

**Age 1:**

"1+1" - Saturdays 9:00-9:30 AM

**Age 2-3:**

Tiny Dancers - Saturdays 9:30-10:00 AM (\*Currently FULL\*) OR Wednesdays from 10:00-10:30 AM (age 2) and 10:30-11:00 AM (ages 3-4)

\*email info@lomistudios to join waitlist for full classes.

**Age 4-5:**

Dance FUNdamentals - Wednesdays 4:15-5:00 pm (\*Currently FULL\*) and Saturdays 10:00-10:45 AM (\*Currently FULL\*)

\*email info@lomistudios to join waitlist for full classes.

**Age 6-9:**

Ballet - Tuesdays 4:45-5:30 or Mondays from 6:00-6:45

Jazz - Tuesdays 5:30-6:15 or Mondays 5:15-6:00

Acro/Tumbling - Tuesdays 6:15-7:00

Tap - Tuesdays 7:00-7:30

Hip Hop - Wednesdays 5:45-6:30 (ages 6-10)

**Age 9-12: Junior**

Junior Level 1 Contemporary/Jazz - Mondays 6:00-6:45

Junior Level 1 Ballet - Mondays 6:45-7:30

Hip Hop - Wednesdays 5:45-6:30 (ages 6-10) or 5:00-5:45 (ages 11+)

Junior/Teen Acro/Tumbling - Mondays 6:45-7:30

\*Junior Level 2 Ballet - Mondays 5:00-6:00

\*Junior Level 3 Ballet - Wednesdays 4:30-6:00 and Thursdays 6:45-8:15

\*Pre-Pointe/ Pointe - Wednesdays 6:00-6:45

\*Junior Level 2/3 Contemporary/Jazz - Wednesdays 6:45-7:30

\*By staff discretion only. Please contact before registering.

**Age 13+: Teen**

Acro/Tumbling- Mondays 6:45-7:30

Teen Level 1 Ballet - Mondays 7:30-8:30

Teen Level 1 Contemporary/Jazz - Mondays 8:30-9:15

Hip Hop - Wednesdays 5:00-5:45

**Adults**

Adult Ballet - Thursdays 5:30-6:30 PM

Adult Dance- Rotating Styles - Tuesdays 7:30-8:15 PM

Ballroom - Wednesdays 7:30-8:30 PM

DanceFIT - Mondays 7:30-8:15 PM and Saturdays 11:15 AM-12:00 PM

### **The LoMI Advantage**

Anyone ages 6-18 enrolled in two or more classes at LoMI Studios receives a **complementary Leaps, Jumps, and Turns class** for their age group. This class focuses on building the required technical foundation to be able to execute dance skills properly and beautifully. The stronger the technique, the stronger the dancer. As an advocate for injury prevention, movement longevity, and keeping the love and appreciation of dance alive, Julia specializes in technique training and is proud to be able to provide this as an enrichment bonus to dancers training at LoMI Studios. Everyone deserves the chance to flourish, both in dance and in life.

Complementary Leaps, Jumps, and Turns Classes

Fridays: 3:45-4:30 (Ages 11+), 4:45-5:30 (Ages 6-10)

\*These classes are available to dancers taking 0-1 classes for a drop-in rate of \$15