

Class Descriptions

SEASON FIVE

Age 2

Tiny Twos

The very first step on the dance journey.

Tiny Twos introduces young dancers to the joy of movement through developmentally designed pretend play and creative exploration. Students will learn their first dance steps while building confidence, coordination, classroom etiquette, basic dance terminology, and body awareness in a fun and supportive environment.

Age 3

Tiny Dancers

Growing confidence, one step at a time.

Tiny Dancers builds upon the foundations introduced in Tiny Twos through creative exploration, imaginative play, and age-appropriate dance technique. Students will develop coordination, musicality, body awareness, classroom confidence, and basic ballet and jazz concepts while continuing to discover the joy of movement in a fun and supportive environment.

Age 4–5

FUNdamentals

Building strong dancers through joyful beginnings.

This class introduces young dancers to the foundations of dance through ballet, jazz, and acro. Students will develop proper alignment, coordination, strength, flexibility, and body awareness while building the muscle memory needed for future technique. Through fun and engaging movement, dancers will gain confidence and the tools needed to continue growing safely as artists.

Age 6+

Ballet

The strongest dancers never outgrow the basics.

Ballet develops the technique, discipline, and body awareness that support success in every style of dance. Through barre, center, and across-the-floor exercises, dancers build strength, balance, flexibility, coordination, and proper alignment while learning classical ballet terminology and technique. Ballet provides the essential foundation for confident, beautiful movement.

Jazz

Technique meets personality.

Jazz combines ballet foundations with rhythmic movement, theatrical influences, and expressive choreography. Dancers will develop musicality, coordination, strength, flexibility, and performance quality through warm-ups, across-the-floor exercises, improvisation, and stylized combinations. Students will build confidence while exploring turns, leaps, kicks, and the individuality that makes jazz unique.