

Mountain Club LTD Meetings

| Alcoholics Anonymous Meetings | | | | | |
|-------------------------------|----------|---------------------------|---|-----------------|-------------------|
| Day | Time | Name of Meeting | Type of Meeting | Meeting @ Club? | Available Online? |
| Sunday | 11:00 AM | Three for All | Open Discussion | YES | NO |
| Sunday | 7:00 PM | Sunday Table | Open Discussion | YES | NO |
| Monday | Noon | Mountain Nooners | Beginners Open Discussion | YES | NO |
| Monday | 6:30 PM | Three for All | Open Discussion | YES | NO |
| Tuesday | Noon | Mountain Nooners | Open Discussion | YES | NO |
| Tuesday | 6:00 PM | Tuesday Nite Beginners | Beginners Open Discussion | YES | NO |
| Wednesday | 6:30 PM | Three for All | Open Discussion | YES | NO |
| Thursday | Noon | Mountain Nooners | Open Discussion | YES | NO |
| Thursday | 5:00 PM | Men's Reprieve | Men's Open Discussion | YES | NO |
| Thursday | 6:30 PM | Sisters in Sobriety | Women's Open Discussion | YES | NO |
| Friday | 7:00 PM | Limitless Expansion | Open Discussion, Beginners, Speaker | YES | Coming Soon |
| Saturday | 6:30 AM | Three for All | Open Discussion | YES | NO |
| Saturday | 11:00 AM | Common Ground | Secular Open Discussion | YES | NO |
| Saturday | 6:30 PM | Clean & Serene | Open Discussion | YES | NO |

| Al Anon Meetings | | | | | |
|------------------|-------------|--------------------------------|-----------------|-----------------|-----------------|
| Day | Time | Name of Meeting | Type of Meeting | Meeting @ Club? | Online Meeting? |
| Sunday | 9:00 AM MST | Rocky Mtn Al Anon Family Group | Open Discussion | YES | NO |

| Adult Children of Alcoholics Meetings | | | | | |
|---------------------------------------|---------|------------------|-----------------|----------------|---------------------------------------|
| Day | Time | Name of Meeting | Type of Meeting | Meeting @ Club | PHONE MEETING |
| Saturday | 9:30 AM | Mtn Wake Up Call | Open Discussion | YES | YES Contact Cilla@ 303-838-9808 |

Links for other meetings

AA: <http://aa-intergroup.org/directory>.

Evergreen www.evergreenaa.com

AI-Anon (email & chat) <https://www.ola-is.org/>

Ala-teen: <https://al-anon-co.org/>

ACA: <https://adultchildren.org/resources/find-a-meeting> NA Online: <https://virtual-na.org/meetings/>

