

# Mountain Club LTD Meetings

Alcoholics Anonymous Meetings					
Day	Time	Name of Meeting	Type of Meeting	Meeting @ Club?	Available Online?
Sunday	11:00 AM	Three for All	Open Discussion	YES	NO
Sunday	7:00 PM	Sunday Table	Open Discussion	YES	NO
Monday	Noon	Mountain Nooners	Beginners Open Discussion	YES	NO
Monday	6:30 PM	Three for All	Open Discussion	YES	NO
Tuesday	Noon	Mountain Nooners	Open Discussion	YES	NO
Tuesday	6:00 PM	Tuesday Nite Beginners	Beginners Open Discussion	YES	NO
Wednesday	6:30 PM	Three for All	Open Discussion	YES	NO
Thursday	Noon	Mountain Nooners	Open Discussion	YES	NO
Thursday	5:00 PM	Men's Reprieve	Men's Open Discussion	YES	NO
Thursday	6:30 PM	Sisters in Sobriety	Women's Open Discussion	YES	NO
Friday	7:00 PM	Limitless Expansion	Open Discussion, Beginners, Speaker	YES	Coming Soon
Saturday	6:30 AM	Three for All	Open Discussion	YES	NO
Saturday	11:00 AM	Common Ground	Secular Open Discussion	YES	NO
Saturday	6:30 PM	Clean & Serene	Open Discussion	YES	NO

Al Anon Meetings					
Day	Time	Name of Meeting	Type of Meeting	Meeting @ Club?	Online Meeting?
Sunday	9:00 AM MST	Rocky Mtn Al Anon Family Group	Open Discussion	YES	NO

Adult Children of Alcoholics Meetings					
Day	Time	Name of Meeting	Type of Meeting	Meeting @ Club	PHONE MEETING
Saturday	9:30 AM	Mtn Wake Up Call	Open Discussion	YES	YES Contact Cilla@ 303-838-9808

## Links for other meetings

AA: <http://aa-intergroup.org/directory>.

Evergreen [www.evergreenaa.com](http://www.evergreenaa.com)

Al-Anon (email & chat) <https://www.ola-is.org/>

Ala-teen: <https://al-anon-co.org/>

ACA: <https://adultchildren.org/resources/find-a-meeting> NA Online: <https://virtual-na.org/meetings/>

