

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
05:30-6:30 LEVEL 1	05:30-6:30 LEVEL 1	05:30-6:30 Level 1	05:30-6:30 Level 1	05:30-6:30 Level 1		
					8:00-8:50 Level 1	
0900-0950 LEVEL 1	0900-0950 LEVEL 1	0900-0950 LEVEL 1	0900-0950 LEVEL 1	0900-0950 LEVEL 1	9:00-9:50 Level 1	
10:00-1050 Level 1	10:00-1050 Level 1	10:00-1050 Level 1	10:00-1050 Level 1	10:00-1050 Level 1	10:00-10:50 Level 1	
					11:00-11:50 Bootcamp	
12:15-12:45 Quick FLY		12:15-12:45 Quick FLY		12:15-12:45 Quick FLY		
5:30-6:20 Level 1	5:30-6:20 Level 1	5:30-6:20 Level 1	5:30-6:20 Level 1	5:30-6:20 Level 1		
6:30-7:20 Level 1	6:30-7:20 Level 1	6:30-7:20 Level 1	6:30-7:20 Level 1	6:30-7:20 Level 1		
	7:30-8:30 Level 1		7:30-8:30 Level 1			

