

## Shadow Project's Mark Neff (60-64) goes 60 minutes at 60 years old to win the 2022 Cherry Blossom 10 Mile in Washington DC

Fresh off his 2022 USATF Master Indoor National Title in the 3000M, **Mark Neff** (60-64) won the Cherry Blossom 10 Mile in 1:00:23 by a 1:09 margin over his competition.



Mark Neff cruising to victory in the Cherry Blossom 10 Mile

For more information, please contact <a href="mailto:shadow.project.tc@gmail.com">shadow.project.tc@gmail.com</a> and follow us on <a href="mailto:Instagram">Instagram at Shadow Project Running</a> (@shadowprojectrunning).