

labour and beyond.

Placenta Encapsulation and Doula

Qualified and certified with the APPA (Association of Placenta Preparation Arts) in - Bloodborne Pathogens Training 2021

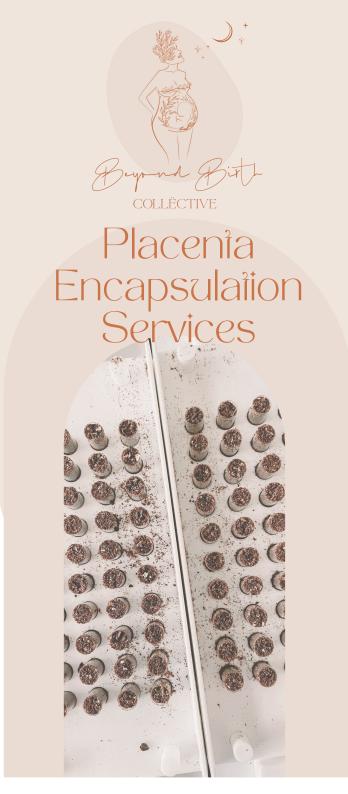
> Certified and qualified - Food Safety Training 2021

# Lei's Chai!

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"It makes sense that the placenta almost looks like a tree with many branches - a tree of life." - Ricki Lake





## Benefits of Placenta Encapsulation

The possible benefits of placenta encapsulation include:

- Decreased postpartum mood disorders
- Increased production of oxytocin
- A decrease in stress hormones
  - Restoration of iron levels
    - Increased milk supply



### Placenta Services

#### PLACENTA ENCAPSULATION

Placenta encapsulation is a process where a whole placenta is transformed into pills that can be taken postpartum.

#### PLACENTA TINCTURE

Great for emotional, physical and psychological instability, beneficial for treating PMS.

#### PLACENTA ESSENCE

Placenta Essence is very popular and extremely helpful at times of illness or stress from teething pain or colic.

#### PLACENTA CORD AND ART KEEPSAKE

To honour and treasure the umbilical cord I can be dehydrate it into a special shape so you and your baby can keep it for a lifetime

A placenta print is using your babys placenta to make a print on paper as a keepsake.