through a mass spectrometry lab and identified those 36 venoms that way and we can do the same thing now.

Dr. Christopher Shade

You see COVID and the shot, there's a big blocking to this trigger, inner antioxidant trigger, that when you're under some oxidative stress, you make your antioxidant, you make more glutathione, superoxide dismutase, anti-inflammatory compounds to control the inflammation. Those inner controls are all broken for a while after COVID or after the vaccines. And so, you need a lot of antioxidant support after that. Vitamin C is great, because you're not making the water-soluble antioxidants, but it's a couple of times a day. Glutathione, but a couple of times a day.

CBD is great for holding down this long burn inflammation as Dietrich and I were saying this. This can go on for months, just this low burn. You're like at 20% of what you were at the peak of the disease, but it's just not dropping off. So, you really need to nurture the system through that. We've seen a lot of nurturing of the adrenals with cortisol, Vitamin B-5, things that build NAD like nicotinamide riboside, nicotinamide mononucleotide. Building that strength in the system so that it can start resetting itself. And as we go on, we'll find more pith, like right down to the core solutions.

Jonathan Otto:

Have you heard of people chewing nicotine gum?

Dr. Christopher Shade:

For post-COVID?

Jonathan Otto:

And COVID vaccine injury? That's referencing the Italy study that showed that the people with COVID all had toxin like peptides, almost identical to venoms of animals. And it was 36 different types of venoms from animals that were showing up in their body. But they were almost identical - Malayan krait, Eastern brown snake, all different types of species, 15 different cone snails. And they just said, wherever SARS-CoV-2 is present, these toxin-like peptides are present also. Because of this, these venoms target the nicotinic acetylcholine receptors of the brain. Therefore, nicotine should be looked at as a treatment and they confirm this.

Dr. Christopher Shade:

To compete with them so that they don't get into the receptors.

Jonathan Otto: ([37:39](#))

Exactly.

The COVID Vaccine and Shedding of the Spike Protein

Del Bigtree

We're not injecting the virus or the bacteria in your arm. We're injecting an mRNA message. An mRNA message is essentially a message that's usually sent by your DNA. Your DNA realizes that you're not feeling good. You're not having a, there's an invader perhaps in your body. So it sends a message to yourselves and tells yourselves, if you make this protein, it will attack that bacteria or that virus or whatever it is. It'll sort of send a message on how to govern the body and regulate it to handle the invader. Well, in this case, we've made a fake mRNA message that is being sent to our cells and what it is, is recipe for our cells to start manufacturing the virus. So we turn ourselves into a virus manufacturing plant. We've never attempted this before, we didn't even attempt it in animals. And let me be clear, maybe this is the future of science, as we know it.

Somehow turning ourselves into a virus manufacturing plant, ends up being a great idea. But I'd like to see some time put in that, right? I'd like to see some animal trials for like 5 or 10 years. I would like to see a small group of people followed, not just for 5 or 10 years in this case, since you're messing with our immune system and our cellular structure. And in many ways it's a gene therapy, you're messing with our genes, our DNA could be involved. These are things that we should have studied this process for 2 generations. There may be things we don't see in the generation receiving this that will appear in offspring. We have given drugs, for instance to mothers for morning sickness that ended up, you know, they were fine, but then their daughters couldn't give birth that it had affected them the next generation.

What if we make a catastrophic error like that with a vaccine like this, that makes everyone sterile, not this generation, but the next generation trying to have babies. That's the end of your species. That's why you do long-term safety trials, especially with something that is this brand new. And so, all of the evidence we're looking at is all the ways this spike protein, and so to be very specific, our cells, aren't making, you know, aren't manufacturing the whole virus they're just manufacturing the spike protein, which if you look at the Wuhan labs and you look at the work done in North Carolina and Peter Dazsak, and you know, gain of function research. It's the spike protein that they were really messing with, so that is the bioweapon. The virus really is relatively benign, except for this very dangerous spike protein.

And so that is what they're put in that making the vaccine. So now imagine you're not taking on maybe 10,000 tops, a million particles that you might get and breathing in this virus. When you're injected, they're bragging that you could have somewhere between 4 billion and 4 trillion of these spike proteins produced by your own cells. Like as though that's somehow an advantage. I want as little of this bioweapon in my body as possible, and the vaccines bragging that it's giving me a thousand times as much as a natural infection would, this is just the beginning of the issues. And so, when we start seeing blood clots, thrombocytopenia, let's look at that for a second. This is what we first saw in AstraZeneca. We saw it with the Johnson & Johnson, which are a viral vector vaccine, a little bit different than mRNA, but similar to DNA vaccine using your cells in a similar way.

But we saw that we were having these issues of, you know, people like getting really sick and some of them dying from, you know, this heart issue along with thrombocytopenia. So, you have a platelet issue where, you know, thrombocytopenia, where your platelets are disappearing, but you also have a blood clotting issue. So, this was an anomaly. This is why we know it was the vaccine, almost nowhere in history do we have a human body where you have a, you know, blocking of arteries due to collection of platelets, but also a problem where your platelets are disappearing. So how do we discover this? They would give heparin, usually when you go into a blood clots, a doctor gives you heparin, which sort of breaks the blood clots and reduces your platelet counts so that you can sort of stop the issue.

Well, they were giving heparin and now all of a sudden the people didn't, we recognize wait, they don't have enough platelets, and now we're giving them less platelets and they're going to bleed out. How are these two things happening at the same time? So that was something that we've really, I mean, very rarely, but almost never have we seen that, until the vaccine where I'm clotting and I have no platelets. That makes no sense. And so, they had to put out a dictate. They had to admit it because if the normal treatment for blood clots was used on these people, they're gonna die. We have to figure out a different way around this. We got myocarditis and pericarditis in our children, which is swelling of the heart being caused by this spike protein that's being injected in the vaccine. And the numbers that we're seeing out of Israel, you're 3 times to 6 times more likely as a boy being injected with this vaccine to develop myocarditis, a swelling of your heart, that will be a permanent, lifelong disability in your heart.

Detoxing Your Body from the Spike Protein and Vaxx Shedding

Dr. Rashid Buttar

Dr. Rashid Buttar: ([41:42](#))

When you ask me about what Dr. Ardis has put out, I looked the stuff up. It was exactly as he said. Does it make sense? I mean, now you look at all the historical aspects. Look at... I don't wanna start talking theology here, but you start looking at what has the snake represented? The snake does not excrete urine. The snake is in the medical symbol and has been used in the medical caduceus, the double helix snake. And the snake has represented, in the monotheistic religions, the fall of man from perfection to not being perfect anymore. So I mean, it's very interesting. And the venom of the snake is - And it's not just snakes, urchin, sea urchins and many of these things, bee stings. If you can -

Dr. Rashid Buttar: ([42:40](#))

I have actually heard that about, if you step on a sea urchin or you get stung by jellyfish, you urinate on that injury. And I have stepped a sea urchin and it was extremely painful. And I was very remote. I was two hours away from the closest evac site. Or, I mean, two hours away from a hospital, and that was if I had been evacuated. It was extremely painful. And I remembered that in one of my wilderness medicine courses. And I did it. And guess what? 20 seconds maybe, the pain dissipated within a minute.

Jonathan Otto: ([43:15](#))

Just surface, you urinated on it?

Dr. Rashid Buttar: ([43:18](#))

Just surface.

Jonathan Otto: ([43:18](#))

Or drank - You didn't drink urine.

Dr. Rashid Buttar: ([43:18](#))

No, no, just surface. I just urinated. And within a minute, I'd say 80% of the pain was gone.

Jonathan Otto: ([43:24](#))

Amazing.

Dr. Rashid Buttar: ([43:25](#))

So, and I've seen articles that say, that's a myth.

Jonathan Otto: ([43:29](#))

I know. It's like they don't want us to believe it.

Dr. Rashid Buttar: [\(43:30\)](#)
Exactly. Exactly.

Jonathan Otto: [\(43:32\)](#)
Even though -

Dr. Rashid Buttar: [\(43:34\)](#)
In fact, in my lectures Advance Medicine Conference, I showed some of those articles where they said that doesn't work. And it's a old wives tale. It's not. I've tried it, I've done it.

Jonathan Otto: [\(43:42\)](#)
Yeah. And then some people as well, like if they have acute envenomation, they'll actually drink it when they've been envenomated.

Dr. Rashid Buttar: [\(43:49\)](#)
Yep. I've heard about that too, yep.

Jonathan Otto: [\(43:50\)](#)
And they recover. Or they don't act- that's the -

Dr. Rashid Buttar: [\(43:53\)](#)
Within 15 to 20 seconds the body's making the antidote.

Jonathan Otto: [\(43:57\)](#)
Because how is antivenom actually created? Do you - I don't know if you're familiar. Don't horses get injected with a venom and then they extract the blood and spin it and then inject that blood. And that's the anti-venom. It's the reaction within the body of the, in this case, the horse. And it's coming out of the blood. Is that something you've researched?

Dr. Rashid Buttar: [\(44:17\)](#)
I haven't researched much of that, but I do - I have actually, I know person that makes part of her side income catching snakes. And the companies that make venom, they actually buy these snakes from her, rattlesnakes and such. And then milk the venom, harvest the venom to create anti-venom.

Jonathan Otto: [\(44:36\)](#)
And there's a process because they can't just take the venom and then just go and inject the ve- because that's not anti-venom.

Dr. Rashid Buttar: [\(44:44\)](#)

Right.

Jonathan Otto: [\(44:44\)](#)

It's the body's reaction. So, it does make sense to me because, even you look at the study that Bryan was really bringing to the fore, the Italy study, which was showing that the toxin-like peptides almost identical to animal venoms, meaning that there were a synthesis, a lab made version, were showing up in the blood urine and feces. So, when something's in the blood, it shows up in the urine. And so, you're getting that, what you're talking about, a signature, information. And the body is actually giving you the information of, here's a solution. And so, that's why ingesting-

Dr. Rashid Buttar: [\(45:17\)](#)

That's the first step that the body's giving you the information. Now you have to take that information and you have to allow your immune system to recognize it. Because the immune system's not recognizing it. Okay, the immune system is designed to look for anything foreign in the body. So that first step, the kidneys are producing it. Now, you're reintroducing it to the body so that now you're reintroducing the signature into the body. And the body says, I have now the information I need to process the antibody. And it creates it.

Jonathan Otto: [\(45:44\)](#)

Wow. And if this is true, then it would mean that, if COVID is envenomation and they're actually blanketing populations with aerosolized or water- toxin-like peptides, venoms that are a synthesis, put into supplies, we're getting envenomated. And there are a lot of people that cannot access Ivermectin, Hydroxychloroquine. It's very common that people - Even quercetin is now recommended.

Dr. Rashid Buttar: [\(46:26\)](#)

Oh yeah. I'm sure it is. Like Ivermectin, Hydroxychloroquine, that's for the pathogen if that is actually even a pathogen. But that's where those things would work. Once a person's gotten it.

Jonathan Otto: [\(46:54\)](#)

Exactly.

Dr. Rashid Buttar: [\(46:54\)](#)

That's where the issue is and that's where the people are gonna be dying in the hundreds of millions if they don't have a solution. That's why I've been trying to figure out how can we help those people.

Jonathan Otto: ([47:04](#))

Yeah.

Dr. Rashid Buttar: ([47:04](#))

And it's that group of people, that hundreds of millions of people, where this is the only thing that's going to work for them. They have to understand how it works and then they start following the protocol. And then, other part is there's also a group that has been susceptible to the shedding, right? They haven't taken the vaccine, but they've gotten sick because of being in close proximity. Well guess what? This therapy that I called ARS3 - the Autogenous Receptor Specific Cell Signaling - is actually going to work even in people that are getting the exposure to the shedding that have never taken the vaccine, but it'll still work. It's the same concept, same process. If their bodies are that sensitive, they're picking up the sensitivity and it's causing that issue, it'll still create the antibody antigen reaction and it'll solve it.

Jonathan Otto: ([47:50](#))

The urine will go through that process and then get it injected.

Dr. Rashid Buttar: ([47:53](#))

Well, we go through the ARS3 component. You don't have to go through the injection aspect, but we explain all that.

Jonathan Otto: ([47:59](#))

Oh, got it. So it goes through that process and they ingest it, drink it.

Dr. Rashid Buttar: ([48:03](#))

Once they go through the process, yeah.

Dr. Rashid Buttar: ([49:08](#))

I want people to get invested with it, and it's only way they're gonna do it. Because it's good, I'm a perfect example. I knew this information, I've known it for years. I've never done it. And I didn't take in a vaccine, but I got invested in it when I realized- Because I've been actively asking, how can I get- What can we do to try to help these people? I'm asked every day a dozen times, "What can we do? I've already had the vaccine." That's why I came up with this.

Jonathan Otto: ([49:29](#))

And look, if this is within it. So people that are injured, they could take it? They -

Dr. Rashid Buttar: [\(49:36\)](#)

That's the whole purpose behind this, yeah?

Jonathan Otto: [\(49:38\)](#)

Yeah.

Dr. Rashid Buttar: [\(49:39\)](#)

That's the reason. That's why they need it.

Conclusion

The global government and Big Pharma used disinformation and manipulation to get the population to accept their dangerous COVID vaccines. No one gave informed consent because they were lied to about the real risks associated with the jab. And we now know there have been millions of adverse reactions post-vaccine.

So many people are experiencing debilitating symptoms, but as you learned from this eBook, there are solutions that are successfully helping people to overcome their injuries and restore their health. It is also worth noting that in naturopathic medicine, there is no one-size-fits-all approach. This means that there are many different naturopathic solutions to heal vaccine injuries.

And because of how complex the technology used for the jav is, reversing vaccine injuries is not an easy thing to do, but it is 100% possible. Our experts have proven again and again that their methods are helping people to completely recover after being vaxxed.